

EMGP Silverstone 10k - 7 May 2014

Wheelchairs

| Pos | No. | Name | Time | Club |
|-----|-----|---------------|-------|-----------------------------|
| 1 | 239 | Mel Nicholls | 29:08 | Coventry Godiva |
| 2 | 213 | Rob Smith | 30:46 | Coventry Godiva |
| 3 | 848 | Ronnie Harris | 34:20 | Coventry Godiva |
| 4 | 358 | Chris Nash | 35:01 | Hampshire Wheelchair Racing |
| 5 | 722 | Paige Murray | 43:04 | Beaumont Running Club |
| 6 | 305 | Susan Walker | 74:44 | Mile End |

Footrace

| Pos | M/F | Cat | No. | Name | Cat | Time | Club | ChipPos | ChipTime | Split1 |
|-----|-----|-----|------|-----------------------|-----|-------|--------------------------------|---------|----------|--------|
| 1 | 1 | 1 | 383 | Ismail Ssenynage | MS | 31:53 | Skechers | 1 | 31:51 | 15:57 |
| 2 | 2 | 2 | 490 | Sullivan Smith | MS | 32:01 | Cambridge & Coleridge | 2 | 32:01 | 15:55 |
| 3 | 3 | 3 | 903 | Mathew Almond | MS | 32:50 | Wootton Road Runners | 3 | 32:50 | 16:17 |
| 4 | 4 | 4 | 756 | Richard Simkiss | MS | 32:52 | Kenilworth Runners | 4 | 32:51 | 16:19 |
| 5 | 5 | 5 | 770 | Andrew Siggers | MS | 33:02 | Kenilworth Runners | 5 | 33:02 | 16:20 |
| 6 | 6 | 6 | 1135 | Craig Palmer | MS | 33:21 | Amphill & Flitwick Flyers | 6 | 33:21 | 16:40 |
| 7 | 7 | 7 | 1043 | Chris McCarthy | MS | 33:30 | Kenilworth Runners | 7 | 33:29 | 16:33 |
| 8 | 8 | 8 | 384 | Joseph Read | MS | 33:45 | Knowle & Dorridge Running Club | 8 | 33:45 | 16:42 |
| 9 | 9 | 9 | 1198 | Hywel Davies | MS | 34:02 | Rugby & Northampton AC | 9 | 34:02 | 16:35 |
| 10 | 10 | 10 | 1012 | Harvey Speed | MS | 34:10 | Coventry Godiva | 10 | 34:10 | 16:41 |
| 11 | 11 | 1 | 66 | Ashley Miles | M40 | 34:18 | Sphinx AC | 11 | 34:17 | 16:52 |
| 12 | 12 | 11 | 1130 | Martin Lewis | MS | 34:33 | Charnwood AC | 12 | 34:32 | 16:49 |
| 13 | 13 | 12 | 1101 | Matthew Howes | MS | 34:34 | Wootton Road Runners | 13 | | |
| 14 | 14 | 1 | 348 | Oliver Paulin | M20 | 34:41 | Solihull & Smallheath | 14 | 34:39 | 16:58 |
| 15 | 15 | 2 | 837 | Oliver Poulain | M20 | 34:42 | Warwick University | 15 | 34:42 | 17:14 |
| 16 | 16 | 13 | 590 | Georges Vacharopoulos | MS | 34:51 | Warwick University | 16 | 34:51 | 17:14 |
| 17 | 17 | 1 | 1137 | David Kelly | M45 | 35:07 | Higham Harriers | 17 | 35:07 | 17:24 |
| 18 | 18 | 14 | 1228 | Matthew Clarke | MS | 35:15 | Marshall Milton Keynes AC | 18 | 35:14 | 17:40 |
| 19 | 19 | 15 | 1112 | Kyza Derby | MS | 35:16 | Kenilworth Runners | 19 | 35:16 | 17:15 |
| 20 | 20 | 16 | 36 | Jean-Pierre Mitchell | MS | 35:30 | Higham Harriers | 20 | 35:29 | 17:35 |
| 21 | 21 | 17 | 685 | Namir Batavia | MS | 35:35 | Coventry Godiva | 21 | 35:35 | 17:26 |
| 22 | 22 | 2 | 465 | Richard Merrell | M40 | 35:38 | Leamington C & AC | 22 | 35:37 | 17:42 |
| 23 | 23 | 2 | 326 | Richard Baskerville | M45 | 35:41 | Headington Road Runners | 23 | 35:39 | 17:40 |
| 24 | 24 | 18 | 950 | Jason Moore | MS | 35:41 | Amphill & Flitwick Flyers | 25 | 35:41 | 17:23 |
| 25 | 25 | 19 | 1044 | Sam Mason | MS | 35:42 | Warwick University | 24 | 35:41 | 17:43 |
| 26 | 26 | 20 | 741 | Andrew Meads | MS | 35:44 | Harborough AC | 26 | 35:44 | 17:45 |
| 27 | 27 | 3 | 1167 | Jack Villette | M20 | 35:44 | Coventry Godiva | 27 | 35:44 | 17:25 |
| 28 | 28 | 1 | 608 | Lazloe Boden | M50 | 35:58 | Wootton Road Runners | 28 | 35:58 | 17:44 |
| 29 | 29 | 21 | 1123 | Victor Garanto | MS | 35:59 | Spa Striders | 29 | 35:58 | 17:44 |
| 30 | 30 | 4 | 1166 | Daniel Villette | M20 | 36:06 | Coventry Godiva | 30 | 36:06 | 17:45 |
| 31 | 31 | 22 | 767 | Mark Palsler | MS | 36:14 | Marshall Milton Keynes AC | 31 | 36:13 | 17:43 |
| 32 | 32 | 23 | 614 | Ian Hammett | MS | 36:16 | Bedford Harriers | 32 | 36:15 | 18:09 |
| 33 | 33 | 2 | 373 | Kevin Willett | M50 | 36:19 | Bedford Harriers | 33 | 36:18 | 17:59 |
| 34 | 34 | 3 | 680 | Phil West | M40 | 36:23 | Kettering Town Harriers | 35 | 36:22 | 18:05 |
| 35 | 35 | 24 | 319 | David Dew | MS | 36:24 | | 34 | 36:22 | 17:43 |
| 36 | 36 | 25 | 911 | Andrew Leighton | MS | 36:25 | | 36 | 36:24 | 18:10 |
| 37 | 37 | 4 | 619 | Richard Skilbeck | M40 | 36:27 | Headington Road Runners | 37 | 36:25 | 17:46 |
| 38 | 38 | 26 | 1136 | Adam Bowler | MS | 36:43 | Vale of Aylesbury | 38 | 36:42 | 18:00 |
| 39 | 39 | 27 | 958 | Simeon Howson | MS | 36:49 | Northampton Road Runners | 39 | 36:48 | 18:07 |
| 40 | 40 | 3 | 633 | Ady King | M45 | 36:50 | Harborough AC | 40 | 36:49 | 18:26 |
| 41 | 41 | 28 | 627 | Chris Lazenby | MS | 36:57 | Wootton Road Runners | 41 | 36:55 | 18:25 |
| 42 | 42 | 29 | 626 | David Lazenby | MS | 36:59 | Wootton Road Runners | 42 | 36:58 | 18:25 |
| 43 | 43 | 30 | 1004 | Matt Driver | MS | 36:59 | Harborough AC | 43 | 36:58 | 18:06 |
| 44 | 44 | 5 | 695 | Jamie Seddon | M20 | 37:01 | Lewes AC | 44 | 36:59 | 18:39 |
| 45 | 45 | 4 | 51 | Greg Spellman | M45 | 37:07 | Wellingborough AC | 45 | 37:06 | 18:10 |
| 46 | 46 | 31 | 576 | Terry Stanley | MS | 37:10 | Amphill & Flitwick Flyers | 46 | 37:09 | 18:45 |
| 47 | 47 | 5 | 700 | Francis Hale | M45 | 37:14 | Higham Harriers | 47 | 37:10 | 18:28 |

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|-----|-----|----|------|-------------------|-----|-------|----------------------------------|-----|-------|-------|
| 48 | 48 | 32 | 1033 | James Richardson | MS | 37:17 | Kenilworth Runners | 49 | 37:15 | 18:17 |
| 49 | 49 | 33 | 1134 | Will Johnson | MS | 37:17 | Spa Striders | 50 | 37:16 | 18:34 |
| 50 | 50 | 6 | 494 | Edward Frain | M20 | 37:19 | Wellingborough AC | 48 | 37:14 | 18:53 |
| 51 | 51 | 6 | 371 | Alex Wright | M45 | 37:21 | Corby AC | 51 | 37:18 | 18:45 |
| 52 | 52 | 34 | 49 | Ian Honeyfield | MS | 37:23 | Wootton Road Runners | 52 | 37:23 | 18:45 |
| 53 | 53 | 35 | 538 | Mark Woodus | MS | 37:26 | Brackley & District | 53 | 37:23 | 18:24 |
| 54 | 54 | 5 | 407 | Richard Lack | M40 | 37:28 | Wootton Road Runners | 55 | 37:27 | 18:24 |
| 55 | 55 | 6 | 678 | Jon Kemp | M40 | 37:29 | Wellingborough AC | 54 | 37:26 | 18:27 |
| 56 | 56 | 36 | 495 | Mark Pinder | MS | 37:34 | City of York AC | 56 | 37:33 | 18:45 |
| 57 | 57 | 7 | 45 | Josh Coles | M20 | 37:35 | Corby AC | 57 | 37:35 | 18:42 |
| 58 | 58 | 37 | 769 | William Shippin | MS | 37:37 | UKNetRunner | 58 | 37:36 | 18:28 |
| 59 | 59 | 38 | 917 | Jeremy Vick | MS | 37:51 | Marshall Milton Keynes AC | 60 | 37:50 | 18:28 |
| 60 | 60 | 39 | 150 | Adam Haylock | MS | 37:52 | Leighton Buzzard AC | 59 | 37:48 | 19:01 |
| 61 | 61 | 7 | 1209 | Alex Atkinson | M45 | 37:58 | Kenilworth Runners | 61 | 37:56 | 18:34 |
| 62 | 62 | 40 | 449 | Dave Ramus | MS | 37:59 | Kenilworth Runners | 64 | 37:57 | 19:04 |
| 63 | 63 | 8 | 729 | Chris Talbot | M45 | 37:59 | Huncote Harriers | 63 | 37:56 | 18:42 |
| 64 | 64 | 41 | 591 | Tim Inchley | MS | 38:01 | Leighton Buzzard AC | 62 | 37:56 | 19:00 |
| 65 | 65 | 9 | 933 | Paul Furness | M45 | 38:03 | Bedford Harriers | 65 | 37:59 | 18:58 |
| 66 | 66 | 7 | 1022 | Andrew Wasdell | M40 | 38:04 | Marshall Milton Keynes AC | 66 | 38:01 | 19:02 |
| 67 | 67 | 42 | 1060 | Chris Simkiss | MS | 38:08 | Kenilworth Runners | 67 | 38:06 | 19:04 |
| 68 | 68 | 3 | 743 | Andy Green | M50 | 38:09 | Team East Haddon | 68 | 38:08 | 19:00 |
| 69 | 69 | 43 | 774 | Tom Ward | MS | 38:12 | Harborough AC | 70 | 38:12 | 18:58 |
| 70 | 70 | 10 | 773 | Richard Fowler | M45 | 38:12 | Wootton Road Runners | 69 | 38:10 | 19:02 |
| 71 | 71 | 8 | 211 | Julian Blackwell | M40 | 38:15 | Wellingborough AC | 71 | 38:15 | 18:58 |
| 72 | 1 | 1 | 794 | Anna Folland | F40 | 38:17 | Bedford Harriers | 72 | 38:16 | 19:03 |
| 73 | 72 | 8 | 116 | Ethan Mehmet | M20 | 38:21 | Kettering Town Harriers | 74 | 38:21 | 18:47 |
| 74 | 73 | 9 | 1188 | Steve Green | M40 | 38:23 | Kettering Town Harriers | 73 | 38:18 | 19:05 |
| 75 | 74 | 44 | 784 | Steve Gibson | MS | 38:27 | Beaumont Running Club | 75 | 38:26 | 18:46 |
| 76 | 75 | 45 | 598 | Andrew Palombella | MS | 38:29 | Bedford Harriers | 78 | 38:28 | 19:09 |
| 77 | 76 | 46 | 446 | Nick Young | MS | 38:30 | Nissan Euro Runners | 79 | 38:29 | 18:27 |
| 78 | 2 | 1 | 867 | Julie Dixon | F45 | 38:31 | Wootton Road Runners | 77 | 38:28 | 19:10 |
| 79 | 77 | 1 | 943 | John Griffiths | M55 | 38:33 | Headington Road Runners | 76 | 38:27 | 19:05 |
| 80 | 3 | 1 | 747 | Emily Wallbank | FS | 38:34 | Bedford & County | 81 | 38:32 | 19:02 |
| 81 | 78 | 47 | 883 | Matthew Slack | MS | 38:36 | | 82 | 38:32 | 18:28 |
| 82 | 79 | 11 | 63 | Andrew Graham | M45 | 38:37 | Spa Striders | 80 | 38:31 | 19:03 |
| 83 | 80 | 48 | 114 | Geoff Hicks | MS | 38:42 | Nissan Euro Runners | 83 | 38:40 | 18:52 |
| 84 | 81 | 49 | 884 | Daniel Mould | MS | 38:47 | Rugby & Northampton AC | 84 | 38:42 | 19:05 |
| 85 | 82 | 12 | 464 | Peter Bryan | M45 | 38:51 | Kenilworth Runners | 85 | 38:47 | 18:58 |
| 86 | 83 | 50 | 401 | Isaac Leigh | MS | 38:55 | Warwick University | 88 | 38:55 | 18:57 |
| 87 | 84 | 51 | 666 | Jamie Farmer | MS | 38:59 | David Lloyd Redway Runners | 87 | 38:53 | 19:53 |
| 88 | 85 | 52 | 1069 | Tom Robinson | MS | 39:03 | Leamington C & AC | 86 | 38:52 | 19:38 |
| 89 | 86 | 13 | 244 | Richard Broadbent | M45 | 39:04 | Kenilworth Runners | 90 | 39:02 | 19:11 |
| 90 | 87 | 53 | 98 | Sam Pole | MS | 39:07 | Fleckney & Kibworth Running Club | 92 | 39:07 | 19:19 |
| 91 | 88 | 54 | 8 | Ian Kelly | MS | 39:07 | Whittlebury Hall | 89 | 39:01 | 19:06 |
| 92 | 89 | 55 | 821 | Lee Young | MS | 39:11 | | 91 | 39:04 | 19:19 |
| 93 | 4 | 2 | 587 | Imogen Norton | F40 | 39:11 | Wootton Road Runners | 93 | 39:09 | 19:15 |
| 94 | 90 | 14 | 877 | Stuart Bartlett | M45 | 39:13 | Team Balancise | 94 | 39:11 | 19:24 |
| 95 | 91 | 15 | 246 | Robert Thompson | M45 | 39:15 | Spa Striders | 95 | 39:11 | 19:21 |
| 96 | 92 | 10 | 410 | Jason Hill | M40 | 39:16 | | 96 | 39:11 | 18:54 |
| 97 | 93 | 56 | 132 | Marcus England | MS | 39:16 | | 98 | 39:14 | 19:18 |
| 98 | 5 | 3 | 715 | Maree Jesson | F40 | 39:20 | Rugby & Northampton AC | 97 | 39:13 | 19:12 |
| 99 | 94 | 57 | 1015 | James Bendall | MS | 39:29 | | 99 | 39:18 | 19:34 |
| 100 | 95 | 16 | 455 | Jochen Alhaeuser | M45 | 39:32 | LC Duisburg | 101 | 39:31 | 19:34 |
| 101 | 96 | 2 | 701 | Paul Wilkerson | M55 | 39:35 | Bedford & County | 102 | 39:32 | 19:32 |
| 102 | 97 | 58 | 1011 | Joseph Mulenga | MS | 39:37 | Coventry Godiva | 105 | 39:36 | 19:40 |
| 103 | 98 | 59 | 881 | David Jackson | MS | 39:39 | | 104 | 39:34 | 19:32 |
| 104 | 99 | 60 | 295 | Jon Wilkinson | MS | 39:39 | Wootton Road Runners | 103 | 39:33 | 19:42 |
| 105 | 100 | 11 | 258 | Andy Wilkins | M40 | 39:40 | Harpenden Arrows | 100 | 39:29 | 19:55 |
| 106 | 101 | 61 | 985 | Stuart Dare | MS | 39:41 | Bedford Harriers | 106 | 39:38 | 19:33 |
| 107 | 102 | 12 | 959 | Andrew Jacks | M40 | 39:42 | | 108 | 39:39 | 19:21 |
| 108 | 103 | 13 | 1064 | Richard Hodge | M40 | 39:43 | Northbrook AC | 107 | 39:38 | 19:30 |
| 109 | 6 | 2 | 629 | Lucy Ashe | FS | 39:44 | | 110 | 39:42 | 19:30 |
| 110 | 104 | 62 | 563 | Terry Hatter | MS | 39:44 | Kettering Town Harriers | 113 | 39:44 | 19:19 |
| 111 | 105 | 14 | 1129 | Brian Duggan | M40 | 39:45 | Midland Masters AC | 109 | 39:40 | 19:51 |
| 112 | 106 | 63 | 281 | Paul Broadway | MS | 39:45 | Warwick University | 112 | 39:44 | 19:41 |
| 113 | 107 | 4 | 1144 | Ian Hoare | M50 | 39:47 | Bitton Road Runners | 114 | 39:45 | 19:52 |

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| 114 | 108 | 64 | 519 | Elliot Hind | MS | 39:51 | Leighton Buzzard AC | 111 | 39:43 | 19:45 |
| 115 | 7 | 3 | 210 | Kelly Barnett | FS | 39:55 | Wellingborough AC | 116 | 39:54 | 19:39 |
| 116 | 109 | 17 | 859 | Lee Coulson | M45 | 39:57 | Kettering Town Harriers | 115 | 39:53 | 19:45 |
| 117 | 110 | 65 | 954 | Steve Miller | MS | 39:59 | | 117 | 39:54 | 19:51 |
| 118 | 111 | 66 | 356 | Ben Parkinson | MS | 40:04 | Spa Striders | 118 | 39:58 | 19:51 |
| 119 | 112 | 67 | 595 | Neil Stevens | MS | 40:09 | David Lloyd Redway Runners | 119 | 40:03 | 19:54 |
| 120 | 113 | 68 | 426 | John Johnson | MS | 40:14 | Royal Air Force | 120 | 40:09 | 19:48 |
| 121 | 114 | 69 | 866 | Tom Duck | MS | 40:16 | | 121 | 40:12 | 19:37 |
| 122 | 8 | 1 | 782 | Christine Lathwell | F35 | 40:18 | Luton AC | 122 | 40:16 | 20:20 |
| 123 | 115 | 70 | 1212 | Adam Eales | MS | 40:20 | Harborough AC | 125 | 40:19 | 19:51 |
| 124 | 116 | 5 | 798 | Peter Thomas | M50 | 40:22 | Rugby & Northampton AC | 124 | 40:19 | 20:00 |
| 125 | 117 | 6 | 488 | Tony Barnes | M50 | 40:24 | Bedford Harriers | 127 | 40:22 | 19:36 |
| 126 | 118 | 71 | 899 | Simon Haywood | MS | 40:25 | Shenley Striders | 126 | 40:21 | 20:03 |
| 127 | 119 | 7 | 855 | Keith Hammond | M50 | 40:25 | | 123 | 40:18 | 19:56 |
| 128 | 9 | 2 | 1023 | Wendy Webber | F35 | 40:27 | Marshall Milton Keynes AC | 128 | 40:24 | 19:57 |
| 129 | 10 | 2 | 982 | Sally Cartwright | F45 | 40:31 | Bedford Harriers | 130 | 40:28 | 19:55 |
| 130 | 120 | 15 | 287 | Will Raybould | M40 | 40:31 | Human Energy AC | 131 | 40:28 | 19:46 |
| 131 | 121 | 72 | 153 | Richard Wakefield | MS | 40:32 | | 132 | 40:28 | 20:04 |
| 132 | 122 | 73 | 886 | Nathan Jones | MS | 40:35 | Higham Harriers | 129 | 40:26 | 20:15 |
| 133 | 123 | 74 | 314 | Rob Wheatley | MS | 40:36 | Sphinx AC | 134 | 40:32 | 20:05 |
| 134 | 124 | 16 | 466 | Matthew Taylor | M40 | 40:37 | | 136 | 40:34 | 20:05 |
| 135 | 125 | 3 | 428 | Michael Williams | M55 | 40:37 | Kenilworth Runners | 135 | 40:33 | 20:23 |
| 136 | 11 | 4 | 562 | Leila Armoush | FS | 40:38 | Charnwood AC | 137 | 40:34 | 19:50 |
| 137 | 126 | 17 | 935 | Gareth Crabb | M40 | 40:38 | Lincsquad | 138 | 40:34 | 19:55 |
| 138 | 127 | 75 | 658 | Michael Carrera | MS | 40:39 | Wootton Road Runners | 139 | 40:35 | 19:39 |
| 139 | 128 | 18 | 182 | Mark Murrell | M40 | 40:42 | Long Meadow School | 140 | 40:38 | 19:56 |
| 140 | 12 | 3 | 1063 | Amanda Deavy | F35 | 40:46 | Northbrook AC | 142 | 40:42 | 19:39 |
| 141 | 129 | 4 | 902 | John Donaldson | M55 | 40:50 | Wellingborough AC | 143 | 40:45 | 19:59 |
| 142 | 130 | 76 | 1124 | Huw Silk | MS | 40:53 | | 141 | 40:41 | 20:29 |
| 143 | 13 | 5 | 292 | Victoria Ison | FS | 40:53 | | 146 | 40:50 | 19:52 |
| 144 | 131 | 77 | 340 | Steve Snow | MS | 40:53 | Brackley & District | 133 | 40:28 | 20:30 |
| 145 | 132 | 19 | 874 | John Davies | M40 | 40:54 | Roadhogs Leicester AC | 147 | 40:53 | 19:59 |
| 146 | 14 | 4 | 960 | Carolyn Wilkinson | F40 | 40:58 | Spa Striders | 148 | 40:54 | 20:30 |
| 147 | 133 | 18 | 543 | Paul Caruana | M45 | 40:59 | Leamington C & AC | 145 | 40:48 | 20:25 |
| 148 | 15 | 4 | 957 | Clare Hinton | F35 | 40:59 | Spa Striders | 150 | 40:55 | 20:29 |
| 149 | 134 | 78 | 864 | Jay Fallaize | MS | 41:03 | Higham Harriers | 149 | 40:55 | 20:38 |
| 150 | 135 | 19 | 1032 | Neil Sheward | M45 | 41:03 | Kenilworth Runners | 153 | 41:01 | 19:38 |
| 151 | 136 | 79 | 34 | Jose Angel Ortiz Gonzalez | MS | 41:04 | Coventry Godiva | 151 | 40:58 | 19:59 |
| 152 | 137 | 8 | 503 | Andy Wilford | M50 | 41:06 | Huncote Harriers | 154 | 41:05 | 20:02 |
| 153 | 138 | 20 | 1049 | Christopher Finister | M40 | 41:08 | Bicester Tri | 156 | 41:06 | 19:53 |
| 154 | 139 | 80 | 811 | Nathan Green | MS | 41:10 | Kenilworth Runners | 155 | 41:06 | 20:44 |
| 155 | 140 | 81 | 768 | Toby Cartwright | MS | 41:10 | Brackley & District | 144 | 40:47 | 20:31 |
| 156 | 141 | 21 | 726 | Ross Bellamy | M40 | 41:12 | | 158 | 41:08 | 20:15 |
| 157 | 142 | 20 | 997 | Justin Openshaw | M45 | 41:14 | | 157 | 41:06 | 20:13 |
| 158 | 143 | 82 | 724 | Jeremy Turner | MS | 41:17 | | 152 | 40:59 | 19:53 |
| 159 | 144 | 9 | 999 | Alan Mould | M50 | 41:19 | Rugby & Northampton AC | 165 | 41:17 | 20:06 |
| 160 | 145 | 83 | 1096 | Adam Clark | MS | 41:20 | | 159 | 41:12 | 20:33 |
| 161 | 146 | 84 | 425 | Christopher Jones | MS | 41:21 | Wellingborough AC | 162 | 41:14 | 20:38 |
| 162 | 147 | 10 | 69 | Nigel Sheppard | M50 | 41:22 | David Lloyd Redway Runners | 161 | 41:14 | 20:40 |
| 163 | 148 | 85 | 68 | Matt Hoey | MS | 41:23 | | 166 | 41:18 | 20:15 |
| 164 | 149 | 86 | 1082 | Marian Zuscak | MS | 41:25 | | 160 | 41:13 | 20:00 |
| 165 | 150 | 87 | 318 | Daniel Gosling | MS | 41:27 | | 163 | 41:17 | 20:08 |
| 166 | 151 | 88 | 845 | Christopher Hitchman | MS | 41:28 | Leamington C & AC | 164 | 41:17 | 20:28 |
| 167 | 152 | 11 | 691 | Alan Roberts | M50 | 41:29 | Vale of Aylesbury | 171 | 41:26 | 20:42 |
| 168 | 16 | 5 | 826 | Nicola Bowerman | F35 | 41:29 | Amphill & Flitwick Flyers | 172 | 41:27 | 20:30 |
| 169 | 153 | 22 | 290 | Kevin Brown | M40 | 41:30 | Buckingham & Stowe | 170 | 41:25 | 20:13 |
| 170 | 17 | 5 | 618 | Adrienne Hopkins | F40 | 41:31 | Headington Road Runners | 173 | 41:28 | 20:38 |
| 171 | 154 | 9 | 501 | Freddie Loveday | M20 | 41:33 | Leamington C & AC | 176 | 41:33 | 20:04 |
| 172 | 155 | 12 | 1225 | Michael Peters | M50 | 41:34 | Coventry Godiva | 175 | 41:33 | 19:37 |
| 173 | 156 | 13 | 437 | David Coker | M50 | 41:35 | Amphill & Flitwick Flyers | 174 | 41:32 | 20:37 |
| 174 | 157 | 89 | 1239 | Ricky Butler | MS | 41:36 | | 169 | 41:24 | 20:42 |
| 175 | 158 | 90 | 1025 | Aaron Glue | MS | 41:37 | | 167 | 41:21 | 20:50 |
| 176 | 159 | 91 | 1076 | James Armstrong | MS | 41:38 | Wootton Road Runners | 178 | 41:35 | 20:28 |
| 177 | 18 | 6 | 754 | Niamh Morrin | FS | 41:39 | Wootton Road Runners | 180 | 41:35 | 20:28 |
| 178 | 19 | 7 | 953 | Hollie Smith | FS | 41:39 | Charnwood AC | 177 | 41:35 | 20:34 |
| 179 | 160 | 92 | 804 | Andrew Hiskett | MS | 41:39 | Stopsley Striders | 168 | 41:24 | 20:11 |

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| 180 | 161 | 93 | 520 Sam Dear | MS | 41:41 | Leighton Buzzard AC | 179 | 41:35 | 20:36 |
| 181 | 162 | 94 | 561 Ian Wild | MS | 41:51 | | 181 | 41:50 | 20:40 |
| 182 | 20 | 8 | 871 Katy Young | FS | 41:53 | | 182 | 41:52 | 20:29 |
| 183 | 163 | 95 | 1018 Spencer Ollington | MS | 41:57 | David Lloyd Redway Runners | 183 | 41:53 | 20:42 |
| 184 | 21 | 9 | 264 Wendy Clark | FS | 41:58 | Shenley Striders | 184 | 41:54 | 20:42 |
| 185 | 164 | 23 | 448 Frank Schoenmakers | M40 | 42:00 | Nissan Euro Runners | 187 | 41:59 | 20:16 |
| 186 | 165 | 24 | 414 Simon Wallace | M40 | 42:03 | Biggleswade AC | 185 | 41:58 | 20:37 |
| 187 | 166 | 96 | 419 Anthony McCauley | MS | 42:03 | | 186 | 41:58 | 21:07 |
| 188 | 167 | 5 | 1195 Kevin Naughton | M55 | 42:06 | Sphinx AC | 190 | 42:04 | 20:37 |
| 189 | 168 | 14 | 580 Andrew Higgins | M50 | 42:07 | Leamington C & AC | 188 | 42:02 | 20:49 |
| 190 | 22 | 10 | 707 Elsie Butler | FS | 42:10 | Charnwood AC | 191 | 42:05 | 20:37 |
| 191 | 169 | 15 | 972 Paul McGurk | M50 | 42:12 | Northbrook AC | 189 | 42:04 | 20:43 |
| 192 | 170 | 25 | 800 Grzegorz Idzi | M40 | 42:15 | Wootton Road Runners | 199 | 42:11 | 20:46 |
| 193 | 171 | 21 | 234 James O'Dowd | M45 | 42:16 | Huncote Harriers | 197 | 42:11 | 20:53 |
| 194 | 172 | 1 | 127 David Pettifer | M65 | 42:17 | Kenilworth Runners | 196 | 42:09 | 20:49 |
| 195 | 173 | 22 | 1230 Christopher Petrie | M45 | 42:18 | | 192 | 42:06 | 21:02 |
| 196 | 174 | 97 | 976 Philip Stansfield | MS | 42:18 | Wootton Road Runners | 195 | 42:08 | 20:41 |
| 197 | 175 | 26 | 72 Martin Lambert | M40 | 42:19 | Kenilworth Runners | 205 | 42:16 | 20:54 |
| 198 | 176 | 16 | 887 Pete Goringe | M50 | 42:20 | Kettering Town Harriers | 200 | 42:12 | 20:52 |
| 199 | 177 | 27 | 391 Dannie Bonner | M40 | 42:20 | | 202 | 42:14 | 21:16 |
| 200 | 178 | 98 | 704 Tom Bailey | MS | 42:21 | | 193 | 42:07 | 21:18 |
| 201 | 179 | 23 | 444 Stewart Campbell | M45 | 42:21 | | 207 | 42:19 | 20:56 |
| 202 | 180 | 99 | 1147 Steve Duke | MS | 42:21 | Kettering Town Harriers | 206 | 42:19 | 21:02 |
| 203 | 181 | 6 | 900 Ken Willis | M55 | 42:22 | Northants Police | 198 | 42:11 | 21:03 |
| 204 | 23 | 11 | 1247 Amy Inchley | FS | 42:22 | Leighton Buzzard AC | 203 | 42:15 | 21:01 |
| 205 | 182 | 28 | 1070 Darren Gibson | M40 | 42:23 | Team Balancise | 204 | 42:16 | 20:41 |
| 206 | 183 | 100 | 568 Jakob Ebrey | MS | 42:26 | | 201 | 42:13 | 20:24 |
| 207 | 184 | 101 | 547 Joshua Verity | MS | 42:26 | | 194 | 42:07 | 21:05 |
| 208 | 185 | 17 | 772 Ed Taylor | M50 | 42:27 | | 210 | 42:23 | 21:04 |
| 209 | 186 | 102 | 823 Tom Smith | MS | 42:27 | | 208 | 42:20 | 21:09 |
| 210 | 187 | 24 | 1156 Phoenix Hoyle | M45 | 42:29 | Wigston Phoenix | 209 | 42:23 | 20:51 |
| 211 | 188 | 103 | 445 Charles Lavington | MS | 42:29 | Nissan Euro Runners | 215 | 42:29 | 20:15 |
| 212 | 189 | 29 | 709 Mikal Bonner | M40 | 42:29 | | 212 | 42:25 | 20:55 |
| 213 | 190 | 7 | 33 Phil Gatley | M55 | 42:32 | Rugby Triathlon Club | 211 | 42:24 | 21:14 |
| 214 | 191 | 18 | 1047 Steve Badcock | M50 | 42:33 | David Lloyd Redway Runners | 213 | 42:28 | 20:56 |
| 215 | 192 | 104 | 47 Andrew Bunker | MS | 42:34 | Higham Harriers | 214 | 42:29 | 21:00 |
| 216 | 193 | 105 | 1118 Rob Cutting | MS | 42:34 | Silverstone Circuits | 216 | 42:30 | 21:04 |
| 217 | 24 | 6 | 589 Adele Marshall | F35 | 42:36 | Wellingborough AC | 218 | 42:33 | 20:53 |
| 218 | 194 | 2 | 712 Keith Moreman | M65 | 42:37 | Daventry Road Runners | 220 | 42:35 | 20:38 |
| 219 | 25 | 12 | 160 Katharine Baxter | FS | 42:41 | Wellingborough AC | 221 | 42:36 | 20:51 |
| 220 | 195 | 19 | 1202 Steve Moody | M50 | 42:42 | Milocarrians AC | 217 | 42:30 | 20:52 |
| 221 | 196 | 106 | 518 Neil Gray | MS | 42:42 | Higham Harriers | 219 | 42:33 | 21:25 |
| 222 | 197 | 107 | 1197 James Dwight | MS | 42:43 | David Lloyd Redway Runners | 223 | 42:38 | 21:14 |
| 223 | 198 | 30 | 692 Chris Dimmock | M40 | 42:44 | Leighton Buzzard AC | 222 | 42:37 | 20:59 |
| 224 | 199 | 108 | 1217 Tom Williams | MS | 42:47 | | 225 | 42:43 | 21:18 |
| 225 | 200 | 109 | 662 David Sheffield | MS | 42:50 | Colworth Striders | 226 | 42:47 | 21:50 |
| 226 | 26 | 7 | 993 Dawn Clark | F35 | 42:53 | Spa Striders | 227 | 42:47 | 20:41 |
| 227 | 201 | 8 | 61 Mitch Timms | M55 | 42:54 | Sphinx AC | 229 | 42:52 | 21:02 |
| 228 | 202 | 9 | 775 Mike Burling | M55 | 42:56 | Marshall Milton Keynes AC | 224 | 42:41 | 21:45 |
| 229 | 27 | 3 | 443 Elaine Morris | F45 | 42:58 | | 230 | 42:54 | 21:07 |
| 230 | 203 | 31 | 158 Simon Hart | M40 | 43:00 | Huncote Harriers | 228 | 42:52 | 21:12 |
| 231 | 28 | 8 | 1170 Sarah Ellwood | F35 | 43:01 | Wellingborough AC | 231 | 42:56 | 20:51 |
| 232 | 204 | 32 | 1246 Chris Williams | M40 | 43:05 | Leighton Buzzard AC | 232 | 42:58 | 21:01 |
| 233 | 205 | 33 | 250 Chris Hamer-Hodges | M40 | 43:08 | Nuneaton Harriers | 233 | 43:01 | 21:35 |
| 234 | 206 | 110 | 101 Matt Hitchings | MS | 43:12 | | 236 | 43:09 | 21:27 |
| 235 | 29 | 13 | 533 Dorota Brynkiewicz | FS | 43:13 | Sphinx AC | 238 | 43:11 | 20:58 |
| 236 | 207 | 111 | 753 Simon Read | MS | 43:13 | David Lloyd Redway Runners | 237 | 43:10 | 21:02 |
| 237 | 208 | 25 | 717 Glenn Palmer | M45 | 43:13 | | 235 | 43:05 | 20:49 |
| 238 | 209 | 112 | 852 Philip Reese | MS | 43:19 | | 243 | 43:16 | 21:12 |
| 239 | 210 | 34 | 1132 Harvey Scriven | M40 | 43:20 | BRAT | 244 | 43:18 | 21:15 |
| 240 | 211 | 35 | 951 Mark Fox | M40 | 43:20 | Charnwood AC | 242 | 43:15 | 21:18 |
| 241 | 212 | 113 | 718 Mark Coupland | MS | 43:21 | Wootton Road Runners | 240 | 43:13 | 21:35 |
| 242 | 213 | 20 | 1120 Tony Chapman | M50 | 43:21 | Brackley & District | 239 | 43:13 | 21:32 |
| 243 | 214 | 114 | 542 Gary McKeaveney | MS | 43:26 | | 241 | 43:14 | 22:15 |
| 244 | 215 | 36 | 713 Thomas Thorp | M40 | 43:32 | | 234 | 43:04 | 21:56 |
| 245 | 30 | 6 | 1110 Arniel Du Preez | F40 | 43:35 | | 252 | 43:32 | 21:32 |

| | | | | | | | | | | |
|-----|-----|-----|------|-------------------|-----|-------|-----------------------------|-----|-------|-------|
| 246 | 216 | 115 | 67 | Aled Thomas | MS | 43:36 | David Lloyd Redway Runners | 245 | 43:24 | 21:44 |
| 247 | 217 | 116 | 1073 | James Slootweg | MS | 43:37 | Wootton Road Runners | 248 | 43:30 | 21:11 |
| 248 | 218 | 117 | 1102 | Lewis Todd | MS | 43:39 | Wootton Road Runners | 251 | 43:32 | 20:49 |
| 249 | 31 | 9 | 427 | Jo Johnson | F35 | 43:40 | Royal Air Force | 253 | 43:34 | 21:40 |
| 250 | 219 | 118 | 498 | Oliver Went | MS | 43:43 | Kenilworth Runners | 256 | 43:40 | 21:44 |
| 251 | 220 | 37 | 761 | Jason Wood | M40 | 43:44 | Glastonbury Thorn | 246 | 43:30 | 22:11 |
| 252 | 221 | 26 | 663 | Alex McMurtrie | M45 | 43:45 | Rugby & Northampton AC | 250 | 43:31 | 21:40 |
| 253 | 222 | 119 | 681 | Martin Newton | MS | 43:45 | Wellingborough AC | 249 | 43:31 | 21:37 |
| 254 | 223 | 38 | 476 | Garin Wilby | M40 | 43:46 | | 247 | 43:30 | 21:42 |
| 255 | 224 | 10 | 477 | David Fearn | M55 | 43:47 | | 259 | 43:41 | 22:07 |
| 256 | 225 | 27 | 962 | Graham Garlick | M45 | 43:49 | Leamington C & AC | 254 | 43:38 | 21:27 |
| 257 | 32 | 7 | 1216 | Louise Andrews | F40 | 43:50 | | 263 | 43:45 | 21:44 |
| 258 | 226 | 120 | 936 | James Olliffe | MS | 43:50 | | 264 | 43:46 | 21:48 |
| 259 | 33 | 10 | 710 | Louise Brennan | F35 | 43:50 | | 262 | 43:45 | 21:34 |
| 260 | 227 | 11 | 1200 | Colin Ross | M55 | 43:52 | Bedford Harriers | 257 | 43:40 | 21:48 |
| 261 | 228 | 121 | 178 | Stuart Milne | MS | 43:52 | Rickley Park Primary School | 258 | 43:40 | 22:08 |
| 262 | 229 | 28 | 869 | Dave Waddington | M45 | 43:54 | Harborough AC | 266 | 43:47 | 21:21 |
| 263 | 230 | 122 | 994 | John Saw | MS | 43:54 | Rugby & Northampton AC | 272 | 43:54 | 21:57 |
| 264 | 34 | 14 | 159 | Harriet Woolley | FS | 43:55 | Wellingborough AC | 268 | 43:52 | 21:27 |
| 265 | 231 | 21 | 1091 | Martin Hamilton | M50 | 43:56 | Higham Harriers | 269 | 43:52 | 21:12 |
| 266 | 232 | 123 | 558 | Matthew Hancock | MS | 43:57 | Wellingborough AC | 260 | 43:42 | 22:03 |
| 267 | 233 | 124 | 1192 | Aaron Higgs | MS | 43:57 | Wootton Road Runners | 265 | 43:47 | 21:59 |
| 268 | 35 | 8 | 1121 | Elaine Sherwin | F40 | 44:00 | Leamington C & AC | 275 | 43:56 | 21:35 |
| 269 | 234 | 125 | 315 | Chris Unwin | MS | 44:02 | Huncote Harriers | 276 | 43:57 | 21:38 |
| 270 | 36 | 4 | 1179 | Julie Dalzell | F45 | 44:03 | Marshall Milton Keynes AC | 270 | 43:52 | 21:56 |
| 271 | 235 | 126 | 1002 | Graeme Whyman | MS | 44:04 | Olney Runners | 267 | 43:50 | 22:22 |
| 272 | 236 | 12 | 470 | Mark Tinkler | M55 | 44:05 | Bedford Harriers | 279 | 44:02 | 21:49 |
| 273 | 237 | 22 | 1199 | Lido Medori | M50 | 44:06 | Marshall Milton Keynes AC | 255 | 43:39 | 21:57 |
| 274 | 238 | 23 | 1061 | Ian Clapinson | M50 | 44:06 | | 277 | 44:00 | 21:58 |
| 275 | 37 | 11 | 803 | Claire Goult | F35 | 44:07 | Kenilworth Runners | 278 | 44:02 | 21:48 |
| 276 | 239 | 127 | 1176 | Alastair Mitchell | MS | 44:07 | Kettering Town Harriers | 274 | 43:56 | 21:45 |
| 277 | 38 | 1 | 858 | Susie Tawney | F50 | 44:09 | Leamington C & AC | 282 | 44:05 | 21:35 |
| 278 | 240 | 24 | 609 | Kevin Church | M50 | 44:10 | Marshall Milton Keynes AC | 271 | 43:53 | 21:37 |
| 279 | 241 | 29 | 927 | Ashley Walden | M45 | 44:10 | | 273 | 43:55 | 21:42 |
| 280 | 242 | 39 | 599 | Martin Young | M40 | 44:12 | | 261 | 43:44 | 22:04 |
| 281 | 243 | 128 | 892 | Philip Wood | MS | 44:13 | Wootton Road Runners | 280 | 44:03 | 22:43 |
| 282 | 39 | 2 | 786 | Kerry Munn | F50 | 44:13 | Kettering Town Harriers | 284 | 44:12 | 21:45 |
| 283 | 244 | 30 | 475 | Gary Barson | M45 | 44:14 | | 286 | 44:13 | 21:33 |
| 284 | 40 | 15 | 207 | Charlotte Parker | FS | 44:16 | City of Hull AC | 285 | 44:12 | 21:45 |
| 285 | 245 | 129 | 237 | Matt Spenceley | MS | 44:18 | Brackley & District | 281 | 44:04 | 21:45 |
| 286 | 246 | 130 | 796 | James Price | MS | 44:20 | Buckingham & Stowe | 283 | 44:10 | 22:35 |
| 287 | 41 | 16 | 180 | Emily James | FS | 44:23 | Long Meadow School | 287 | 44:17 | 21:34 |
| 288 | 247 | 31 | 1140 | Martin Brent | M45 | 44:24 | | 291 | 44:20 | 21:36 |
| 289 | 42 | 17 | 545 | Danielle Mohacsi | FS | 44:25 | Kenilworth Runners | 293 | 44:21 | 21:49 |
| 290 | 248 | 131 | 10 | Adrian Hastings | MS | 44:27 | Whittlebury Hall | 292 | 44:20 | 22:22 |
| 291 | 249 | 132 | 922 | Pete Belsey | MS | 44:27 | | 290 | 44:20 | 22:00 |
| 292 | 250 | 133 | 1160 | Michal Stypinski | MS | 44:31 | | 300 | 44:29 | 21:51 |
| 293 | 43 | 18 | 549 | Julia Carter | FS | 44:32 | | 296 | 44:26 | 22:01 |
| 294 | 251 | 134 | 550 | Matt Prosser | MS | 44:33 | | 297 | 44:26 | 22:01 |
| 295 | 252 | 32 | 890 | Alan Rickhuss | M45 | 44:33 | Bedford Harriers | 288 | 44:18 | 22:18 |
| 296 | 253 | 33 | 860 | Richard Zanetti | M45 | 44:34 | Kenilworth Runners | 301 | 44:30 | 21:44 |
| 297 | 254 | 34 | 526 | Michael Hessey | M45 | 44:35 | Harpenden Arrows | 294 | 44:23 | 22:07 |
| 298 | 255 | 135 | 434 | Joe Smyth | MS | 44:36 | | 305 | 44:33 | 22:04 |
| 299 | 256 | 136 | 1151 | Niall Gardiner | MS | 44:37 | Wootton Road Runners | 306 | 44:34 | 21:59 |
| 300 | 257 | 137 | 453 | James Wilson | MS | 44:38 | | 302 | 44:30 | 21:49 |
| 301 | 258 | 35 | 963 | Mitch Canvin | M45 | 44:38 | | 307 | 44:35 | 21:53 |
| 302 | 259 | 138 | 259 | Stuart Snelson | MS | 44:39 | Bedford Harriers | 308 | 44:36 | 22:20 |
| 303 | 260 | 139 | 990 | Phil Nudds | MS | 44:40 | | 304 | 44:32 | 22:17 |
| 304 | 261 | 140 | 342 | David Woffinden | MS | 44:41 | | 289 | 44:19 | 21:51 |
| 305 | 262 | 13 | 1253 | Nicky Page | M55 | 44:48 | | 310 | 44:43 | 22:03 |
| 306 | 263 | 141 | 913 | Michael Scandrett | MS | 44:49 | Kenilworth Runners | 309 | 44:41 | 21:57 |
| 307 | 264 | 142 | 431 | Barry Key | MS | 44:50 | | 299 | 44:29 | 34:56 |
| 308 | 265 | 143 | 125 | James Warren | MS | 44:51 | | 298 | 44:27 | 21:36 |
| 309 | 266 | 14 | 438 | Barry Elkington | M55 | 44:52 | Kenilworth Runners | 313 | 44:50 | 21:51 |
| 310 | 267 | 144 | 149 | James Jaycock | MS | 44:59 | | 311 | 44:46 | 22:17 |
| 311 | 268 | 15 | 486 | Anthony Taylor | M55 | 45:02 | | 303 | 44:30 | 22:13 |

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|-----|-----|-----|------|--------------------|-----|-----------------------------------|-----|-------|-------|
| 312 | 269 | 40 | 853 | Ken Munro | M40 | 45:04 | 314 | 44:50 | 23:05 |
| 313 | 270 | 16 | 727 | John Godding | M55 | 45:05 | 295 | 44:24 | 22:10 |
| 314 | 271 | 36 | 554 | Jamie Woodhouse | M45 | 45:06 | 315 | 44:53 | 21:58 |
| 315 | 44 | 9 | 734 | Joanna Greenslade | F40 | 45:08 Marshall Milton Keynes AC | 317 | 44:57 | 22:44 |
| 316 | 272 | 145 | 99 | Warren Harrison | MS | 45:10 | 326 | 45:10 | 22:39 |
| 317 | 45 | 19 | 272 | Katie Haylock | FS | 45:12 Leighton Buzzard AC | 320 | 45:04 | 22:18 |
| 318 | 46 | 20 | 152 | Victoria Berry | FS | 45:12 David Lloyd Redway Runners | 325 | 45:09 | 21:54 |
| 319 | 273 | 25 | 597 | Chris Peach | M50 | 45:13 Roadhoggs Leicester AC | 322 | 45:06 | 21:40 |
| 320 | 274 | 3 | 832 | Pete Courtney | M65 | 45:15 | 321 | 45:05 | 22:17 |
| 321 | 275 | 37 | 412 | Mark Bonham | M45 | 45:15 Wellingborough AC | 323 | 45:08 | 21:37 |
| 322 | 276 | 38 | 500 | Duncan Loveday | M45 | 45:16 Leamington C & AC | 330 | 45:13 | 22:23 |
| 323 | 277 | 39 | 411 | Andrew Gillson | M45 | 45:17 | 318 | 44:59 | 22:01 |
| 324 | 278 | 10 | 816 | Robin Sykes | M20 | 45:18 Warwick University | 333 | 45:18 | 22:55 |
| 325 | 279 | 146 | 1141 | Christopher Youens | MS | 45:18 Marshall Milton Keynes AC | 329 | 45:12 | 20:47 |
| 326 | 280 | 40 | 341 | Paul Griffiths | M45 | 45:19 Bedford Harriers | 332 | 45:16 | 22:34 |
| 327 | 281 | 4 | 1178 | Paul Allen | M65 | 45:21 Halesowen A&CC | 331 | 45:16 | 22:06 |
| 328 | 282 | 26 | 74 | Dean Wilkes | M50 | 45:22 | 324 | 45:08 | 21:41 |
| 329 | 47 | 10 | 1020 | Wendy Hunter | F40 | 45:22 Alchester | 327 | 45:11 | 22:14 |
| 330 | 283 | 147 | 733 | Steven Cockroft | MS | 45:23 Warwick University | 338 | 45:23 | 22:56 |
| 331 | 284 | 41 | 991 | Robert Lewis | M40 | 45:26 | 319 | 45:01 | 21:59 |
| 332 | 48 | 12 | 172 | Ciaragh Hubert | F35 | 45:27 Loughton Manor First School | 335 | 45:18 | 22:22 |
| 333 | 285 | 11 | 528 | Thomas Rankin | M20 | 45:29 | 334 | 45:18 | 23:09 |
| 334 | 286 | 148 | 966 | Ross Brown | MS | 45:29 | 312 | 44:49 | 22:49 |
| 335 | 287 | 27 | 1111 | Graham Donoghue | M50 | 45:30 | 341 | 45:27 | 22:26 |
| 336 | 288 | 149 | 39 | Stuart Bullard | MS | 45:31 Bedford Harriers | 340 | 45:26 | 22:26 |
| 337 | 289 | 42 | 1019 | Peter Moore | M40 | 45:31 Northampton Road Runners | 339 | 45:24 | 21:59 |
| 338 | 290 | 41 | 840 | Gary Marshall | M45 | 45:31 Foyle Valley | 328 | 45:11 | 22:23 |
| 339 | 49 | 13 | 1075 | Katie Penrose | F35 | 45:33 Marshall Milton Keynes AC | 344 | 45:28 | 22:24 |
| 340 | 50 | 21 | 493 | Charlotte Yarker | FS | 45:33 Northampton Road Runners | 336 | 45:19 | 22:07 |
| 341 | 291 | 43 | 1219 | Richard Tompkins | M40 | 45:35 | 347 | 45:32 | 21:57 |
| 342 | 51 | 3 | 690 | Andrea Broughton | F50 | 45:36 Thames Valley Harriers | 343 | 45:27 | 22:26 |
| 343 | 292 | 44 | 634 | Dan Challenger | M40 | 45:38 Oxley Park Academy | 342 | 45:27 | 22:20 |
| 344 | 293 | 17 | 1105 | Kevan Russell | M55 | 45:39 | 345 | 45:30 | 22:32 |
| 345 | 294 | 45 | 583 | Marcus Harnaman | M40 | 45:39 | 350 | 45:38 | 21:25 |
| 346 | 295 | 46 | 133 | Ian Punter | M40 | 45:40 | 337 | 45:22 | 23:05 |
| 347 | 296 | 18 | 923 | Tony Mackness | M55 | 45:40 Northbrook AC | 346 | 45:32 | 22:38 |
| 348 | 297 | 12 | 888 | Steven Wilkinson | M20 | 45:42 | 349 | 45:38 | 22:20 |
| 349 | 52 | 1 | 980 | Annabelle Hutt | F20 | 45:46 | 352 | 45:39 | 22:10 |
| 350 | 298 | 5 | 1138 | Kelvin Smith | M65 | 45:46 Marshall Milton Keynes AC | 353 | 45:41 | 22:23 |
| 351 | 299 | 150 | 978 | Phil Morgan | MS | 45:48 | 348 | 45:37 | 22:12 |
| 352 | 300 | 28 | 814 | Martin Brady | M50 | 45:50 Clayton Moor Harriers | 355 | 45:47 | 22:22 |
| 353 | 301 | 47 | 1021 | Richard Scrase | M40 | 45:53 Marshall Milton Keynes AC | 354 | 45:45 | 22:47 |
| 354 | 302 | 151 | 226 | Glenn Booth | MS | 45:58 Rickley Park Primary School | 356 | 45:52 | 22:22 |
| 355 | 303 | 152 | 170 | Ian Chalmers | MS | 45:59 Loughton Manor First School | 316 | 44:55 | 22:02 |
| 356 | 53 | 22 | 283 | Tatiana McIntosh | FS | 46:00 Warwick University | 360 | 45:57 | 22:34 |
| 357 | 304 | 153 | 565 | Grant Naismith | MS | 46:02 | 362 | 46:00 | 22:16 |
| 358 | 305 | 48 | 55 | Shaun Kirtley | M40 | 46:03 Ampthill & Flitwick Flyers | 363 | 46:00 | 22:52 |
| 359 | 306 | 42 | 945 | Shaun Mitchell | M45 | 46:07 | 351 | 45:38 | 22:19 |
| 360 | 307 | 29 | 1146 | Peter Stack | M50 | 46:09 Dunstable Road Runners | 365 | 46:01 | 22:37 |
| 361 | 308 | 43 | 1085 | Ian McPartlan | M45 | 46:10 Buckingham & Stowe | 364 | 46:00 | 22:52 |
| 362 | 54 | 11 | 783 | Lucy Mellor-Brook | F40 | 46:10 | 366 | 46:05 | 22:25 |
| 363 | 55 | 12 | 1142 | Rebecca Hollowell | F40 | 46:11 Northampton Road Runners | 359 | 45:57 | 22:49 |
| 364 | 309 | 154 | 247 | James Civil | MS | 46:13 Spa Striders | 368 | 46:07 | 22:36 |
| 365 | 310 | 1 | 1240 | Morris Dempster | M60 | 46:13 Bedford Harriers | 361 | 46:00 | 22:55 |
| 366 | 311 | 155 | 940 | Peter Harris | MS | 46:15 Riverside Runners | 357 | 45:54 | 23:50 |
| 367 | 312 | 49 | 195 | Jonathan Whittle | M40 | 46:15 Long Meadow School | 370 | 46:09 | 24:03 |
| 368 | 56 | 23 | 844 | Claire Labrum | FS | 46:15 | 369 | 46:07 | 22:46 |
| 369 | 313 | 50 | 833 | Matthew Lilley | M40 | 46:15 | 358 | 45:55 | 23:37 |
| 370 | 314 | 156 | 780 | Stuart Hale | MS | 46:16 Huncote Harriers | 367 | 46:06 | 23:16 |
| 371 | 57 | 13 | 463 | Rebecca Smith | F40 | 46:17 Kenilworth Runners | 373 | 46:12 | 22:59 |
| 372 | 315 | 13 | 65 | Zac Hill | M20 | 46:19 Cambourne Runners | 374 | 46:13 | 23:00 |
| 373 | 316 | 51 | 64 | Garry Hill | M40 | 46:19 Cambourne Runners | 375 | 46:13 | 23:00 |
| 374 | 317 | 157 | 300 | Robert Thompson | MS | 46:20 | 382 | 46:18 | 22:23 |
| 375 | 318 | 52 | 1191 | Alan Bee | M40 | 46:22 | 379 | 46:16 | 22:03 |
| 376 | 58 | 14 | 831 | Hannah Coxhead | F35 | 46:22 Newbury AC | 378 | 46:15 | 22:48 |
| 377 | 319 | 19 | 1077 | Tony Keech | M55 | 46:23 Human Energy AC | 377 | 46:14 | 22:44 |

| | | | | | | | | | | |
|-----|-----|-----|------|-------------------------|-----|-------|-----------------------------|-----|-------|-------|
| 378 | 59 | 24 | 343 | Alexandra McClelland | FS | 46:23 | Warwick University | 381 | 46:16 | 22:52 |
| 379 | 320 | 158 | 1095 | Ben Chatwin | MS | 46:24 | | 380 | 46:16 | 23:42 |
| 380 | 321 | 20 | 1168 | Martin Lawrence | M55 | 46:26 | David Lloyd Redway Runners | 372 | 46:12 | 22:16 |
| 381 | 322 | 2 | 286 | Philip Housden | M60 | 46:27 | Biggleswade AC | 387 | 46:21 | 22:32 |
| 382 | 323 | 159 | 639 | Garety Morris | MS | 46:28 | Oxley Park Academy | 392 | 46:24 | 22:46 |
| 383 | 324 | 53 | 971 | Vic Paci | M40 | 46:28 | Bedford Harriers | 385 | 46:20 | 24:06 |
| 384 | 325 | 30 | 48 | John Walters | M50 | 46:29 | Higham Harriers | 391 | 46:23 | 22:52 |
| 385 | 326 | 54 | 1097 | Robert Moon | M40 | 46:32 | | 371 | 46:12 | 23:08 |
| 386 | 327 | 160 | 801 | Ben Smith | MS | 46:34 | Harborough AC | 389 | 46:22 | 23:16 |
| 387 | 328 | 55 | 1036 | Ian Vallance | M40 | 46:34 | Yaxley Runners & Joggers | 383 | 46:18 | 24:03 |
| 388 | 60 | 14 | 603 | Helen Van Uem | F40 | 46:35 | Wootton Road Runners | 393 | 46:24 | 23:10 |
| 389 | 329 | 161 | 1037 | Kevin Peel | MS | 46:37 | Yaxley Runners & Joggers | 384 | 46:20 | 24:05 |
| 390 | 330 | 56 | 377 | Steve Elliott | M40 | 46:39 | | 405 | 46:39 | 0:00 |
| 391 | 331 | 31 | 665 | Ian Marriott | M50 | 46:39 | Brackley & District | 376 | 46:14 | 23:24 |
| 392 | 332 | 21 | 584 | Kevin Garner | M55 | 46:40 | Wootton Road Runners | 400 | 46:33 | 22:52 |
| 393 | 333 | 162 | 1201 | Tom Saw | MS | 46:40 | | 402 | 46:37 | 22:37 |
| 394 | 334 | 163 | 485 | James Hankers | MS | 46:41 | | 398 | 46:31 | 23:23 |
| 395 | 61 | 15 | 46 | Emma White | F40 | 46:41 | | 401 | 46:36 | 22:26 |
| 396 | 335 | 3 | 467 | Chris Usher | M60 | 46:42 | Buckingham & Stowe | 396 | 46:28 | 23:16 |
| 397 | 62 | 25 | 1227 | Lucy Harris | FS | 46:43 | David Lloyd Redway Runners | 388 | 46:22 | 23:50 |
| 398 | 336 | 32 | 676 | Andy Satterthwaite | M50 | 46:43 | | 403 | 46:38 | 23:48 |
| 399 | 63 | 26 | 539 | Charlotte Jones | FS | 46:44 | Warwick University | 409 | 46:41 | 23:29 |
| 400 | 64 | 15 | 546 | Amanda Hebblethwaite | F35 | 46:45 | Brackley & District | 386 | 46:21 | 24:01 |
| 401 | 337 | 57 | 998 | Mike Bartlett | M40 | 46:46 | | 399 | 46:32 | 24:13 |
| 402 | 338 | 22 | 76 | Richard Franklin | M55 | 46:46 | Rugby & Northampton AC | 390 | 46:22 | 23:34 |
| 403 | 65 | 16 | 1139 | Karen Selby | F40 | 46:48 | Huncote Harriers | 406 | 46:39 | 22:59 |
| 404 | 339 | 164 | 139 | Matt Barnes | MS | 46:49 | | 397 | 46:29 | 23:07 |
| 405 | 340 | 165 | 1086 | Chris Wilson | MS | 46:49 | | 410 | 46:43 | 22:20 |
| 406 | 66 | 27 | 478 | Megan Holden | FS | 46:50 | David Lloyd Redway Runners | 404 | 46:38 | 22:48 |
| 407 | 67 | 2 | 822 | Rasa Giniunaite | F20 | 46:51 | Warwick University | 415 | 46:48 | 23:02 |
| 408 | 341 | 44 | 260 | Simon Tappenden | M45 | 46:51 | Brackley & District | 394 | 46:26 | 22:51 |
| 409 | 342 | 166 | 749 | Paul O'Brien | MS | 46:51 | Harborough AC | 407 | 46:39 | 23:15 |
| 410 | 343 | 167 | 332 | Ian Williams | MS | 46:52 | | 411 | 46:44 | 23:03 |
| 411 | 344 | 33 | 1260 | Andrew Cooke | M50 | 46:53 | Human Energy AC | 413 | 46:46 | 23:14 |
| 412 | 345 | 168 | 818 | Ed Norris | MS | 46:53 | Wellingborough AC | 412 | 46:45 | 24:23 |
| 413 | 68 | 3 | 451 | Katy Warren | F20 | 46:54 | Warwick University | 419 | 46:52 | 23:09 |
| 414 | 69 | 4 | 1051 | Debra Brent | F50 | 46:54 | | 416 | 46:50 | 23:02 |
| 415 | 70 | 5 | 1017 | Julie Martin | F45 | 46:56 | David Lloyd Redway Runners | 408 | 46:41 | 23:10 |
| 416 | 346 | 169 | 1094 | Andrew Rollins | MS | 46:59 | | 418 | 46:51 | 23:42 |
| 417 | 347 | 34 | 208 | Richard Parker | M50 | 47:01 | City of Hull AC | 420 | 46:56 | 23:17 |
| 418 | 348 | 23 | 469 | Robert Wallis | M55 | 47:03 | Bedford Harriers | 395 | 46:27 | 22:52 |
| 419 | 349 | 170 | 11 | Liam Ramshaw | MS | 47:06 | Whittlebury Hall | 422 | 46:59 | 22:44 |
| 420 | 350 | 58 | 1122 | Alan Sherwin | M40 | 47:09 | Leamington C & AC | 426 | 47:04 | 22:54 |
| 421 | 71 | 28 | 330 | Lauren Hankers | FS | 47:10 | Marshall Milton Keynes AC | 423 | 47:00 | 23:14 |
| 422 | 351 | 171 | 1154 | Matt Prosser | MS | 47:10 | | 428 | 47:05 | 23:19 |
| 423 | 352 | 45 | 163 | Douglas Yabsley | M45 | 47:11 | Willen Primary School | 427 | 47:05 | 23:10 |
| 424 | 353 | 24 | 306 | Neil Martin | M55 | 47:11 | Rugby & Northampton AC | 414 | 46:48 | 23:28 |
| 425 | 354 | 59 | 1165 | Ian Arnott | M40 | 47:13 | | 431 | 47:09 | 23:00 |
| 426 | 72 | 16 | 316 | Trudi Unwin | F35 | 47:15 | Huncote Harriers | 429 | 47:06 | 23:06 |
| 427 | 355 | 46 | 596 | Chris Parr | M45 | 47:17 | | 424 | 47:02 | 23:41 |
| 428 | 356 | 35 | 625 | Dave Castledine | M50 | 47:18 | | 437 | 47:13 | 22:51 |
| 429 | 357 | 172 | 572 | Phil Brittain | MS | 47:18 | Wootton Road Runners | 436 | 47:13 | 23:27 |
| 430 | 358 | 173 | 1149 | Robert English | MS | 47:19 | | 417 | 46:50 | 23:31 |
| 431 | 73 | 29 | 725 | Lucy Turner | FS | 47:19 | | 430 | 47:06 | 23:14 |
| 432 | 74 | 17 | 992 | Julie West | F40 | 47:20 | Huncote Harriers | 432 | 47:10 | 23:26 |
| 433 | 359 | 60 | 339 | Lewis Griffiths | M40 | 47:21 | City of London Running Club | 421 | 46:58 | 23:50 |
| 434 | 360 | 4 | 909 | Chris Stapleton | M60 | 47:23 | Bushfield Joggers | 433 | 47:12 | 23:36 |
| 435 | 361 | 25 | 671 | Phil Marshall | M55 | 47:24 | Stratford upon Avon | 439 | 47:15 | 23:17 |
| 436 | 75 | 30 | 878 | Megan Knight | FS | 47:26 | | 435 | 47:13 | 24:35 |
| 437 | 362 | 174 | 836 | Robert Hardwick | MS | 47:27 | | 438 | 47:15 | 23:45 |
| 438 | 363 | 61 | 1211 | James Meade | M40 | 47:29 | Wootton Road Runners | 441 | 47:18 | 23:33 |
| 439 | 364 | 175 | 1181 | Chris Parker | MS | 47:29 | Nissan Euro Runners | 443 | 47:21 | 22:39 |
| 440 | 76 | 1 | 586 | Rosemary Van der Putten | F55 | 47:31 | Human Energy AC | 447 | 47:26 | 23:33 |
| 441 | 365 | 26 | 1150 | Chris English | M55 | 47:32 | | 425 | 47:03 | 23:31 |
| 442 | 366 | 176 | 1090 | Simon Taylor | MS | 47:32 | | 445 | 47:22 | 23:15 |
| 443 | 367 | 36 | 41 | Michael Dowdy | M50 | 47:34 | Wootton Road Runners | 446 | 47:24 | 23:47 |

| | | | | | | | | | | |
|-----|-----|-----|------|---------------------|-----|-------|------------------------------|-----|-------|-------|
| 444 | 368 | 27 | 337 | Richard White | M55 | 47:35 | Tring Running Club | 440 | 47:17 | 23:12 |
| 445 | 77 | 6 | 579 | Sarah Jones | F45 | 47:36 | Northampton Road Runners | 442 | 47:20 | 23:20 |
| 446 | 78 | 17 | 534 | Joanna Malagocka | F35 | 47:39 | | 456 | 47:37 | 23:28 |
| 447 | 79 | 31 | 834 | Sophie Windmill | FS | 47:40 | | 449 | 47:28 | 23:45 |
| 448 | 369 | 47 | 1241 | Paul Baker | M45 | 47:41 | | 444 | 47:21 | 23:55 |
| 449 | 80 | 32 | 293 | Stacey Owen | FS | 47:42 | Bedford Harriers | 457 | 47:39 | 23:18 |
| 450 | 370 | 37 | 829 | Chris Fadden | M50 | 47:43 | Bedford Harriers | 451 | 47:32 | 23:23 |
| 451 | 81 | 7 | 504 | Kate Evans | F45 | 47:44 | Spa Striders | 450 | 47:30 | 23:26 |
| 452 | 82 | 18 | 212 | Julie-Ann Hammond | F40 | 47:44 | | 448 | 47:26 | 23:18 |
| 453 | 371 | 177 | 948 | Michael Collins | MS | 47:48 | Huncote Harriers | 458 | 47:41 | 23:18 |
| 454 | 372 | 62 | 1093 | Harvey Sugden | M40 | 47:50 | | 455 | 47:37 | 23:59 |
| 455 | 83 | 8 | 350 | Jayne Cooper | F45 | 47:51 | Brackley & District | 454 | 47:36 | 23:23 |
| 456 | 373 | 38 | 901 | Robert Green | M50 | 47:52 | | 453 | 47:35 | 23:38 |
| 457 | 374 | 178 | 1256 | Christian Williams | MS | 47:54 | | 434 | 47:12 | 24:35 |
| 458 | 375 | 14 | 1092 | Joe Winterburn | M20 | 47:54 | | 466 | 47:51 | 22:27 |
| 459 | 376 | 39 | 1024 | Stephen Clough | M50 | 47:55 | | 462 | 47:47 | 24:08 |
| 460 | 84 | 18 | 238 | Lorna Spenceley | F35 | 47:56 | Brackley & District | 459 | 47:41 | 23:37 |
| 461 | 377 | 48 | 1103 | Noel Jones | M45 | 47:57 | Bedford Harriers | 464 | 47:49 | 24:03 |
| 462 | 378 | 40 | 263 | Chris Horn | M50 | 47:58 | Shenley Striders | 463 | 47:48 | 23:36 |
| 463 | 379 | 179 | 1251 | Jim Davies | MS | 47:59 | Silverstone Circuits | 461 | 47:45 | 24:35 |
| 464 | 380 | 180 | 812 | Mark Elder | MS | 48:02 | Burnham Joggers | 452 | 47:34 | 23:19 |
| 465 | 85 | 33 | 1250 | Rohanna Crouch | FS | 48:05 | Silverstone Circuits | 468 | 47:52 | 24:35 |
| 466 | 381 | 49 | 737 | Mark Childs | M45 | 48:07 | Marshall Milton Keynes AC | 470 | 47:53 | 23:36 |
| 467 | 382 | 181 | 697 | Dano Stack | MS | 48:08 | | 475 | 48:00 | 22:47 |
| 468 | 383 | 182 | 396 | Tim Humphries | MS | 48:09 | | 460 | 47:43 | 24:04 |
| 469 | 384 | 50 | 716 | Mark Squire | M45 | 48:10 | | 476 | 48:02 | 24:02 |
| 470 | 385 | 63 | 1039 | Gary Masters | M40 | 48:11 | Yaxley Runners & Joggers | 469 | 47:53 | 24:59 |
| 471 | 386 | 51 | 1214 | John Eales | M45 | 48:12 | Northampton Road Runners | 473 | 47:55 | 24:11 |
| 472 | 86 | 5 | 1098 | Wendy Parker | F50 | 48:13 | Northampton Road Runners | 474 | 47:58 | 23:29 |
| 473 | 387 | 64 | 876 | Martin Whieldon | M40 | 48:14 | | 479 | 48:08 | 24:23 |
| 474 | 388 | 183 | 544 | Martin Earnshaw | MS | 48:14 | | 467 | 47:52 | 24:08 |
| 475 | 389 | 184 | 915 | Stephen Iley | MS | 48:15 | Riverside Runners | 471 | 47:53 | 23:49 |
| 476 | 390 | 41 | 719 | Tony Swindells | M50 | 48:16 | Wootton Road Runners | 477 | 48:07 | 24:11 |
| 477 | 87 | 6 | 1187 | Gabrielle Deere | F50 | 48:16 | Wootton Road Runners | 478 | 48:08 | 24:11 |
| 478 | 391 | 185 | 1242 | Matt Anslow | MS | 48:18 | | 485 | 48:15 | 23:28 |
| 479 | 392 | 42 | 605 | Robin Schumacher | M50 | 48:20 | | 484 | 48:15 | 23:49 |
| 480 | 393 | 186 | 1238 | Adrian Gilbert | MS | 48:21 | | 472 | 47:55 | 23:29 |
| 481 | 394 | 65 | 1155 | Mark Douglas | M40 | 48:22 | | 481 | 48:10 | 24:37 |
| 482 | 395 | 187 | 26 | Pete Pearson | MS | 48:23 | Whittlebury Hall | 486 | 48:16 | 24:16 |
| 483 | 88 | 19 | 1014 | Helen Woolley | F35 | 48:23 | Bedford Harriers | 493 | 48:21 | 23:57 |
| 484 | 89 | 34 | 1158 | Maria Williams | FS | 48:24 | David Lloyd Redway Runners | 480 | 48:10 | 23:55 |
| 485 | 396 | 188 | 1031 | Brian Jenkins | MS | 48:25 | | 482 | 48:14 | 24:47 |
| 486 | 397 | 189 | 964 | Daniel Foot | MS | 48:28 | | 497 | 48:25 | 24:04 |
| 487 | 398 | 190 | 104 | Nader Zarei | MS | 48:29 | Nissan Euro Runners | 491 | 48:20 | 24:04 |
| 488 | 399 | 43 | 44 | Rob Britten | M50 | 48:30 | Kettering Town Harriers | 488 | 48:18 | 23:47 |
| 489 | 400 | 66 | 548 | Stuart Dimmock | M40 | 48:30 | | 489 | 48:19 | 24:20 |
| 490 | 401 | 67 | 581 | Stuart Slade | M40 | 48:34 | | 483 | 48:14 | 23:54 |
| 491 | 402 | 44 | 827 | Clyde Goodwin | M50 | 48:34 | Bicester AC | 487 | 48:17 | 24:10 |
| 492 | 403 | 191 | 760 | Duncan MacDonald | MS | 48:35 | Great Linford Primary School | 496 | 48:23 | 23:45 |
| 493 | 404 | 192 | 113 | Russell Wilkins | MS | 48:36 | Nissan Euro Runners | 499 | 48:28 | 24:06 |
| 494 | 90 | 7 | 73 | Beverley Tredget | F50 | 48:36 | Bedford Harriers | 508 | 48:33 | 23:48 |
| 495 | 405 | 193 | 912 | Paul Carter | MS | 48:36 | David Lloyd Redway Runners | 494 | 48:22 | 24:00 |
| 496 | 406 | 194 | 381 | David Burnett | MS | 48:37 | Stopsley Striders | 503 | 48:29 | 24:05 |
| 497 | 407 | 52 | 321 | David Knutton | M45 | 48:37 | | 492 | 48:21 | 24:08 |
| 498 | 408 | 5 | 806 | Phil Mellor | M60 | 48:38 | | 507 | 48:33 | 24:09 |
| 499 | 409 | 68 | 1193 | Jeremy Green | M40 | 48:40 | | 498 | 48:27 | 23:42 |
| 500 | 410 | 28 | 1009 | Roger Odell | M55 | 48:41 | | 509 | 48:35 | 23:32 |
| 501 | 411 | 53 | 961 | Darren Byfield | M45 | 48:44 | Northampton Road Runners | 500 | 48:28 | 24:31 |
| 502 | 412 | 195 | 967 | Ben Jenkins | MS | 48:46 | | 505 | 48:32 | 24:01 |
| 503 | 413 | 45 | 932 | Andy Cowden | M50 | 48:47 | Bere Alston Trekkers | 490 | 48:20 | 24:18 |
| 504 | 414 | 6 | 738 | Keith Cook | M65 | 48:47 | Marshall Milton Keynes AC | 510 | 48:36 | 23:47 |
| 505 | 415 | 196 | 973 | Charlie Hollings | MS | 48:49 | | 465 | 47:50 | 23:45 |
| 506 | 416 | 69 | 536 | James Booth | M40 | 48:51 | | 501 | 48:29 | 23:46 |
| 507 | 417 | 29 | 785 | Paul Barry Johnson | M55 | 48:54 | | 504 | 48:31 | 23:35 |
| 508 | 418 | 197 | 813 | Kelly Snellenbarger | MS | 48:57 | | 502 | 48:29 | 23:21 |
| 509 | 419 | 70 | 137 | Kevin Meadows | M40 | 48:58 | | 515 | 48:47 | 23:54 |

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|-----|-----|-----|------|---------------------|-----|-------|-----------------------------|-----|-------|-------|
| 510 | 420 | 198 | 512 | Jake Wickings-Davis | MS | 49:02 | Avenue Amblers | 512 | 48:38 | 24:24 |
| 511 | 421 | 6 | 863 | Philip Sawdall | M60 | 49:03 | | 517 | 48:49 | 24:17 |
| 512 | 91 | 9 | 299 | Michaela Colwell | F45 | 49:03 | Tring Running Club | 514 | 48:46 | 23:55 |
| 513 | 422 | 199 | 947 | Ernesto Zedan | MS | 49:04 | | 495 | 48:23 | 23:38 |
| 514 | 423 | 71 | 931 | Philip King | M40 | 49:04 | Bere Alston Trekkers | 511 | 48:36 | 24:39 |
| 515 | 424 | 200 | 854 | Chris Pickering | MS | 49:05 | | 518 | 48:50 | 24:00 |
| 516 | 425 | 201 | 928 | Bradley Mabbutt | MS | 49:05 | Abingdon AC | 516 | 48:48 | 24:24 |
| 517 | 426 | 30 | 849 | Joe Nolan | M55 | 49:09 | British Airways AC | 524 | 49:02 | 24:45 |
| 518 | 427 | 54 | 219 | Julian Perrott | M45 | 49:10 | Long Meadow School | 513 | 48:42 | 24:23 |
| 519 | 428 | 15 | 868 | Harry Waddington | M20 | 49:12 | Harborough AC | 523 | 49:00 | 25:39 |
| 520 | 429 | 31 | 673 | Jon Dilworth | M55 | 49:12 | Northampton Road Runners | 521 | 48:57 | 23:51 |
| 521 | 92 | 20 | 1062 | Liz Pharoah | F35 | 49:14 | Northbrook AC | 522 | 48:57 | 23:47 |
| 522 | 93 | 10 | 708 | Barbara Fulton | F45 | 49:15 | Kettering Town Harriers | 525 | 49:02 | 23:55 |
| 523 | 430 | 202 | 324 | Stephen Cody | MS | 49:17 | | 506 | 48:32 | 24:25 |
| 524 | 431 | 72 | 850 | Richard Olney | M40 | 49:19 | | 519 | 48:54 | 24:53 |
| 525 | 432 | 73 | 511 | David Spooner | M40 | 49:21 | Stamford Striders | 526 | 49:04 | 24:55 |
| 526 | 433 | 203 | 86 | Lewis Healey | MS | 49:22 | | 520 | 48:57 | 25:14 |
| 527 | 94 | 11 | 693 | Victoria Watson | F45 | 49:26 | Wellingborough AC | 531 | 49:18 | 24:22 |
| 528 | 95 | 35 | 731 | Kim Geeves | FS | 49:28 | Wellingborough AC | 535 | 49:18 | 24:00 |
| 529 | 434 | 7 | 75 | Charles Jones | M60 | 49:29 | Northbrook AC | 529 | 49:16 | 24:18 |
| 530 | 435 | 32 | 921 | Rod Goodwin | M55 | 49:29 | Kenilworth Runners | 532 | 49:18 | 24:49 |
| 531 | 96 | 12 | 361 | Joanna Smith | F45 | 49:30 | Willen Primary School | 537 | 49:24 | 24:04 |
| 532 | 436 | 74 | 817 | Steve Gordon | M40 | 49:32 | | 533 | 49:18 | 24:40 |
| 533 | 437 | 55 | 750 | Alex Dunkley | M45 | 49:39 | | 543 | 49:33 | 24:27 |
| 534 | 438 | 204 | 14 | Barry Clarke | MS | 49:39 | Whittlebury Hall | 530 | 49:16 | 24:28 |
| 535 | 439 | 205 | 956 | Gary Ireson | MS | 49:40 | | 536 | 49:20 | 25:36 |
| 536 | 440 | 75 | 1249 | Simon Lowin | M40 | 49:40 | | 527 | 49:11 | 24:45 |
| 537 | 441 | 33 | 672 | Malcolm Headland | M55 | 49:41 | Wellingborough AC | 540 | 49:30 | 24:38 |
| 538 | 442 | 76 | 744 | Jude Okoye | M40 | 49:41 | Wootton Road Runners | 534 | 49:18 | 24:56 |
| 539 | 97 | 19 | 1159 | Zoe Hemsley | F40 | 49:41 | Wootton Road Runners | 542 | 49:32 | 25:01 |
| 540 | 443 | 206 | 522 | David Teacy | MS | 49:42 | | 538 | 49:29 | 24:35 |
| 541 | 444 | 207 | 1161 | Dan Billingham | MS | 49:44 | | 539 | 49:30 | 24:37 |
| 542 | 445 | 77 | 1089 | Mark Thompson | M40 | 49:47 | Wigston Phoenix | 545 | 49:35 | 24:31 |
| 543 | 446 | 208 | 1255 | James Harris | MS | 49:50 | | 528 | 49:12 | 24:37 |
| 544 | 447 | 209 | 32 | Ian Brown | MS | 49:51 | Whittlebury Hall | 552 | 49:45 | 24:31 |
| 545 | 448 | 34 | 555 | Peter Morris | M55 | 49:52 | | 549 | 49:43 | 24:55 |
| 546 | 449 | 210 | 1030 | Stuart Burnett | MS | 49:53 | | 544 | 49:35 | 24:54 |
| 547 | 450 | 35 | 123 | Dave Morgan | M55 | 49:53 | | 541 | 49:32 | 24:28 |
| 548 | 451 | 56 | 898 | Andy Jackson | M45 | 49:55 | | 555 | 49:47 | 23:43 |
| 549 | 452 | 211 | 442 | Rohit Sehdev | MS | 49:56 | Bedford Harriers | 553 | 49:45 | 24:42 |
| 550 | 453 | 212 | 1083 | Chris Kneller | MS | 49:57 | | 546 | 49:37 | 23:59 |
| 551 | 454 | 8 | 1152 | Graham Roberts | M60 | 49:57 | Leamington C & AC | 554 | 49:46 | 24:39 |
| 552 | 98 | 21 | 791 | Karen Tincknell | F35 | 49:57 | Marshall Milton Keynes AC | 548 | 49:41 | 24:32 |
| 553 | 455 | 213 | 120 | Steve Megson | MS | 49:58 | Yaxley Runners & Joggers | 551 | 49:44 | 24:41 |
| 554 | 456 | 78 | 889 | Mark Manning | M40 | 49:58 | | 547 | 49:39 | 25:36 |
| 555 | 457 | 214 | 291 | Dan Ison | MS | 50:04 | | 557 | 49:48 | 24:27 |
| 556 | 458 | 215 | 1029 | Michael Georgallis | MS | 50:05 | | 556 | 49:48 | 24:21 |
| 557 | 99 | 22 | 1148 | Wendy Duke | F35 | 50:06 | Kettering Town Harriers | 550 | 49:44 | 24:12 |
| 558 | 459 | 57 | 517 | Jonathan Fox | M45 | 50:07 | Buckingham & Stowe | 563 | 49:58 | 24:40 |
| 559 | 100 | 4 | 344 | Alice Mortiboy | F20 | 50:08 | Warwick University | 565 | 50:00 | 24:33 |
| 560 | 460 | 36 | 857 | Paul Cozens | M55 | 50:10 | Sphinx AC | 561 | 49:54 | 24:51 |
| 561 | 461 | 46 | 1248 | Julian Horsley | M50 | 50:13 | | 558 | 49:50 | 24:38 |
| 562 | 462 | 58 | 1106 | Andrew Mallery | M45 | 50:13 | Winslow Harriers | 559 | 49:52 | 24:23 |
| 563 | 101 | 13 | 742 | Antoinette Kiely | F45 | 50:16 | Wootton Road Runners | 567 | 50:07 | 24:33 |
| 564 | 463 | 59 | 424 | Paul Braddock | M45 | 50:17 | Northampton Road Runners | 566 | 50:02 | 25:11 |
| 565 | 464 | 216 | 661 | Alex Stephenson | MS | 50:19 | | 562 | 49:55 | 23:56 |
| 566 | 465 | 217 | 228 | Paul Vickers | MS | 50:21 | Rickley Park Primary School | 570 | 50:12 | 24:13 |
| 567 | 102 | 36 | 907 | Amy Vaughan | FS | 50:23 | Wellingborough AC | 571 | 50:13 | 24:44 |
| 568 | 466 | 47 | 815 | Paul Tebbs | M50 | 50:23 | Bushfield Joggers | 569 | 50:12 | 25:00 |
| 569 | 467 | 48 | 289 | Stephen Barringer | M50 | 50:24 | Harborough AC | 560 | 49:54 | 26:07 |
| 570 | 468 | 9 | 462 | Philip Norman | M60 | 50:25 | Riverside Runners | 575 | 50:19 | 24:49 |
| 571 | 469 | 10 | 325 | Cliff Bebbington | M60 | 50:29 | | 564 | 50:00 | 24:59 |
| 572 | 470 | 79 | 592 | Stephen Fallows | M40 | 50:30 | | 577 | 50:21 | 25:00 |
| 573 | 103 | 5 | 284 | Evie McDermott | F20 | 50:31 | Warwick University | 581 | 50:29 | 25:20 |
| 574 | 104 | 23 | 981 | Sarah Bayes | F35 | 50:32 | Wellingborough AC | 578 | 50:23 | 24:41 |
| 575 | 471 | 218 | 924 | Andy Brown | MS | 50:33 | | 572 | 50:14 | 25:21 |

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|-----|-----|-----|------|---------------------|-----|-------|-----------------------------|-----|-------|-------|
| 576 | 472 | 60 | 830 | Robert Coles | M45 | 50:34 | Yaxley Runners & Joggers | 573 | 50:17 | 25:41 |
| 577 | 473 | 219 | 588 | Stuart Winfield | MS | 50:35 | | 580 | 50:26 | 25:00 |
| 578 | 474 | 220 | 242 | Daniel Trasler | MS | 50:35 | Sibleby Running Club | 574 | 50:19 | 24:23 |
| 579 | 475 | 221 | 441 | Matthew Fleckney | MS | 50:39 | | 579 | 50:25 | 25:27 |
| 580 | 105 | 20 | 916 | Annette Russell | F40 | 50:41 | | 584 | 50:32 | 25:05 |
| 581 | 476 | 222 | 131 | Andrew Alessi | MS | 50:42 | | 576 | 50:20 | 25:05 |
| 582 | 106 | 8 | 628 | Jackie King | F50 | 50:43 | Harborough AC | 582 | 50:30 | 24:59 |
| 583 | 477 | 37 | 1237 | Brian Malin | M55 | 50:47 | Rugby & Northampton AC | 591 | 50:41 | 25:28 |
| 584 | 107 | 21 | 926 | Helen Walden | F40 | 50:50 | | 587 | 50:37 | 25:02 |
| 585 | 478 | 80 | 1133 | Justin Saw | M40 | 50:50 | | 588 | 50:37 | 25:37 |
| 586 | 108 | 37 | 440 | Rebecca Fleckney | FS | 50:51 | Ampthill & Flitwick Flyers | 586 | 50:36 | 25:26 |
| 587 | 109 | 14 | 732 | Sam Nash | F45 | 50:51 | Wootton Road Runners | 590 | 50:40 | 25:22 |
| 588 | 479 | 61 | 675 | Robert Edwards | M45 | 50:52 | | 597 | 50:47 | 24:48 |
| 589 | 480 | 81 | 703 | Ulen Neale | M40 | 50:54 | Headington Road Runners | 585 | 50:34 | 25:59 |
| 590 | 481 | 49 | 578 | Eugene O'Sullivan | M50 | 50:55 | | 583 | 50:32 | 24:55 |
| 591 | 482 | 223 | 118 | Jon Remeika | MS | 50:56 | | 592 | 50:41 | 25:03 |
| 592 | 110 | 15 | 262 | Deb Hulbert | F45 | 50:56 | Huncote Harriers | 605 | 50:52 | 24:49 |
| 593 | 483 | 82 | 941 | Stephen Chapman | M40 | 50:57 | | 594 | 50:44 | 25:47 |
| 594 | 111 | 6 | 810 | Ula Sever | F20 | 50:59 | Warwick University | 613 | 50:57 | 24:38 |
| 595 | 112 | 22 | 164 | Lisa Yabsley | F40 | 51:01 | Willen Primary School | 609 | 50:55 | 24:04 |
| 596 | 484 | 83 | 838 | David Henderson | M40 | 51:01 | | 589 | 50:39 | 25:05 |
| 597 | 113 | 23 | 651 | Alita Holding | F40 | 51:02 | Oxley Park Academy | 599 | 50:49 | 0:00 |
| 598 | 114 | 38 | 650 | Emma Keane | FS | 51:02 | Oxley Park Academy | 601 | 50:50 | 0:00 |
| 599 | 115 | 39 | 641 | Rubi Lopez Cordoba | FS | 51:03 | Oxley Park Academy | 602 | 50:51 | 0:00 |
| 600 | 116 | 24 | 979 | Debbi Hutt | F40 | 51:03 | | 611 | 50:56 | 24:53 |
| 601 | 117 | 40 | 1185 | Lucy Price | FS | 51:04 | Buckingham & Stowe | 603 | 50:51 | 25:14 |
| 602 | 118 | 41 | 642 | Rachel Newsholme | FS | 51:05 | Oxley Park Academy | 607 | 50:53 | 0:00 |
| 603 | 119 | 7 | 819 | Sarah Rowse | F20 | 51:06 | | 612 | 50:56 | 25:05 |
| 604 | 485 | 50 | 937 | Nicky Haycock | M50 | 51:07 | | 568 | 50:08 | 24:49 |
| 605 | 486 | 38 | 894 | Alan Kyte | M55 | 51:07 | | 598 | 50:48 | 25:00 |
| 606 | 487 | 224 | 13 | Karel Jangcek | MS | 51:08 | Whittlebury Hall | 595 | 50:47 | 23:33 |
| 607 | 488 | 84 | 20 | Patrick Borg | M40 | 51:09 | Whittlebury Hall | 600 | 50:50 | 24:42 |
| 608 | 489 | 85 | 310 | Jon Lawson | M40 | 51:10 | | 606 | 50:53 | 25:19 |
| 609 | 120 | 25 | 115 | Kassia Gardner | F40 | 51:10 | David Lloyd Redway Runners | 610 | 50:55 | 25:18 |
| 610 | 490 | 225 | 142 | Ben Siviter | MS | 51:11 | | 604 | 50:52 | 24:53 |
| 611 | 491 | 86 | 1054 | Ryan Heron | M40 | 51:12 | | 593 | 50:43 | 26:39 |
| 612 | 492 | 11 | 1180 | Dave Burk | M60 | 51:12 | Wootton Road Runners | 616 | 51:02 | 26:20 |
| 613 | 493 | 51 | 79 | Alan Field | M50 | 51:12 | | 596 | 50:47 | 26:15 |
| 614 | 121 | 9 | 468 | Jen Loveday | F50 | 51:13 | Bedford Harriers | 618 | 51:03 | 25:30 |
| 615 | 122 | 2 | 372 | Catherine Wright | F55 | 51:13 | Corby AC | 617 | 51:03 | 25:29 |
| 616 | 123 | 26 | 333 | Katie Williams | F40 | 51:13 | | 619 | 51:04 | 25:30 |
| 617 | 494 | 226 | 792 | Chris Hart | MS | 51:16 | | 608 | 50:54 | 24:52 |
| 618 | 124 | 27 | 1078 | Deana Loveridge | F40 | 51:17 | Wootton Road Runners | 626 | 51:10 | 26:23 |
| 619 | 495 | 227 | 145 | Ryan Griffiths | MS | 51:17 | | 634 | 51:17 | 24:23 |
| 620 | 496 | 228 | 1258 | Ben Hassell | MS | 51:18 | | 621 | 51:06 | 26:25 |
| 621 | 125 | 42 | 27 | Nicola Daley | FS | 51:19 | Whittlebury Hall | 630 | 51:12 | 25:21 |
| 622 | 497 | 87 | 311 | Peter Greaves | M40 | 51:19 | | 627 | 51:11 | 24:48 |
| 623 | 498 | 62 | 421 | Colin Lamony | M45 | 51:20 | | 614 | 50:57 | 25:16 |
| 624 | 499 | 63 | 696 | Steve Hayton | M45 | 51:20 | Fetch Everyone Running Club | 615 | 50:59 | 25:17 |
| 625 | 126 | 43 | 781 | Lesley Hale | FS | 51:21 | Huncote Harriers | 623 | 51:09 | 25:10 |
| 626 | 127 | 28 | 875 | Wendy Thompson | F40 | 51:21 | Huncote Harriers | 629 | 51:12 | 24:53 |
| 627 | 500 | 52 | 406 | Andrew Skelding | M50 | 51:24 | Team Derby Runner | 620 | 51:06 | 24:56 |
| 628 | 501 | 39 | 949 | Gary Moore | M55 | 51:25 | Bedford Harriers | 625 | 51:10 | 24:58 |
| 629 | 502 | 229 | 670 | Stuart Craig | MS | 51:28 | | 622 | 51:07 | 25:43 |
| 630 | 503 | 88 | 574 | Gavin Hall | M40 | 51:28 | Wymondham AC | 633 | 51:16 | 25:24 |
| 631 | 128 | 44 | 415 | Kit Nicholson | FS | 51:30 | | 635 | 51:18 | 25:32 |
| 632 | 504 | 53 | 308 | Charles Corbett | M50 | 51:32 | | 632 | 51:16 | 26:27 |
| 633 | 505 | 230 | 370 | Henk Pastoor | MS | 51:33 | | 628 | 51:12 | 24:49 |
| 634 | 129 | 24 | 1259 | Liisa Janou | F35 | 51:35 | | 636 | 51:23 | 26:08 |
| 635 | 506 | 89 | 654 | Jason Taylor | M40 | 51:36 | | 631 | 51:12 | 24:10 |
| 636 | 130 | 10 | 872 | Diana Craig | F50 | 51:37 | | 640 | 51:27 | 25:00 |
| 637 | 507 | 231 | 368 | Martin Emery | MS | 51:40 | | 624 | 51:09 | 25:04 |
| 638 | 508 | 54 | 910 | Andy Cottrell | M50 | 51:40 | Northampton Road Runners | 637 | 51:24 | 25:39 |
| 639 | 131 | 29 | 521 | Christelle Celerier | F40 | 51:41 | | 642 | 51:29 | 25:27 |
| 640 | 132 | 30 | 403 | Amanda Williams | F40 | 51:42 | Brackley & District | 639 | 51:26 | 26:04 |
| 641 | 133 | 31 | 1204 | Sandra Heryet | F40 | 51:45 | Hook Norton Harriers | 647 | 51:34 | 25:19 |

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| 642 | 509 | 16 | 196 | Jacob Whittle | M20 | 51:45 | Long Meadow School | 653 | 51:39 | 24:03 |
| 643 | 510 | 232 | 71 | James Hutton | MS | 51:46 | | 644 | 51:32 | 26:06 |
| 644 | 511 | 90 | 329 | Richard Hands | M40 | 51:47 | Northbrook AC | 650 | 51:36 | 22:46 |
| 645 | 512 | 233 | 808 | Tom Longmuir | MS | 51:47 | Bushfield Joggers | 649 | 51:36 | 25:36 |
| 646 | 513 | 234 | 514 | Callum Furness | MS | 51:50 | Avenue Amblers | 641 | 51:28 | 25:42 |
| 647 | 514 | 64 | 253 | Brian Watson | M45 | 51:50 | British Triathlon | 656 | 51:43 | 25:21 |
| 648 | 515 | 7 | 585 | Daniel Van der Putten | M65 | 51:50 | Human Energy AC | 661 | 51:46 | 25:18 |
| 649 | 516 | 235 | 925 | Niall Turner | MS | 51:51 | | 643 | 51:32 | 25:21 |
| 650 | 517 | 55 | 128 | Andrew Monk | M50 | 51:52 | | 652 | 51:38 | 25:44 |
| 651 | 518 | 91 | 856 | Robin Frost | M40 | 51:52 | Wootton Road Runners | 655 | 51:41 | 25:42 |
| 652 | 519 | 236 | 435 | Michael Neenan | MS | 51:52 | | 646 | 51:34 | 25:12 |
| 653 | 520 | 237 | 376 | David Graves | MS | 51:53 | | 638 | 51:25 | 25:52 |
| 654 | 521 | 238 | 1190 | Matt Smith | MS | 51:53 | | 663 | 51:47 | 24:56 |
| 655 | 522 | 65 | 1053 | Michael Dent | M45 | 51:55 | | 651 | 51:37 | 25:36 |
| 656 | 523 | 239 | 763 | James Pargetter | MS | 51:56 | Glastonbury Thorn | 654 | 51:41 | 26:40 |
| 657 | 524 | 92 | 190 | Steve Godfrey | M40 | 51:57 | Long Meadow School | 665 | 51:53 | 25:29 |
| 658 | 134 | 16 | 189 | Maggie Godfrey | F45 | 51:58 | Long Meadow School | 667 | 51:54 | 25:17 |
| 659 | 135 | 45 | 1001 | Emily Keggin | FS | 51:58 | Wellingborough AC | 662 | 51:47 | 25:37 |
| 660 | 525 | 40 | 355 | Anthony Harper | M55 | 51:59 | Kimberley & District Striders | 659 | 51:46 | 25:21 |
| 661 | 526 | 56 | 983 | Russell Cartwright | M50 | 51:59 | Bedford Harriers | 648 | 51:35 | 26:09 |
| 662 | 527 | 41 | 660 | Richard Gardner | M55 | 52:00 | | 645 | 51:33 | 25:56 |
| 663 | 528 | 240 | 351 | Santhosh Sankaranarayanan | MS | 52:01 | | 673 | 51:57 | 24:54 |
| 664 | 136 | 46 | 204 | Emma Richardson | FS | 52:02 | Long Meadow School | 671 | 51:56 | 25:15 |
| 665 | 137 | 47 | 1048 | Joanne James | FS | 52:03 | Wootton Road Runners | 670 | 51:55 | 26:23 |
| 666 | 529 | 241 | 233 | Ben Courtney | MS | 52:04 | | 668 | 51:54 | 26:37 |
| 667 | 138 | 17 | 487 | Sarah Jones | F45 | 52:07 | David Lloyd Redway Runners | 664 | 51:53 | 25:40 |
| 668 | 530 | 242 | 225 | Steve Burdett | MS | 52:08 | Rickley Park Primary School | 675 | 51:59 | 25:13 |
| 669 | 531 | 42 | 255 | Stephen Crane | M55 | 52:11 | Bedford Harriers | 658 | 51:45 | 25:28 |
| 670 | 532 | 66 | 569 | Steve Laycock | M45 | 52:12 | | 660 | 51:46 | 25:52 |
| 671 | 533 | 43 | 1184 | John Fletcher | M55 | 52:13 | | 657 | 51:45 | 26:01 |
| 672 | 139 | 32 | 1052 | Helen Deacon | F40 | 52:14 | | 672 | 51:56 | 25:35 |
| 673 | 534 | 57 | 1057 | Andrew Camm | M50 | 52:15 | | 669 | 51:54 | 25:40 |
| 674 | 535 | 243 | 1143 | James McGowan | MS | 52:15 | Northampton Road Runners | 676 | 51:59 | 25:11 |
| 675 | 140 | 18 | 276 | Philippa Evett | F45 | 52:16 | Harpenden Arrows | 682 | 52:11 | 25:24 |
| 676 | 536 | 44 | 891 | Nigel Birch | M55 | 52:16 | | 678 | 52:01 | 25:44 |
| 677 | 537 | 1 | 302 | Anthony Cotton | M75 | 52:18 | BRJ Run and Tri | 674 | 51:59 | 25:49 |
| 678 | 538 | 67 | 751 | David Robertson | M45 | 52:18 | UKNetRunner | 677 | 52:00 | 25:31 |
| 679 | 539 | 244 | 1050 | Glen Cousner | MS | 52:20 | Wootton Road Runners | 684 | 52:13 | 26:01 |
| 680 | 540 | 93 | 524 | Bob Gibbs | M40 | 52:21 | | 666 | 51:54 | 26:02 |
| 681 | 141 | 11 | 556 | Gillian Brightwell | F50 | 52:21 | Wellingborough AC | 683 | 52:11 | 25:24 |
| 682 | 541 | 68 | 171 | Andy Nicholas | M45 | 52:23 | Loughton Manor First School | 680 | 52:04 | 25:11 |
| 683 | 542 | 8 | 620 | Thomas Dable | M65 | 52:25 | Kenilworth Runners | 687 | 52:22 | 26:07 |
| 684 | 142 | 33 | 918 | Marie Hammond | F40 | 52:28 | Higham Harriers | 685 | 52:17 | 26:11 |
| 685 | 143 | 48 | 771 | Helen King | FS | 52:33 | Wellingborough AC | 689 | 52:23 | 25:38 |
| 686 | 543 | 9 | 779 | Ed Hill | M65 | 52:34 | Marshall Milton Keynes AC | 686 | 52:18 | 25:53 |
| 687 | 544 | 245 | 146 | Greg Withey | MS | 52:36 | | 688 | 52:22 | 26:23 |
| 688 | 545 | 246 | 934 | Matthew Norton | MS | 52:36 | | 679 | 52:02 | 26:18 |
| 689 | 546 | 69 | 439 | Steven Ashman | M45 | 52:38 | | 690 | 52:24 | 25:34 |
| 690 | 547 | 247 | 1125 | Mitsuru Shimizu | MS | 52:41 | | 692 | 52:32 | 25:28 |
| 691 | 548 | 10 | 984 | Dennis Weinberg | M65 | 52:45 | | 691 | 52:28 | 26:09 |
| 692 | 549 | 1 | 604 | John Hallett | M70 | 52:47 | | 697 | 52:37 | 26:40 |
| 693 | 550 | 58 | 711 | Carrie Carruthers | M50 | 52:50 | Wootton Road Runners | 698 | 52:37 | 25:56 |
| 694 | 551 | 248 | 699 | Raphael Lorgere | MS | 52:51 | Warwick University | 705 | 52:44 | 24:38 |
| 695 | 552 | 249 | 1206 | Mark Moran | MS | 52:52 | Sphinx AC | 694 | 52:35 | 26:14 |
| 696 | 553 | 70 | 1257 | Kevin Craddock | M45 | 52:53 | | 709 | 52:49 | 26:11 |
| 697 | 554 | 71 | 1164 | Robert Villette | M45 | 52:54 | Coventry Godiva | 699 | 52:39 | 25:19 |
| 698 | 555 | 250 | 759 | Steve Martin | MS | 52:54 | Great Linford Primary School | 702 | 52:42 | 25:47 |
| 699 | 144 | 49 | 1173 | Gemma Lang | FS | 52:55 | | 703 | 52:42 | 25:46 |
| 700 | 556 | 12 | 682 | Bill Goadbsy | M60 | 52:55 | Daventry Road Runners | 696 | 52:35 | 26:01 |
| 701 | 557 | 251 | 1010 | Harry Bright | MS | 52:55 | | 704 | 52:43 | 25:46 |
| 702 | 558 | 252 | 689 | Ivan Mula | MS | 52:55 | | 681 | 52:06 | 26:12 |
| 703 | 559 | 94 | 200 | Jeff Durn | M40 | 52:56 | Long Meadow School | 693 | 52:34 | 25:59 |
| 704 | 145 | 8 | 1046 | Olivia Butcher | F20 | 52:57 | Warwick University | 708 | 52:48 | 26:13 |
| 705 | 146 | 50 | 1119 | Rebecca Fenner | FS | 52:58 | Silverstone Circuits | 712 | 52:52 | 26:46 |
| 706 | 560 | 253 | 1038 | James Smith | MS | 52:59 | | 706 | 52:45 | 26:23 |
| 707 | 561 | 11 | 778 | Peter Howell | M65 | 53:00 | Biggleswade AC | 700 | 52:39 | 26:28 |

| | | | | | | | | | | |
|-----|-----|-----|------|-------------------|-----|-------|-----------------------------|-------|-------|-------|
| 708 | 562 | 254 | 525 | Derek Pugh | MS | 53:02 | 695 | 52:35 | 26:11 | |
| 709 | 563 | 72 | 865 | Graham Day | M45 | 53:02 | Headington Road Runners | 701 | 52:42 | 25:54 |
| 710 | 147 | 51 | 1145 | Millie Stack | FS | 53:05 | 714 | 52:58 | 26:35 | |
| 711 | 148 | 52 | 646 | Claire Woods | FS | 53:09 | Oxley Park Academy | 711 | 52:51 | 26:38 |
| 712 | 564 | 255 | 1008 | Peter Williams | MS | 53:11 | 707 | 52:45 | 24:44 | |
| 713 | 149 | 25 | 531 | Sian Birks | F35 | 53:13 | 717 | 53:01 | 26:36 | |
| 714 | 565 | 45 | 502 | Tony Hall | M55 | 53:14 | 716 | 53:00 | 26:05 | |
| 715 | 566 | 256 | 914 | David Marshall | MS | 53:15 | 719 | 53:06 | 26:09 | |
| 716 | 567 | 257 | 920 | Arnaud Ceci | MS | 53:16 | 710 | 52:49 | 26:28 | |
| 717 | 150 | 34 | 1235 | Hannah Irving | F40 | 53:17 | 715 | 52:59 | 26:37 | |
| 718 | 151 | 26 | 1028 | Faith Button | F35 | 53:17 | Wootton Road Runners | 722 | 53:10 | 26:32 |
| 719 | 152 | 53 | 1210 | Jessica Woolcott | FS | 53:21 | Hook Norton Harriers | 724 | 53:12 | 25:30 |
| 720 | 568 | 258 | 1194 | Ashley Green | MS | 53:22 | 721 | 53:09 | 26:15 | |
| 721 | 569 | 59 | 1114 | Colin James | M50 | 53:22 | 718 | 53:04 | 26:27 | |
| 722 | 570 | 259 | 919 | Chris Hardy | MS | 53:23 | 713 | 52:53 | 26:26 | |
| 723 | 571 | 46 | 1127 | Andrew Graham | M55 | 53:24 | 728 | 53:17 | 26:42 | |
| 724 | 572 | 2 | 1128 | Mike Duggan | M70 | 53:25 | Northbrook AC | 725 | 53:15 | 26:31 |
| 725 | 573 | 47 | 530 | Greg Neal | M55 | 53:26 | Watford Harriers | 720 | 53:06 | 26:47 |
| 726 | 153 | 27 | 215 | Michelle Milne | F35 | 53:26 | Rickley Park Primary School | 729 | 53:18 | 26:11 |
| 727 | 574 | 13 | 309 | Peter Welch | M60 | 53:27 | 723 | 53:12 | 26:13 | |
| 728 | 575 | 260 | 267 | Thomas Stephenson | MS | 53:27 | 730 | 53:19 | 26:37 | |
| 729 | 576 | 73 | 420 | Bob Bateman | M45 | 53:29 | Northampton Road Runners | 727 | 53:15 | 26:08 |
| 730 | 154 | 54 | 559 | Rebecca Longergan | FS | 53:30 | 731 | 53:23 | 26:43 | |
| 731 | 577 | 261 | 1099 | Max Davy | MS | 53:38 | 737 | 53:31 | 27:19 | |
| 732 | 155 | 19 | 659 | Louise Stepany | F45 | 53:42 | Leighton Fun Runners | 735 | 53:28 | 26:39 |
| 733 | 578 | 262 | 1224 | Andy Blundell | MS | 53:42 | 741 | 53:35 | 26:43 | |
| 734 | 579 | 263 | 1003 | Gary Wood | MS | 53:44 | 726 | 53:15 | 26:11 | |
| 735 | 580 | 264 | 423 | Manuel Revuelto | MS | 53:46 | 738 | 53:31 | 26:08 | |
| 736 | 156 | 1 | 571 | Jacky Keenan | F60 | 53:47 | Bedford Harriers | 739 | 53:33 | 26:36 |
| 737 | 581 | 265 | 1183 | David Johnson | MS | 53:48 | 734 | 53:27 | 27:28 | |
| 738 | 582 | 266 | 362 | Warren Hutt | MS | 53:49 | Willen Primary School | 732 | 53:23 | 26:33 |
| 739 | 157 | 2 | 397 | Sheila Humphries | F60 | 53:51 | 733 | 53:24 | 27:23 | |
| 740 | 583 | 95 | 40 | Peter Tye | M40 | 53:55 | Marshall Milton Keynes AC | 742 | 53:36 | 26:06 |
| 741 | 584 | 48 | 1065 | David Flemington | M55 | 53:58 | Thornbury | 736 | 53:30 | 26:13 |
| 742 | 158 | 55 | 1066 | Alison Nuttall | FS | 54:00 | Brackley & District | 740 | 53:35 | 26:47 |
| 743 | 585 | 14 | 366 | Chris Lees | M60 | 54:05 | 745 | 53:52 | 26:18 | |
| 744 | 586 | 267 | 946 | Pau Vila | MS | 54:11 | 743 | 53:43 | 27:10 | |
| 745 | 587 | 96 | 624 | Keith Blowes | M40 | 54:12 | 748 | 53:57 | 26:47 | |
| 746 | 159 | 12 | 824 | Rebecca Sturgen | F50 | 54:14 | Wellingborough AC | 753 | 54:05 | 26:11 |
| 747 | 160 | 28 | 795 | Georgina Milich | F35 | 54:17 | 756 | 54:08 | 26:47 | |
| 748 | 588 | 268 | 1233 | Matthew Wilson | MS | 54:17 | 749 | 53:59 | 26:36 | |
| 749 | 589 | 97 | 252 | Gordon Moore | M40 | 54:18 | 744 | 53:48 | 27:27 | |
| 750 | 590 | 3 | 607 | Tom Marchi | M70 | 54:18 | Sphinx AC | 755 | 54:07 | 26:35 |
| 751 | 591 | 74 | 728 | Allun Betts | M45 | 54:22 | 757 | 54:10 | 26:22 | |
| 752 | 592 | 49 | 402 | Stephen Berry | M55 | 54:22 | Brackley & District | 754 | 54:06 | 26:24 |
| 753 | 593 | 269 | 1109 | Shaun Fox | MS | 54:23 | David Lloyd Redway Runners | 746 | 53:54 | 26:48 |
| 754 | 594 | 98 | 205 | Peter Kettle | M40 | 54:23 | Long Meadow School | 758 | 54:13 | 27:02 |
| 755 | 161 | 29 | 279 | Sadie Batstone | F35 | 54:23 | 750 | 54:01 | 26:49 | |
| 756 | 162 | 30 | 862 | Leonie Ingram | F35 | 54:24 | Human Energy AC | 747 | 53:57 | 26:53 |
| 757 | 595 | 270 | 955 | Patrick Thirlwall | MS | 54:25 | 752 | 54:04 | 26:57 | |
| 758 | 596 | 50 | 117 | Paul Stevens | M55 | 54:27 | Brackley & District | 751 | 54:04 | 26:13 |
| 759 | 597 | 75 | 382 | Luke Burndred | M45 | 54:29 | Nissan Euro Runners | 759 | 54:17 | 26:39 |
| 760 | 163 | 56 | 186 | Beth Henderson | FS | 54:36 | Long Meadow School | 772 | 54:30 | 26:36 |
| 761 | 598 | 271 | 1013 | Mark Dillon | MS | 54:36 | 760 | 54:20 | 27:05 | |
| 762 | 599 | 99 | 471 | Philip Clowes | M40 | 54:37 | 761 | 54:20 | 27:28 | |
| 763 | 164 | 20 | 762 | Carol Downs | F45 | 54:38 | Glastonbury Thorn | 766 | 54:24 | 27:27 |
| 764 | 165 | 13 | 1203 | Catherine Moody | F50 | 54:39 | 768 | 54:27 | 27:00 | |
| 765 | 166 | 21 | 201 | Donna Miller | F45 | 54:40 | Long Meadow School | 771 | 54:30 | 26:47 |
| 766 | 600 | 272 | 323 | Donald Morrison | MS | 54:40 | 764 | 54:21 | 26:57 | |
| 767 | 601 | 76 | 322 | Stephen Booth | M45 | 54:40 | Eye Community Runners | 765 | 54:22 | 26:58 |
| 768 | 602 | 77 | 379 | Malcolm Holmes | M45 | 54:41 | 776 | 54:34 | 26:44 | |
| 769 | 167 | 22 | 1153 | Dawn Holloway | F45 | 54:42 | Wellingborough AC | 774 | 54:32 | 27:33 |
| 770 | 603 | 273 | 541 | Alex Johnston | MS | 54:44 | 767 | 54:26 | 26:41 | |
| 771 | 604 | 100 | 1067 | Stephen Woodus | M40 | 54:46 | Brackley & District | 762 | 54:20 | 27:44 |
| 772 | 605 | 274 | 1131 | Chris Foulkes | MS | 54:46 | Brackley & District | 763 | 54:21 | 27:44 |
| 773 | 606 | 60 | 1254 | Lawrie Stenhouse | M50 | 54:47 | 781 | 54:43 | 26:34 | |

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|-----|-----|-----|------|--------------------|-----|-------|-----------------------------|-----|-------|-------|
| 774 | 168 | 35 | 683 | Nicola Gahagan | F40 | 54:49 | Alchester | 773 | 54:30 | 27:40 |
| 775 | 169 | 31 | 721 | Jessica Milner | F35 | 54:50 | | 779 | 54:40 | 27:07 |
| 776 | 170 | 57 | 687 | Alice Begley | FS | 54:52 | | 775 | 54:33 | 27:30 |
| 777 | 607 | 275 | 1074 | Matthew Benton | MS | 54:52 | Yaxley Runners & Joggers | 770 | 54:30 | 27:54 |
| 778 | 608 | 276 | 787 | Masakazu Koyama | MS | 54:52 | | 769 | 54:28 | 27:30 |
| 779 | 609 | 15 | 694 | Calvin Clarke | M60 | 54:56 | | 785 | 54:48 | 27:21 |
| 780 | 171 | 32 | 458 | Lindsey-Anne Heald | F35 | 54:57 | | 777 | 54:36 | 26:43 |
| 781 | 172 | 36 | 194 | Lucinda Parish | F40 | 54:58 | Long Meadow School | 778 | 54:36 | 28:12 |
| 782 | 610 | 78 | 386 | Stephen Darbyshire | M45 | 55:00 | | 792 | 54:58 | 26:17 |
| 783 | 173 | 58 | 674 | Sara Brooks | FS | 55:01 | Buckingham & Stowe | 786 | 54:49 | 27:44 |
| 784 | 611 | 101 | 393 | Jason Tucker | M40 | 55:02 | | 782 | 54:45 | 27:23 |
| 785 | 174 | 33 | 346 | Laura Clifford | F35 | 55:02 | | 783 | 54:45 | 27:17 |
| 786 | 175 | 23 | 473 | Alison Smith | F45 | 55:09 | | 788 | 54:52 | 27:28 |
| 787 | 612 | 277 | 1034 | Dave Collins | MS | 55:10 | | 790 | 54:57 | 27:33 |
| 788 | 613 | 278 | 636 | Kirk Hopkins | MS | 55:12 | Oldbrook First School | 780 | 54:42 | 28:30 |
| 789 | 176 | 14 | 374 | Zoe Willett | F50 | 55:12 | Bedford Harriers | 784 | 54:47 | 27:22 |
| 790 | 614 | 279 | 1068 | Joel Longbottom | MS | 55:13 | | 789 | 54:53 | 27:16 |
| 791 | 177 | 3 | 552 | Heather Finnigan | F55 | 55:13 | | 798 | 55:10 | 26:46 |
| 792 | 615 | 280 | 1157 | Edward Snook | MS | 55:14 | Wootton Road Runners | 797 | 55:05 | 26:58 |
| 793 | 616 | 281 | 897 | Brian Lydon | MS | 55:19 | | 801 | 55:12 | 27:04 |
| 794 | 617 | 282 | 140 | Mark Evans | MS | 55:20 | | 793 | 55:00 | 27:09 |
| 795 | 618 | 79 | 1056 | Malcolm Kidby | M45 | 55:20 | Marshall Milton Keynes AC | 795 | 55:04 | 27:41 |
| 796 | 178 | 9 | 1045 | Dasha Gunchenloo | F20 | 55:21 | Warwick University | 800 | 55:12 | 28:06 |
| 797 | 619 | 283 | 789 | Hiroyuki Shibui | MS | 55:21 | | 791 | 54:57 | 27:57 |
| 798 | 179 | 34 | 206 | Amanda Kettle | F35 | 55:23 | Long Meadow School | 802 | 55:13 | 27:02 |
| 799 | 180 | 10 | 746 | Alice Wallbank | F20 | 55:24 | | 803 | 55:20 | 26:32 |
| 800 | 181 | 15 | 1175 | Angela Boston | F50 | 55:27 | Human Energy AC | 794 | 55:01 | 28:20 |
| 801 | 182 | 59 | 432 | Nicola Horn | FS | 55:30 | | 799 | 55:12 | 27:41 |
| 802 | 620 | 17 | 1042 | Jake Derry | M20 | 55:33 | | 805 | 55:26 | 27:20 |
| 803 | 183 | 1 | 621 | Pauline Dable | F65 | 55:38 | Kenilworth Runners | 806 | 55:28 | 27:14 |
| 804 | 184 | 37 | 197 | Karen Camidge | F40 | 55:44 | Long Meadow School | 804 | 55:22 | 28:16 |
| 805 | 621 | 80 | 723 | Demetrio Orefice | M45 | 55:47 | Team Balancise | 812 | 55:39 | 27:00 |
| 806 | 622 | 284 | 50 | Lewis Woodham | MS | 55:47 | Glastonbury Thorn | 808 | 55:33 | 28:30 |
| 807 | 185 | 60 | 974 | Andrew Bentley | FS | 55:51 | | 787 | 54:52 | 27:58 |
| 808 | 623 | 285 | 216 | Colin Armstrong | MS | 55:53 | Rickley Park Primary School | 814 | 55:42 | 26:46 |
| 809 | 624 | 102 | 294 | Jeremy Roberts | M40 | 55:53 | | 807 | 55:32 | 26:49 |
| 810 | 625 | 81 | 1169 | David Thompson | M45 | 55:55 | Silverstone Circuits | 809 | 55:34 | 27:25 |
| 811 | 186 | 16 | 1229 | Janice Blake | F50 | 55:55 | Biggleswade AC | 810 | 55:35 | 28:08 |
| 812 | 626 | 51 | 42 | Ross Cameron | M55 | 55:56 | | 811 | 55:36 | 27:54 |
| 813 | 627 | 286 | 422 | Werner Truter | MS | 55:59 | | 816 | 55:47 | 27:12 |
| 814 | 187 | 61 | 799 | Yasmin Inglis | FS | 56:03 | Vegan Runners | 813 | 55:42 | 27:59 |
| 815 | 628 | 12 | 657 | Edwin Hansen | M65 | 56:05 | Nuneaton Harriers | 821 | 55:54 | 28:07 |
| 816 | 188 | 4 | 491 | Kathryn O'Brien | F55 | 56:05 | Nuneaton Harriers | 822 | 55:55 | 28:07 |
| 817 | 189 | 38 | 664 | Alison McMurtrie | F40 | 56:05 | Wootton Road Runners | 819 | 55:52 | 27:37 |
| 818 | 629 | 13 | 895 | Gareth Roberts | M65 | 56:09 | | 820 | 55:53 | 26:53 |
| 819 | 190 | 39 | 702 | Kim Pusey | F40 | 56:09 | | 815 | 55:47 | 27:37 |
| 820 | 630 | 287 | 433 | Joshua Turnbull | MS | 56:12 | | 832 | 56:09 | 26:11 |
| 821 | 191 | 35 | 652 | Annelies Zygo | F35 | 56:12 | Oxley Park Academy | 826 | 56:01 | 27:24 |
| 822 | 631 | 103 | 126 | Allan Page | M40 | 56:16 | | 818 | 55:50 | 28:04 |
| 823 | 632 | 288 | 686 | Martyn Fleetwood | MS | 56:17 | | 825 | 56:01 | 28:49 |
| 824 | 192 | 17 | 1126 | Sarah Warden | F50 | 56:18 | Northants Tri Club | 831 | 56:08 | 28:01 |
| 825 | 633 | 289 | 496 | Paul Baxter | MS | 56:18 | Rugby & Northampton AC | 829 | 56:02 | 27:10 |
| 826 | 634 | 61 | 1226 | Dave Jones | M50 | 56:19 | Tring | 824 | 56:00 | 28:02 |
| 827 | 635 | 290 | 975 | Andy Metcalfe | MS | 56:19 | Corby Tri | 817 | 55:50 | 27:27 |
| 828 | 636 | 291 | 622 | Sam Moody | MS | 56:20 | | 827 | 56:01 | 28:32 |
| 829 | 637 | 104 | 298 | Chris Jackson | M40 | 56:23 | | 828 | 56:01 | 27:43 |
| 830 | 193 | 40 | 1177 | Sarah Purches | F40 | 56:26 | | 823 | 55:59 | 28:05 |
| 831 | 194 | 62 | 560 | Emily-Rose Watts | FS | 56:27 | | 834 | 56:12 | 27:08 |
| 832 | 195 | 36 | 594 | Marie Stevens | F35 | 56:31 | David Lloyd Redway Runners | 836 | 56:24 | 28:28 |
| 833 | 196 | 41 | 1231 | Liz Haiadz | F40 | 56:34 | | 830 | 56:07 | 28:04 |
| 834 | 638 | 292 | 81 | Nathan Baines | MS | 56:38 | | 833 | 56:11 | 28:48 |
| 835 | 197 | 24 | 162 | Vikki Charles | F45 | 56:39 | | 835 | 56:23 | 27:28 |
| 836 | 198 | 42 | 1081 | Helen Perkin | F40 | 56:42 | | 837 | 56:25 | 28:16 |
| 837 | 199 | 63 | 1196 | Joey Garner | FS | 56:48 | David Lloyd Redway Runners | 838 | 56:33 | 28:18 |
| 838 | 200 | 64 | 241 | Fiona Quinn | FS | 56:50 | Sphinx AC | 839 | 56:33 | 27:50 |
| 839 | 639 | 82 | 214 | Glenn Oldfield | M45 | 56:50 | | 842 | 56:44 | 27:36 |

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|-----|-----|-----|------|--------------------------|-----|-------|----------------------------------|-----|-------|-------|
| 840 | 201 | 65 | 828 | Clarre Goodwin | FS | 56:55 | Banbury Harriers | 840 | 56:39 | 26:57 |
| 841 | 640 | 293 | 1058 | Roger Holmes | MS | 56:56 | | 841 | 56:40 | 28:34 |
| 842 | 641 | 62 | 278 | Mark Canham | M50 | 56:59 | David Lloyd Redway Runners | 845 | 56:52 | 27:20 |
| 843 | 642 | 83 | 698 | Andy Kemp | M45 | 57:08 | Fleckney & Kibworth Running Club | 843 | 56:47 | 28:26 |
| 844 | 202 | 43 | 1232 | BB Lowin | F40 | 57:10 | | 844 | 56:50 | 28:07 |
| 845 | 643 | 63 | 479 | Kevin Pantling | M50 | 57:17 | Spa Striders | 846 | 56:54 | 28:18 |
| 846 | 644 | 105 | 43 | Robert Smith | M40 | 57:19 | Yaxley Runners & Joggers | 847 | 56:59 | 27:59 |
| 847 | 645 | 294 | 611 | Adam Duxbury | MS | 57:22 | | 848 | 57:01 | 28:43 |
| 848 | 203 | 66 | 1223 | Naomi Butler | FS | 57:24 | | 850 | 57:04 | 28:08 |
| 849 | 204 | 18 | 989 | Linda Dawson | F50 | 57:24 | Higham Harriers | 857 | 57:13 | 27:12 |
| 850 | 646 | 106 | 873 | Simon Lewis | M40 | 57:24 | | 849 | 57:03 | 27:05 |
| 851 | 647 | 52 | 313 | Derek Smith | M55 | 57:27 | David Lloyd Redway Runners | 856 | 57:12 | 28:49 |
| 852 | 205 | 67 | 202 | Gillian Tu | FS | 57:30 | Long Meadow School | 855 | 57:08 | 28:43 |
| 853 | 206 | 68 | 1035 | Harriet Henderson-Slater | FS | 57:32 | | 862 | 57:24 | 27:39 |
| 854 | 207 | 69 | 327 | Abigail Green | FS | 57:33 | | 853 | 57:08 | 29:24 |
| 855 | 648 | 295 | 176 | Mark Rickard | MS | 57:34 | Rickley Park Primary School | 863 | 57:24 | 27:14 |
| 856 | 208 | 19 | 797 | Dawn Thomas | F50 | 57:34 | | 851 | 57:05 | 28:31 |
| 857 | 209 | 20 | 748 | Karen Wallbank | F50 | 57:37 | Bedford Harriers | 859 | 57:15 | 28:28 |
| 858 | 210 | 70 | 807 | Donna Law | FS | 57:37 | David Lloyd Redway Runners | 861 | 57:22 | 27:59 |
| 859 | 649 | 296 | 573 | Peter Coleman | MS | 57:39 | | 854 | 57:08 | 27:32 |
| 860 | 211 | 71 | 1162 | Jemma Cox | FS | 57:40 | Kettering Town Harriers | 860 | 57:17 | 28:22 |
| 861 | 650 | 297 | 112 | Uwai Hayata | MS | 57:40 | Nissan Euro Runners | 852 | 57:07 | 28:51 |
| 862 | 651 | 298 | 1189 | Martin Latchman | MS | 57:54 | | 858 | 57:14 | 30:24 |
| 863 | 212 | 37 | 566 | Lizzie Ebrey | F35 | 57:55 | | 867 | 57:42 | 28:44 |
| 864 | 652 | 299 | 482 | David Padgett | MS | 57:59 | | 868 | 57:45 | 27:27 |
| 865 | 653 | 84 | 776 | Brian Mead | M45 | 58:00 | | 864 | 57:31 | 28:52 |
| 866 | 213 | 25 | 1072 | Samantha Moffatt | F45 | 58:00 | Kenilworth Runners | 871 | 57:49 | 28:23 |
| 867 | 654 | 300 | 96 | Joe Bannister | MS | 58:01 | | 865 | 57:35 | 28:59 |
| 868 | 214 | 44 | 861 | Jenny Kitchen | F40 | 58:03 | Reading Joggers | 869 | 57:47 | 29:03 |
| 869 | 655 | 301 | 380 | Upendra Chauhan | MS | 58:05 | | 878 | 57:58 | 27:33 |
| 870 | 215 | 38 | 613 | Kay Duffy | F35 | 58:05 | Wootton Road Runners | 876 | 57:57 | 28:02 |
| 871 | 216 | 72 | 835 | Nicky Pinto-Perez | FS | 58:10 | | 877 | 57:58 | 27:01 |
| 872 | 217 | 45 | 1222 | Elaine Stead | F40 | 58:12 | Biggleswade AC | 873 | 57:51 | 29:02 |
| 873 | 656 | 16 | 1205 | Andy Ritchie | M60 | 58:14 | | 870 | 57:47 | 30:01 |
| 874 | 218 | 46 | 537 | Ildiko Booth | F40 | 58:16 | | 874 | 57:53 | 28:47 |
| 875 | 219 | 47 | 154 | Sam Brown | F40 | 58:16 | BRJ Run and Tri | 875 | 57:56 | 28:58 |
| 876 | 220 | 21 | 1182 | Nikki Payne | F50 | 58:16 | | 872 | 57:49 | 28:20 |
| 877 | 657 | 107 | 389 | Jose Zapico | M40 | 58:18 | | 879 | 58:02 | 29:03 |
| 878 | 221 | 26 | 1026 | Lisa Johnson | F45 | 58:21 | Rot Crew | 880 | 58:03 | 29:57 |
| 879 | 658 | 302 | 677 | Hugh McCluskie | MS | 58:27 | | 883 | 58:22 | 27:30 |
| 880 | 659 | 64 | 161 | Clifford Punter | M50 | 58:32 | | 881 | 58:16 | 28:25 |
| 881 | 660 | 303 | 235 | Mike Fallaize | MS | 58:37 | | 866 | 57:41 | 27:59 |
| 882 | 222 | 39 | 736 | Helen King | F35 | 58:41 | Sphinx AC | 885 | 58:24 | 28:53 |
| 883 | 661 | 85 | 841 | Craig Marshall | M45 | 58:43 | | 884 | 58:23 | 29:22 |
| 884 | 662 | 304 | 944 | Peter Selby | MS | 58:43 | | 882 | 58:17 | 29:10 |
| 885 | 223 | 73 | 227 | Emma Wright | FS | 58:44 | Rickley Park Primary School | 892 | 58:36 | 29:41 |
| 886 | 224 | 74 | 179 | Fiona Simon | FS | 58:45 | Rickley Park Primary School | 891 | 58:35 | 29:41 |
| 887 | 663 | 305 | 1213 | Luke Makins | MS | 58:47 | Sphinx AC | 887 | 58:29 | 29:18 |
| 888 | 664 | 53 | 347 | Geoff Hiskett | M55 | 58:50 | | 888 | 58:33 | 29:32 |
| 889 | 225 | 40 | 489 | Jenni Li | F35 | 58:50 | | 897 | 58:40 | 29:11 |
| 890 | 665 | 108 | 970 | Toby Williams | M40 | 58:54 | | 893 | 58:36 | 29:03 |
| 891 | 226 | 75 | 497 | Vanessa Elliott | FS | 58:55 | | 895 | 58:38 | 29:08 |
| 892 | 666 | 86 | 996 | Andy Spencer | M45 | 58:57 | | 886 | 58:29 | 28:02 |
| 893 | 227 | 27 | 969 | Karen Spellman | F45 | 58:57 | | 889 | 58:33 | 29:50 |
| 894 | 667 | 87 | 499 | John Fitzgerald | M45 | 58:58 | | 900 | 58:49 | 28:49 |
| 895 | 668 | 306 | 454 | Darren Francis | MS | 58:59 | Avenue Amblers | 890 | 58:35 | 28:46 |
| 896 | 228 | 48 | 553 | Gail Bates | F40 | 59:01 | Spa Striders | 901 | 58:50 | 29:06 |
| 897 | 669 | 307 | 138 | Charles Fidler | MS | 59:03 | | 894 | 58:37 | 29:26 |
| 898 | 229 | 22 | 509 | Alison Simpson | F50 | 59:05 | | 896 | 58:38 | 29:38 |
| 899 | 230 | 41 | 601 | Evelyn Alfaro | F35 | 59:07 | | 906 | 59:01 | 28:22 |
| 900 | 231 | 76 | 1016 | Rachel Force | FS | 59:08 | | 899 | 58:48 | 28:14 |
| 901 | 232 | 77 | 1006 | Jo Brooker | FS | 59:10 | Wootton Road Runners | 905 | 59:00 | 29:09 |
| 902 | 233 | 49 | 124 | Nicola Oliver | F40 | 59:12 | | 904 | 58:59 | 29:25 |
| 903 | 670 | 109 | 825 | Mike Williams | M40 | 59:15 | | 898 | 58:45 | 29:31 |
| 904 | 234 | 78 | 507 | Gemma Beech | FS | 59:16 | | 902 | 58:50 | 30:53 |
| 905 | 235 | 79 | 1040 | Hannaire Mekaouer | FS | 59:18 | | 908 | 59:09 | 28:44 |

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|-----|-----|-----|------|----------------------|-----|-------|-----------------------------|-----|-------|-------|
| 906 | 236 | 28 | 165 | Niam Hari | F45 | 59:22 | Willen Primary School | 909 | 59:15 | 28:16 |
| 907 | 237 | 23 | 610 | Hazel Cockerill | F50 | 59:24 | Marshall Milton Keynes AC | 907 | 59:07 | 28:55 |
| 908 | 238 | 3 | 38 | Sally Hewitt | F60 | 59:26 | Wellingborough AC | 911 | 59:16 | 29:12 |
| 909 | 671 | 308 | 842 | Charlie Smith | MS | 59:27 | Windsor Slough & Eton | 903 | 58:58 | 32:01 |
| 910 | 239 | 42 | 640 | Kate Christy | F35 | 59:27 | Oxley Park Academy | 910 | 59:15 | 28:37 |
| 911 | 240 | 50 | 352 | Fay Tennet | F40 | 59:28 | | 916 | 59:18 | 29:18 |
| 912 | 672 | 110 | 906 | Guy Hanson | M40 | 59:35 | | 919 | 59:21 | 31:00 |
| 913 | 241 | 80 | 320 | Jessica Mattler | FS | 59:37 | | 913 | 59:18 | 29:14 |
| 914 | 242 | 81 | 905 | Kim Caddy | FS | 59:39 | Stopsley Striders | 912 | 59:17 | 29:46 |
| 915 | 243 | 82 | 904 | Zena Ellis | FS | 59:39 | Stopsley Striders | 915 | 59:18 | 29:46 |
| 916 | 673 | 309 | 85 | Gareth Squires | MS | 59:40 | | 917 | 59:18 | 28:24 |
| 917 | 674 | 310 | 95 | Chris Slater | MS | 59:42 | | 914 | 59:18 | 29:18 |
| 918 | 675 | 311 | 508 | Ben Shaw | MS | 59:46 | | 918 | 59:20 | 30:53 |
| 919 | 676 | 88 | 1236 | Steve Musto | M45 | 59:50 | | 922 | 59:32 | 29:30 |
| 920 | 244 | 24 | 480 | Renata Wincott | F50 | 59:54 | | 923 | 59:39 | 30:02 |
| 921 | 245 | 83 | 1116 | Kimberley Fryer | FS | 59:56 | | 925 | 59:40 | 30:05 |
| 922 | 677 | 312 | 1117 | Paul Fryer | MS | 59:57 | | 926 | 59:40 | 30:04 |
| 923 | 678 | 17 | 706 | Jaswant Chana | M60 | 59:58 | Bedford Harriers | 920 | 59:31 | 29:36 |
| 924 | 679 | 111 | 942 | Mick Bowden | M40 | 60:04 | | 921 | 59:32 | 30:15 |
| 925 | 680 | 65 | 57 | Michael Eacott | M50 | 60:06 | | 924 | 59:39 | 30:47 |
| 926 | 681 | 313 | 1084 | Alex Bown | MS | 60:09 | | 929 | 59:51 | 29:12 |
| 927 | 682 | 314 | 22 | Craig Fraser | MS | 60:09 | Whittlebury Hall | 928 | 59:45 | 29:00 |
| 928 | 246 | 43 | 203 | Sharon Tyler | F35 | 60:13 | Long Meadow School | 934 | 60:09 | 29:05 |
| 929 | 247 | 84 | 968 | Sarah Hine | FS | 60:18 | David Lloyd Redway Runners | 932 | 60:02 | 29:34 |
| 930 | 683 | 315 | 91 | Ben Treston | MS | 60:20 | | 931 | 59:56 | 30:09 |
| 931 | 684 | 316 | 429 | Adam O'Reilly | MS | 60:21 | | 930 | 59:55 | 30:02 |
| 932 | 685 | 89 | 600 | Neil Dew-Gosling | M45 | 60:21 | | 927 | 59:41 | 31:43 |
| 933 | 248 | 85 | 1071 | Sandra Bacon | FS | 60:23 | | 935 | 60:10 | 28:43 |
| 934 | 249 | 25 | 667 | Denise Farmer | F50 | 60:23 | | 933 | 60:05 | 29:33 |
| 935 | 250 | 26 | 1174 | Dawn Exley | F50 | 60:34 | Wootton Road Runners | 944 | 60:25 | 29:10 |
| 936 | 251 | 44 | 880 | Sam Boycott | F35 | 60:36 | | 939 | 60:16 | 30:08 |
| 937 | 252 | 86 | 513 | Natasha Porter | FS | 60:39 | Avenue Amblers | 938 | 60:14 | 29:27 |
| 938 | 686 | 317 | 977 | Robin Hickmott | MS | 60:40 | | 943 | 60:25 | 28:50 |
| 939 | 253 | 2 | 1163 | Pam Kingston | F65 | 60:43 | | 941 | 60:19 | 30:13 |
| 940 | 254 | 29 | 714 | Stephanie Spencer | F45 | 60:44 | | 940 | 60:17 | 30:24 |
| 941 | 687 | 318 | 105 | Richard Phillips | MS | 60:44 | Nissan Euro Runners | 937 | 60:12 | 29:49 |
| 942 | 255 | 87 | 387 | Adrienn Vedrody | FS | 60:45 | | 945 | 60:27 | 29:06 |
| 943 | 256 | 88 | 1208 | Jessica Berkeley | FS | 60:48 | | 946 | 60:33 | 28:57 |
| 944 | 257 | 51 | 938 | Marianne Peberdy | F40 | 60:48 | Birstall Running Club | 936 | 60:10 | 30:25 |
| 945 | 688 | 66 | 602 | William Cuervo | M50 | 60:53 | | 951 | 60:47 | 28:42 |
| 946 | 689 | 319 | 107 | Ioannis Kakaviatos | MS | 60:53 | Nissan Euro Runners | 942 | 60:20 | 31:09 |
| 947 | 258 | 89 | 5 | Rosie Teckoe | FS | 60:57 | Whittlebury Hall | 947 | 60:35 | 29:49 |
| 948 | 259 | 90 | 896 | Carys Roberts | FS | 61:00 | | 950 | 60:44 | 29:35 |
| 949 | 690 | 54 | 398 | Brian De Milita | M55 | 61:01 | | 948 | 60:38 | 29:55 |
| 950 | 691 | 18 | 3 | Brandon Borg | M20 | 61:03 | Whittlebury Hall | 949 | 60:43 | 26:48 |
| 951 | 260 | 45 | 173 | Gaye Blain | F35 | 61:05 | Rickley Park Primary School | 957 | 60:56 | 30:23 |
| 952 | 261 | 4 | 656 | Jeanne Hansen | F60 | 61:07 | Nuneaton Harriers | 958 | 60:56 | 30:05 |
| 953 | 262 | 91 | 385 | Orsi Blacklock | FS | 61:07 | | 952 | 60:49 | 29:54 |
| 954 | 263 | 46 | 766 | Jennifer Armstrong | F35 | 61:09 | Glastonbury Thorn | 955 | 60:56 | 29:55 |
| 955 | 692 | 67 | 288 | Rob Bewley | M50 | 61:10 | | 954 | 60:55 | 29:11 |
| 956 | 264 | 92 | 88 | Charli Randall | FS | 61:15 | North Herts Road Runners | 953 | 60:52 | 30:33 |
| 957 | 265 | 30 | 328 | Angela Hands | F45 | 61:17 | Northbrook AC | 960 | 60:57 | 30:16 |
| 958 | 266 | 11 | 1100 | Molly Walker | F20 | 61:18 | | 964 | 61:11 | 30:59 |
| 959 | 267 | 47 | 19 | Karen O'Rourke | F35 | 61:20 | Whittlebury Hall | 959 | 60:56 | 29:45 |
| 960 | 693 | 90 | 1 | Bernhard Zechner | M45 | 61:20 | Whittlebury Hall | 961 | 60:58 | 29:46 |
| 961 | 268 | 31 | 56 | Tuula Eacott | F45 | 61:23 | | 956 | 60:56 | 30:48 |
| 962 | 269 | 32 | 870 | Lisa Aspinall | F45 | 61:27 | Bedford Harriers | 962 | 61:01 | 29:51 |
| 963 | 270 | 33 | 527 | Amanda Rankin | F45 | 61:29 | Stopsley Striders | 963 | 61:07 | 31:30 |
| 964 | 694 | 320 | 345 | Neil Howard | MS | 61:33 | | 965 | 61:13 | 29:01 |
| 965 | 271 | 48 | 885 | Kirsty Dodd | F35 | 61:36 | Wellingborough AC | 980 | 61:27 | 30:30 |
| 966 | 695 | 112 | 474 | Richard Hutchinson | M40 | 61:36 | | 969 | 61:19 | 30:16 |
| 967 | 272 | 93 | 1087 | Naomi Burkara-Barger | FS | 61:37 | | 972 | 61:21 | 30:26 |
| 968 | 273 | 49 | 460 | Lisa Graves | F35 | 61:39 | | 968 | 61:17 | 30:15 |
| 969 | 696 | 321 | 1218 | Alexander King | MS | 61:40 | | 974 | 61:24 | 30:17 |
| 970 | 274 | 52 | 1221 | Shirley Welborn | F40 | 61:41 | | 975 | 61:24 | 30:18 |
| 971 | 275 | 5 | 535 | Christine Hunter | F55 | 61:42 | Stopsley Striders | 970 | 61:19 | 31:30 |

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|------|-----|-----|------|--------------------------|-----|------------------------------------|------|-------|-------|
| 972 | 697 | 113 | 390 | Chris Jones | M40 | 61:43 | 966 | 61:15 | 30:17 |
| 973 | 276 | 94 | 1088 | Sarah-Leigh Earl | FS | 61:44 | 981 | 61:28 | 30:27 |
| 974 | 698 | 91 | 447 | Shigeru Hirayama | M45 | 61:45 Nissan Euro Runners | 983 | 61:35 | 29:06 |
| 975 | 277 | 50 | 188 | Nicola Maynard | F35 | 61:45 Long Meadow School | 977 | 61:25 | 30:43 |
| 976 | 699 | 18 | 37 | Barrington Mudd | M60 | 61:45 Fetch Everyone Running Club | 967 | 61:16 | 30:06 |
| 977 | 278 | 51 | 187 | Toni Elvery | F35 | 61:46 Long Meadow School | 978 | 61:25 | 30:43 |
| 978 | 700 | 55 | 515 | Tim Thurston | M55 | 61:47 | 971 | 61:20 | 30:32 |
| 979 | 279 | 12 | 336 | Demelza Griffiths | F20 | 61:47 Warwick University | 984 | 61:38 | 30:29 |
| 980 | 280 | 27 | 523 | Sharon Lewis | F50 | 61:49 | 979 | 61:26 | 30:36 |
| 981 | 701 | 322 | 111 | Tim Gibson | MS | 61:53 Nissan Euro Runners | 973 | 61:22 | 30:07 |
| 982 | 281 | 95 | 369 | Samantha Tilley | FS | 61:56 | 976 | 61:25 | 31:00 |
| 983 | 282 | 13 | 274 | Maryam Choudry | F20 | 61:58 Warwick University | 987 | 61:48 | 30:29 |
| 984 | 283 | 53 | 388 | Diane Kearns | F40 | 62:04 | 986 | 61:48 | 30:15 |
| 985 | 284 | 34 | 851 | Michelle Idden | F45 | 62:05 Daventry Road Runners | 982 | 61:35 | 31:05 |
| 986 | 285 | 54 | 1041 | Tina Derry | F40 | 62:08 | 989 | 62:01 | 30:59 |
| 987 | 702 | 92 | 1115 | Adrian Statham | M45 | 62:11 | 991 | 62:05 | 29:31 |
| 988 | 703 | 114 | 167 | Tao Schencks | M40 | 62:13 Willen Primary School | 988 | 61:51 | 30:37 |
| 989 | 286 | 6 | 359 | Sue Beveridge | F55 | 62:16 Greenleys First School | 985 | 61:44 | 31:27 |
| 990 | 704 | 115 | 669 | David Bevan | M40 | 62:19 Wootton Road Runners | 993 | 62:11 | 29:30 |
| 991 | 287 | 96 | 668 | Rachel Bevan | FS | 62:20 Wootton Road Runners | 994 | 62:11 | 29:29 |
| 992 | 288 | 97 | 367 | Katie Owen | FS | 62:32 | 990 | 62:01 | 31:00 |
| 993 | 289 | 98 | 616 | Ginny Alecock | FS | 62:37 | 995 | 62:19 | 30:30 |
| 994 | 290 | 55 | 615 | Melanie Whitlock | F40 | 62:37 | 996 | 62:19 | 30:30 |
| 995 | 291 | 7 | 413 | Sue Shaw | F55 | 62:43 | 1000 | 62:29 | 30:00 |
| 996 | 292 | 99 | 236 | Michelle Fallaize | FS | 62:46 | 998 | 62:23 | 31:14 |
| 997 | 705 | 116 | 408 | Andrew McLaren | M40 | 62:46 | 997 | 62:23 | 31:14 |
| 998 | 293 | 8 | 908 | Paula Stapleton | F55 | 62:51 Bushfield Joggers | 999 | 62:25 | 31:38 |
| 999 | 706 | 93 | 392 | David Robinson | M45 | 62:56 Yaxley Runners & Joggers | 992 | 62:06 | 31:33 |
| 1000 | 707 | 117 | 378 | John Williams | M40 | 63:08 | 1001 | 62:45 | 31:20 |
| 1001 | 708 | 323 | 15 | Jason Forman | MS | 63:09 Whittlebury Hall | 1004 | 62:52 | 30:06 |
| 1002 | 294 | 100 | 893 | Julie Waller | FS | 63:12 Brackley & District | 1002 | 62:47 | 30:16 |
| 1003 | 295 | 52 | 632 | Linda Wilkie | F35 | 63:13 Brackley & District | 1003 | 62:48 | 30:16 |
| 1004 | 296 | 53 | 409 | Claire Settle | F35 | 63:15 | 1005 | 62:52 | 31:14 |
| 1005 | 297 | 28 | 1171 | Yvonne Gatley | F50 | 63:24 | 1006 | 63:06 | 31:06 |
| 1006 | 298 | 101 | 265 | Linda Knox | FS | 63:38 Buckingham & Stowe | 1009 | 63:29 | 30:36 |
| 1007 | 709 | 118 | 365 | Kerry Fisher | M40 | 63:51 Willen Primary School | 1011 | 63:45 | 31:19 |
| 1008 | 299 | 35 | 62 | Deborah Christmas | F45 | 63:52 | 1007 | 63:23 | 31:19 |
| 1009 | 710 | 68 | 510 | Paul Simpson | M50 | 63:54 | 1008 | 63:28 | 32:08 |
| 1010 | 300 | 54 | 1220 | Jennifer Walsh | F35 | 63:57 | 1014 | 63:54 | 30:12 |
| 1011 | 301 | 102 | 635 | Janice Connolly | FS | 64:04 Oldbrook First School | 1010 | 63:35 | 31:47 |
| 1012 | 302 | 103 | 229 | Amy Barker | FS | 64:05 Rickley Park Primary School | 1015 | 63:55 | 32:09 |
| 1013 | 303 | 104 | 90 | Hannah Cook | FS | 64:16 Bedford Harriers | 1013 | 63:53 | 30:33 |
| 1014 | 304 | 105 | 87 | Lucy Moore | FS | 64:16 | 1012 | 63:53 | 30:32 |
| 1015 | 305 | 3 | 301 | Esther Cotton | F65 | 64:23 BRJ Run and Tri | 1016 | 64:02 | 31:59 |
| 1016 | 306 | 106 | 256 | Debbie Wilson | FS | 64:26 | 1017 | 64:04 | 31:16 |
| 1017 | 307 | 107 | 757 | Sasha Quill | FS | 64:26 Great Linford Primary School | 1023 | 64:26 | 31:38 |
| 1018 | 308 | 108 | 222 | Leander Ballarin | FS | 64:29 Rickley Park Primary School | 1019 | 64:19 | 31:06 |
| 1019 | 309 | 56 | 417 | Gurinder Rai | F40 | 64:30 | 1018 | 64:16 | 30:39 |
| 1020 | 310 | 55 | 436 | Corinne Neenan | F35 | 64:47 | 1024 | 64:26 | 31:57 |
| 1021 | 311 | 14 | 843 | Charlotte Villiers-Smith | F20 | 64:50 | 1020 | 64:22 | 32:02 |
| 1022 | 312 | 109 | 995 | Marianne Rowe | FS | 64:51 | 1030 | 64:40 | 31:29 |
| 1023 | 313 | 110 | 882 | Clare Hope | FS | 64:51 | 1032 | 64:40 | 31:29 |
| 1024 | 314 | 111 | 879 | Fran Lewis | FS | 64:51 | 1033 | 64:41 | 31:29 |
| 1025 | 315 | 36 | 84 | Claire Scott | F45 | 64:55 North Norfolk Beach Runners | 1021 | 64:25 | 31:04 |
| 1026 | 316 | 112 | 1108 | Emily Armitage | FS | 64:55 David Lloyd Redway Runners | 1022 | 64:26 | 32:16 |
| 1027 | 317 | 113 | 1107 | Chloe Hawkins | FS | 64:55 David Lloyd Redway Runners | 1025 | 64:26 | 32:16 |
| 1028 | 711 | 69 | 630 | Ian Sturdgess | M50 | 64:57 Bedford Harriers | 1026 | 64:32 | 30:37 |
| 1029 | 318 | 114 | 988 | Bethanie Yonc | FS | 64:57 Wellingborough AC | 1029 | 64:40 | 32:16 |
| 1030 | 712 | 56 | 684 | Lee Mooney | M55 | 64:58 Wellingborough AC | 1031 | 64:40 | 32:16 |
| 1031 | 319 | 115 | 839 | Anna Cole | FS | 65:01 | 1034 | 64:43 | 32:26 |
| 1032 | 713 | 324 | 1207 | Pat Caden | MS | 65:01 | 1027 | 64:35 | 31:17 |
| 1033 | 714 | 19 | 1186 | Paul Griffin | M60 | 65:02 | 1028 | 64:37 | 31:18 |
| 1034 | 320 | 56 | 987 | Sonia Howard | F35 | 65:12 | 1035 | 64:43 | 31:04 |
| 1035 | 715 | 119 | 986 | Jonathan Howard | M40 | 65:12 | 1036 | 64:43 | 31:04 |
| 1036 | 321 | 57 | 1000 | Maria Fischer | F35 | 65:16 | 1037 | 64:46 | 31:46 |
| 1037 | 322 | 58 | 820 | Jenny Stones | F35 | 65:25 | 1039 | 65:06 | 32:25 |

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| 1038 | 323 | 116 | 452 | Dafni Moatsou | FS | 65:29 | Warwick University | 1038 | 65:01 | 31:59 |
| 1039 | 324 | 57 | 1215 | Claire Eales | F40 | 65:30 | Harborough AC | 1040 | 65:17 | 31:02 |
| 1040 | 325 | 59 | 185 | Tanya Sandford | F35 | 65:46 | Long Meadow School | 1047 | 65:42 | 31:41 |
| 1041 | 716 | 325 | 532 | Andrew Kiff | MS | 65:53 | | 1044 | 65:34 | 32:12 |
| 1042 | 717 | 2 | 679 | Larry Corkrey | M75 | 65:55 | Bedford Harriers | 1042 | 65:28 | 31:54 |
| 1043 | 718 | 120 | 6 | David Munson | M40 | 65:56 | Whittlebury Hall | 1043 | 65:32 | 30:30 |
| 1044 | 719 | 121 | 394 | Nic Bentley | M40 | 65:59 | | 1046 | 65:41 | 29:33 |
| 1045 | 326 | 60 | 540 | Emily Brake | F35 | 66:05 | | 1048 | 65:46 | 32:13 |
| 1046 | 720 | 94 | 1079 | Adrian Clifford | M45 | 66:05 | | 1041 | 65:22 | 31:38 |
| 1047 | 327 | 58 | 169 | Rachel Chanalaris | F40 | 66:11 | Loughton Manor First School | 1045 | 65:37 | 33:28 |
| 1048 | 328 | 117 | 952 | Laura Simmons | FS | 66:22 | | 1049 | 66:06 | 30:43 |
| 1049 | 329 | 61 | 1007 | Louise Radbourne | F35 | 66:29 | | 1051 | 66:16 | 31:56 |
| 1050 | 330 | 118 | 1005 | Emma Bentley | FS | 66:29 | Banbury Soles | 1052 | 66:16 | 31:56 |
| 1051 | 331 | 9 | 399 | Sue De Milita | F55 | 66:30 | | 1050 | 66:07 | 32:33 |
| 1052 | 332 | 119 | 16 | Corrinne Porse | FS | 66:48 | Whittlebury Hall | 1053 | 66:30 | 30:07 |
| 1053 | 721 | 122 | 1113 | Justin Watkins | M40 | 66:58 | Reading Road Runners | 1054 | 66:34 | 31:47 |
| 1054 | 333 | 37 | 758 | Laurie Mills | F45 | 67:19 | Great Linford Primary School | 1055 | 66:47 | 33:49 |
| 1055 | 334 | 120 | 80 | Claire Tinney | FS | 67:21 | | 1057 | 66:54 | 33:03 |
| 1056 | 335 | 38 | 430 | Paula Lewin | F45 | 67:23 | Daventry Road Runners | 1056 | 66:52 | 31:55 |
| 1057 | 336 | 29 | 1104 | Sylvia Jones | F50 | 68:03 | Bedford Harriers | 1058 | 67:36 | 32:52 |
| 1058 | 337 | 59 | 119 | Giselle Smith | F40 | 68:08 | Market Drayton Running Club | 1059 | 67:38 | 33:54 |
| 1059 | 722 | 123 | 688 | Mark Thorp | M40 | 68:18 | Avenue Amblers | 1060 | 67:55 | 34:15 |
| 1060 | 723 | 326 | 177 | Andrew Armer | MS | 68:24 | Rickley Park Primary School | 1061 | 68:14 | 32:42 |
| 1061 | 724 | 95 | 631 | Steven Pittam | M45 | 68:26 | | 1063 | 68:21 | 32:33 |
| 1062 | 725 | 327 | 1234 | NGL Fitzjohn | MS | 68:52 | | 1062 | 68:21 | 32:55 |
| 1063 | 338 | 62 | 151 | Sharon Fern | F35 | 68:58 | Aldridge Running Club | 1065 | 68:28 | 33:54 |
| 1064 | 339 | 30 | 405 | Julie Skelding | F50 | 68:59 | Team Derby Runner | 1067 | 68:40 | 33:57 |
| 1065 | 340 | 63 | 100 | Charlotte Baxter | F35 | 69:01 | Almost Athletes | 1068 | 68:42 | 35:13 |
| 1066 | 726 | 328 | 790 | Kazyhiro Tamanami | MS | 69:03 | | 1066 | 68:39 | 31:36 |
| 1067 | 727 | 329 | 705 | Rory Harrison | MS | 69:07 | | 1069 | 68:53 | 32:25 |
| 1068 | 728 | 96 | 1080 | Martin Clifford | M45 | 69:09 | | 1064 | 68:26 | 34:10 |
| 1069 | 341 | 121 | 648 | Helena Carter | FS | 69:25 | Oxley Park Academy | 1070 | 69:12 | 34:29 |
| 1070 | 342 | 122 | 647 | Emilie Harbottle | FS | 69:25 | Oxley Park Academy | 1071 | 69:12 | 34:29 |
| 1071 | 343 | 123 | 612 | Charlene Russell | FS | 69:34 | | 1072 | 69:12 | 34:38 |
| 1072 | 729 | 330 | 93 | Martyn Cook | MS | 69:55 | | 1073 | 69:30 | 31:50 |
| 1073 | 344 | 4 | 506 | Mary Griffin | F65 | 70:09 | | 1074 | 69:54 | 34:13 |
| 1074 | 345 | 60 | 1055 | Helen Shaw | F40 | 70:38 | | 1075 | 70:31 | 34:18 |
| 1075 | 730 | 331 | 7 | Greg Darkes | MS | 71:14 | Whittlebury Hall | 1076 | 70:54 | 34:39 |
| 1076 | 731 | 332 | 1172 | Michael Jones | MS | 71:23 | | 1077 | 71:04 | 35:39 |
| 1077 | 346 | 31 | 129 | Elizabeth Smithies | F50 | 71:58 | | 1078 | 71:41 | 34:22 |
| 1078 | 347 | 64 | 575 | Laura Patterson | F35 | 72:28 | | 1082 | 72:11 | 33:55 |
| 1079 | 348 | 61 | 930 | Samantha Reynolds | F40 | 72:28 | | 1080 | 72:10 | 33:54 |
| 1080 | 349 | 124 | 334 | Zoe Abbs | FS | 72:32 | | 1079 | 72:06 | 35:39 |
| 1081 | 350 | 39 | 168 | Esther Schencks | F45 | 72:33 | Willen Primary School | 1081 | 72:10 | 35:04 |
| 1082 | 351 | 62 | 567 | Prisca Birks | F40 | 72:33 | | 1083 | 72:19 | 34:25 |
| 1083 | 352 | 125 | 17 | Petra Paulicova | FS | 72:51 | Whittlebury Hall | 1084 | 72:51 | 0:00 |
| 1084 | 732 | 70 | 109 | Robert Yuill | M50 | 74:14 | Nissan Euro Runners | 1085 | 73:41 | 36:30 |
| 1085 | 733 | 333 | 110 | David Woloszyn | MS | 74:14 | Nissan Euro Runners | 1086 | 73:41 | 36:23 |
| 1086 | 353 | 65 | 459 | Victoria Heptonstall | F35 | 74:21 | | 1087 | 73:59 | 36:49 |
| 1087 | 734 | 71 | 730 | Andy Manning | M50 | 74:37 | Wellingborough AC | 1088 | 74:12 | 37:20 |
| 1088 | 354 | 126 | 31 | Jules Brown | FS | 74:57 | Whittlebury Hall | 1089 | 74:50 | 37:14 |
| 1089 | 735 | 72 | 1027 | Jon Wright | M50 | 75:49 | Rot Crew | 1090 | 75:31 | 36:36 |
| 1090 | 355 | 5 | 1059 | Gillian Holmes | F60 | 76:00 | Thorney Running Club | 1091 | 75:43 | 37:34 |
| 1091 | 736 | 334 | 809 | Robert Stroude | MS | 76:36 | | 1092 | 76:07 | 36:33 |
| 1092 | 737 | 335 | 788 | Shima Takashi | MS | 78:25 | | 1093 | 78:15 | 39:20 |
| 1093 | 356 | 63 | 29 | Leigh Zechner | F40 | 79:26 | Whittlebury Hall | 1095 | 79:00 | 36:55 |
| 1094 | 357 | 127 | 4 | Alison Dickersen | FS | 79:33 | Whittlebury Hall | 1096 | 79:06 | 36:54 |
| 1095 | 738 | 1 | 593 | Bob Emmerson | M80 | 79:35 | Leamington C & AC | 1094 | 78:59 | 39:06 |
| 1096 | 358 | 10 | 78 | Anne Field | F55 | 79:54 | Biggleswade AC | 1097 | 79:38 | 39:48 |
| 1097 | 359 | 11 | 516 | Helen Park | F55 | 79:54 | Avenue Amblers | 1098 | 79:38 | 39:48 |
| 1098 | 360 | 128 | 645 | Leanne Wood | FS | 80:00 | Oxley Park Academy | 1100 | 79:48 | 38:47 |
| 1099 | 361 | 129 | 363 | Gemma Smith | FS | 80:07 | Long Meadow School | 1102 | 79:54 | 37:48 |
| 1100 | 362 | 130 | 220 | Vicki Lashbrook | FS | 80:07 | Long Meadow School | 1099 | 79:46 | 37:40 |
| 1101 | 363 | 131 | 191 | Germaine Furneaux | FS | 80:07 | Long Meadow School | 1101 | 79:54 | 38:04 |
| 1102 | 364 | 132 | 199 | Helen Jamieson | FS | 80:07 | Long Meadow School | 1103 | 79:54 | 38:04 |
| 1103 | 365 | 133 | 198 | Emma Kidd | FS | 80:08 | Long Meadow School | 1104 | 79:55 | 38:05 |

| | | | | | | | | | | |
|------|-----|-----|-----|--------------|-----|-------|-------------------|------|-------|-------|
| 1104 | 366 | 64 | 765 | Joanne Wood | F40 | 81:32 | Glastonbury Thorn | 1105 | 81:06 | 40:51 |
| 1105 | 367 | 134 | 102 | Kelly Surman | FS | 83:11 | | 1106 | 82:52 | 39:40 |

Silverstone Team Result

Team result (4 M/F to score)

| | | |
|----|------------------------------|---------|
| 1 | Kenilworth Runners | 2:14:40 |
| 2 | Wootton Road Runners | 2:20:19 |
| 3 | Coventry Godiva | 2:21:35 |
| 4 | Warwick University | 2:24:10 |
| 5 | Marshall Milton Keynes AC | 2:27:24 |
| 6 | Amphill & Flitwick Flyers | 2:27:41 |
| 7 | Harborough AC | 2:27:45 |
| 8 | Higham Harriers | 2:28:26 |
| 9 | Bedford Harriers | 2:28:55 |
| 10 | Wellingborough AC | 2:30:10 |
| 11 | Spa Striders | 2:31:08 |
| 12 | Headington Road Runners | 2:32:12 |
| 13 | Rugby & Northampton AC | 2:32:31 |
| 14 | Kettering Town Harriers | 2:32:51 |
| 15 | Leamington C & AC | 2:37:08 |
| 16 | Leighton Buzzard AC | 2:37:25 |
| 17 | Charnwood AC | 2:39:00 |
| 18 | Sphinx AC | 2:39:54 |
| 19 | Nissan Euro Runners | 2:41:41 |
| 20 | David Lloyd Redway Runners | 2:42:27 |
| 21 | Brackley & District | 2:42:50 |
| 22 | Huncote Harriers | 2:44:21 |
| 23 | Northbrook AC | 2:48:21 |
| 24 | Northampton Road Runners | 2:54:04 |
| 25 | Buckingham & Stowe | 2:58:42 |
| 26 | Whittlebury Hall | 2:59:03 |
| 27 | Long Meadow School | 3:00:30 |
| 28 | Human Energy AC | 3:01:18 |
| 29 | Yaxley Runners & Joggers | 3:11:20 |
| 30 | Silverstone Circuits | 3:11:36 |
| 31 | Rickley Park Primary School | 3:12:19 |
| 32 | Oxley Park Academy | 3:14:10 |
| 33 | Biggleswade AC | 3:17:25 |
| 34 | Willen Primary School | 3:21:31 |
| 35 | Glastonbury Thorn | 3:26:05 |
| 36 | Stopsley Striders | 3:29:34 |
| 37 | Loughton Manor First School | 3:30:00 |
| 38 | Bushfield Joggers | 3:32:24 |
| 39 | Nuneaton Harriers | 3:36:25 |
| 40 | Avenue Amblers | 3:40:30 |
| 41 | Daventry Road Runners | 3:45:00 |
| 42 | Great Linford Primary School | 3:53:14 |

EMGP Team Results

Senior Men (4 to score)

| | | |
|----|-----------------------------|---------|
| 1 | Kenilworth Runners | 2:14:40 |
| 2 | Wootton Road Runners | 2:20:19 |
| 3 | Coventry Godiva | 2:21:35 |
| 4 | Warwick University | 2:24:10 |
| 5 | Marshall Milton Keynes AC | 2:27:24 |
| 6 | Harborough AC | 2:27:45 |
| 7 | Amphill & Flitwick Flyers | 2:27:47 |
| 8 | Higham Harriers | 2:28:26 |
| 9 | Bedford Harriers | 2:29:07 |
| 10 | Wellingborough AC | 2:30:10 |
| 11 | Spa Striders | 2:31:08 |
| 12 | Kettering Town Harriers | 2:32:51 |
| 13 | Rugby & Northampton AC | 2:34:30 |
| 14 | Leamington C & AC | 2:37:08 |
| 15 | Leighton Buzzard AC | 2:37:25 |
| 16 | Sphinx AC | 2:39:54 |
| 17 | Headington Road Runners | 2:41:35 |
| 18 | Nissan Euro Runners | 2:41:41 |
| 19 | David Lloyd Redway Runners | 2:42:27 |
| 20 | Brackley & District | 2:42:50 |
| 21 | Huncote Harriers | 2:44:21 |
| 22 | Northbrook AC | 2:57:04 |
| 23 | Buckingham & Stowe | 2:58:42 |
| 24 | Whittlebury Hall | 2:59:03 |
| 25 | Northampton Road Runners | 2:59:16 |
| 26 | Human Energy AC | 3:05:37 |
| 27 | Long Meadow School | 3:07:52 |
| 28 | Yaxley Runners & Joggers | 3:11:20 |
| 29 | Rickley Park Primary School | 3:12:19 |
| 30 | Willen Primary School | 3:47:04 |
| 31 | Avenue Amblers | 3:48:09 |

Veteran Men (4 to score)

| | | |
|----|----------------------------|---------|
| 1 | Wellingborough AC | 2:33:41 |
| 2 | Wootton Road Runners | 2:33:53 |
| 3 | Kenilworth Runners | 2:36:30 |
| 4 | Kettering Town Harriers | 2:37:03 |
| 5 | Bedford Harriers | 2:38:38 |
| 6 | Headington Road Runners | 2:41:35 |
| 7 | Leamington C & AC | 2:42:33 |
| 8 | Higham Harriers | 2:42:46 |
| 9 | Huncote Harriers | 2:44:21 |
| 10 | Marshall Milton Keynes AC | 2:49:16 |
| 11 | Sphinx AC | 2:49:28 |
| 12 | Rugby & Northampton AC | 2:52:12 |
| 13 | Northbrook AC | 2:57:04 |
| 14 | Buckingham & Stowe | 3:04:29 |
| 15 | Human Energy AC | 3:05:37 |
| 16 | David Lloyd Redway Runners | 3:07:20 |
| 17 | Long Meadow School | 3:08:04 |
| 18 | Brackley & District | 3:11:13 |
| 19 | Northampton Road Runners | 3:11:39 |
| 20 | Yaxley Runners & Joggers | 3:22:38 |
| 21 | Nissan Euro Runners | 3:52:28 |

Senior Women (3 to score)

| | | |
|---|---------------------------|---------|
| 1 | Wootton Road Runners | 1:59:21 |
| 2 | Charnwood AC | 2:04:27 |
| 3 | Spa Striders | 2:04:50 |
| 4 | Wellingborough AC | 2:05:12 |
| 5 | Bedford Harriers | 2:06:30 |
| 6 | Marshall Milton Keynes AC | 2:09:38 |
| 7 | Kenilworth Runners | 2:14:49 |

| | | |
|-----------------------------------|-----------------------------|---------|
| 8 | David Lloyd Redway Runners | 2:18:45 |
| 9 | Warwick University | 2:19:07 |
| 10 | Northampton Road Runners | 2:19:20 |
| 11 | Huncote Harriers | 2:21:23 |
| 12 | Brackley & District | 2:22:32 |
| 13 | Kettering Town Harriers | 2:23:34 |
| 14 | Long Meadow School | 2:28:23 |
| 15 | Northbrook AC | 2:31:17 |
| 16 | Oxley Park Academy | 2:33:07 |
| 17 | Human Energy AC | 2:37:22 |
| 18 | Sphinx AC | 2:38:44 |
| 19 | Willen Primary School | 2:39:53 |
| 20 | Buckingham & Stowe | 2:49:43 |
| 21 | Rickley Park Primary School | 2:50:55 |
| 22 | Whittlebury Hall | 2:53:36 |
| 23 | Stopsley Striders | 3:00:47 |
| 24 | Biggleswade AC | 3:14:01 |
| 25 | Glastonbury Thorn | 3:17:19 |
| Veteran Women (3 to score) | | |
| 1 | Wootton Road Runners | 2:04:17 |
| 2 | Spa Striders | 2:04:50 |
| 3 | Bedford Harriers | 2:07:11 |
| 4 | Marshall Milton Keynes AC | 2:09:38 |
| 5 | Wellingborough AC | 2:15:03 |
| 6 | Northampton Road Runners | 2:22:00 |
| 7 | Brackley & District | 2:22:32 |
| 8 | Kettering Town Harriers | 2:23:34 |
| 9 | Huncote Harriers | 2:25:31 |
| 10 | Kenilworth Runners | 2:26:02 |
| 11 | David Lloyd Redway Runners | 2:30:13 |
| 12 | Northbrook AC | 2:31:17 |
| 13 | Human Energy AC | 2:37:22 |
| 14 | Willen Primary School | 2:39:53 |
| 15 | Long Meadow School | 2:41:36 |
| 16 | Oxley Park Academy | 2:46:41 |
| 17 | Biggleswade AC | 3:14:01 |
| 18 | Glastonbury Thorn | 3:17:19 |