



THE SILVERSTONE AND TOWCESTER RUNNING CLUB
www.silsonjoggers.org.uk

SILVERSTONE 10km – 4th May 2016

RACE RESULTS



Licence number 2016–19030



FIRST RACE IN THE EAST MIDLANDS GRAND PRIX SERIES 2016

SILSON JOGGERS AC THANK



Results produced by [Mick Bromilow](#), MMKAC, from the chipped results by FR Systems (Championchip)

Wheelchairs

| Pos | No. | Name | Cat | Club | Gun |
|-----|------|----------------|-----|--------------------------|-------|
| 1 | 1046 | Rob Smith | M40 | Coventry Godiva Harriers | 28:40 |
| 2 | 1144 | Sean Jones | MS | Coventry Godiva Harriers | 31:22 |
| 3 | 951 | Joshua Hartley | MS | Coventry Godiva Harriers | 31:27 |
| 4 | 868 | Chris Nash | MS | Hampshire WR | 31:47 |
| 5 | 925 | Andy Cheek | M50 | | 32:15 |
| 6 | 948 | Jason Avril | M45 | BWRA | 34:26 |
| 7 | 1071 | Mark O'Neill | M45 | | 38:03 |
| 8 | 1203 | Sophie Taylor | F20 | Coventry Godiva Harriers | 41:52 |

| Pos | M/F | Cat | No. | Name | Cat | Gun | Club | Chip | Gender |
|-----|-----|-----|------|----------------------|-----|-------|----------------------------|-------|--------|
| 1 | 1 | 1 | 1168 | Toby Spencer | MS | 31:24 | Coventry Godiva Harriers | 31:24 | M |
| 2 | 2 | 2 | 1186 | Alistair Smith | MS | 31:58 | Coventry Godiva Harriers | 31:58 | M |
| 3 | 3 | 1 | 947 | Michael Aldridge | M40 | 32:25 | Wootton Road Runners | 32:25 | M |
| 4 | 4 | 3 | 769 | Harvey Speed | MS | 33:33 | Coventry Godiva Harriers | 33:33 | M |
| 5 | 5 | 4 | 602 | Steven Horton | MS | 33:37 | Bedford Harriers | 33:36 | M |
| 6 | 6 | 5 | 759 | James Mogridge | MS | 33:59 | Yaxley Runners | 33:59 | M |
| 7 | 7 | 2 | 374 | Jason Williams | M40 | 34:15 | Hermitage Harriers | 34:14 | M |
| 8 | 8 | 6 | 197 | Joseph Read | MS | 34:39 | Knowle & Dorridge | 34:39 | M |
| 9 | 9 | 7 | 1211 | Gareth Wood | MS | 34:41 | Harborough AC | 34:40 | M |
| 10 | 10 | 1 | 302 | Andy Peet | M45 | 34:42 | Wigston Phoenix | 34:41 | M |
| 11 | 11 | 8 | 145 | Simon Bentley | MS | 34:46 | Knowle & Dorridge | 34:46 | M |
| 12 | 12 | 9 | 639 | Sam O'Neill | MS | 34:49 | Headington Road Runners | 34:49 | M |
| 13 | 13 | 10 | 579 | Glen Turner | MS | 34:58 | Leighton Buzzard AC | 34:58 | M |
| 14 | 14 | 11 | 631 | Stephen Ratcliffe | MS | 35:01 | Newcastle (Staffs) AC | 34:59 | M |
| 15 | 15 | 12 | 510 | Oliver Poulain | MS | 35:04 | University of Warwick | 35:04 | M |
| 16 | 16 | 13 | 892 | Jamie Langley | MS | 35:14 | Leamington C & AC | 35:14 | M |
| 17 | 17 | 14 | 835 | Jean-Pierre Mitchell | MS | 35:16 | Higham Harriers | 35:15 | M |
| 18 | 18 | 15 | 605 | Peter Stockdale | MS | 35:17 | UK Net Runner | 35:17 | M |
| 19 | 19 | 16 | 330 | Paul Mizon | MS | 35:27 | Redway Runners | 35:27 | M |
| 20 | 20 | 2 | 1029 | Brian O'Connor | M45 | 35:39 | Woodstock Harriers | 35:39 | M |
| 21 | 21 | 17 | 433 | Mark Kendrick | MS | 35:48 | Hermitage Harriers | 35:46 | M |
| 22 | 22 | 18 | 32 | James Stringer | MS | 35:54 | Wootton Road Runners | 35:51 | M |
| 23 | 23 | 3 | 955 | David Tame | M45 | 35:55 | Hook Norton Harriers | 35:53 | M |
| 24 | 24 | 19 | 935 | Mark Palsler | MS | 36:01 | Marshall Milton Keynes AC | 36:01 | M |
| 25 | 25 | 20 | 300 | Tom Stack | MS | 36:20 | University of Warwick | 36:19 | M |
| 26 | 26 | 1 | 900 | Kieran Chahal | M20 | 36:22 | Leamington C & AC | 36:20 | M |
| 27 | 27 | 21 | 1256 | Chris Mahoney | MS | 36:31 | B Team | 36:31 | M |
| 28 | 28 | 1 | 525 | Lazloe Boden | M55 | 36:35 | Wootton Road Runners | 36:35 | M |
| 29 | 29 | 4 | 768 | Tony Letts | M45 | 36:37 | Northampton Road Runners | 36:35 | M |
| 30 | 30 | 5 | 592 | Phil West | M45 | 36:44 | Kettering Town Harriers | 36:43 | M |
| 31 | 31 | 6 | 1027 | Brendan Moen | M45 | 36:51 | Rugby & Northampton AC | 36:50 | M |
| 32 | 32 | 3 | 627 | Chris Horton | M40 | 36:53 | Badgers | 36:53 | M |
| 33 | 1 | 1 | 1063 | Alice Burgin | FS | 36:56 | Bedford & County AC | 36:54 | F |
| 34 | 33 | 22 | 1119 | Tom Inchley | MS | 36:58 | Leighton Buzzard AC | 36:57 | M |
| 35 | 34 | 23 | 246 | Richard Keep | MS | 37:00 | | 36:59 | M |
| 36 | 35 | 1 | 342 | Greg Spellman | M50 | 37:01 | Wellingborough & District | 36:58 | M |
| 37 | 36 | 7 | 1185 | Marc Curtis | M45 | 37:02 | Kenilworth Runners | 37:02 | M |
| 38 | 37 | 24 | 1035 | Charlie Bardell | MS | 37:04 | Higham Harriers | 37:03 | M |
| 39 | 38 | 25 | 836 | William Collie | MS | 37:11 | University of Warwick | 37:08 | M |
| 40 | 39 | 26 | 939 | David Hollidge | MS | 37:13 | Banbury Harriers | 37:10 | M |
| 41 | 40 | 4 | 778 | Richard Bruce | M40 | 37:15 | Mercedes-Benz Grand Prix | 37:13 | M M |
| 42 | 41 | 5 | 607 | Matthew Tonks | M40 | 37:15 | Badgers | 37:15 | M |
| 43 | 42 | 2 | 505 | Andy Green | M50 | 37:15 | Team East Haddon | 37:13 | M |
| 44 | 43 | 6 | 193 | Darren Nash | M40 | 37:26 | Hook Norton Harriers | 37:24 | M |
| 45 | 44 | 27 | 1159 | Chris McKeown | MS | 37:33 | Spa Striders | 37:31 | M |
| 46 | 45 | 3 | 830 | Martin Beare | M50 | 37:37 | Amphill & Flitwick Flyers | 37:35 | M |
| 47 | 46 | 7 | 334 | Richard Skilbeck | M40 | 37:37 | Headington Road Runners | 37:34 | M |
| 48 | 47 | 28 | 1156 | Stuart de Freyne | MS | 37:38 | Wootton Road Runners | 37:32 | M |
| 49 | 48 | 29 | 539 | Tom Ward | MS | 37:42 | Harborough AC | 37:40 | M |
| 50 | 49 | 8 | 1212 | David Kelly | M45 | 37:45 | Higham Harriers | 37:44 | M |
| 51 | 50 | 8 | 198 | Andrew Wasdell | M40 | 37:46 | Marshall Milton Keynes AC | 37:44 | M |
| 52 | 51 | 30 | 472 | Paul Floodgate | MS | 37:54 | Wavendon Gate School | 37:52 | S M |
| 53 | 52 | 31 | 99 | David Jackson | MS | 38:00 | Badgers | 37:58 | M |
| 54 | 53 | 9 | 650 | Richard Lack | M45 | 38:08 | Wootton Road Runners | 38:08 | M |
| 55 | 54 | 9 | 917 | Tim Kelly | M40 | 38:13 | | 38:12 | M |
| 56 | 55 | 10 | 680 | Christopher Finister | M40 | 38:15 | Marshall Milton Keynes AC | 38:13 | M |
| 57 | 56 | 32 | 521 | Marcello Tumino | MS | 38:16 | University of Warwick | 38:12 | M |
| 58 | 57 | 4 | 1127 | David Pearce | M50 | 38:19 | Leicester Coritanian | 38:16 | M |
| 59 | 58 | 10 | 647 | Ady King | M45 | 38:22 | Kettering Town Harriers | 38:20 | M |
| 60 | 59 | 33 | 1235 | James Armstrong | MS | 38:24 | Amphill & Flitwick Flyers | 38:22 | M |
| 61 | 60 | 34 | 1197 | Daniel Pebody | MS | 38:25 | Cherwell Runners & Joggers | 38:23 | M |
| 62 | 61 | 2 | 318 | Terry Egan | M55 | 38:27 | Rugby & Northampton AC | 38:25 | M |
| 63 | 62 | 35 | 1088 | Tim Thurlow | MS | 38:34 | Wootton Road Runners | 38:32 | M |
| 64 | 63 | 5 | 1278 | Neil Sheward | M50 | 38:39 | Kenilworth Runners | 38:37 | M |
| 65 | 64 | 11 | 151 | Nigel Roberts | M45 | 38:41 | Rugby & Northampton AC | 38:39 | M |
| 66 | 65 | 36 | 679 | Carl Tucker | MS | 38:43 | Marshall Milton Keynes AC | 38:40 | M |

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| 67 | 66 | 2 | 1089 | Steven Wilkinson | M20 | 38:48 | 38:47 | M |
| 68 | 2 | 2 | 932 | Rosanna Andrews | FS | 38:51 Northampton Road Runners | 38:51 | F |
| 69 | 67 | 37 | 253 | David Searle | MS | 38:52 Desford Striders | 38:49 | M |
| 70 | 68 | 38 | 273 | Jason Lamb | MS | 38:54 Mercedes-Benz Grand Prix | 38:54 | M M |
| 71 | 69 | 11 | 864 | Steve Golla | M40 | 38:55 | 38:52 | M |
| 72 | 70 | 39 | 1133 | Christopher Dunn | MS | 38:57 Marshall Milton Keynes AC | 38:56 | M |
| 73 | 71 | 12 | 684 | Richard Fowler | M45 | 39:01 Wootton Road Runners | 38:56 | M |
| 74 | 72 | 40 | 46 | Darren Hallett | MS | 39:03 Sphinx AC | 39:03 | M |
| 75 | 73 | 41 | 1041 | Andrew Beastall | MS | 39:05 | 39:03 | M |
| 76 | 74 | 42 | 288 | Tim Webster | MS | 39:06 Northants Tri | 39:01 | M |
| 77 | 75 | 13 | 515 | David Wheatley | M45 | 39:08 | 39:01 | M |
| 78 | 3 | 3 | 152 | Donna Allen | FS | 39:10 Hook Norton Harriers | 39:06 | F |
| 79 | 76 | 43 | 194 | George Crawford | MS | 39:13 | 39:09 | M |
| 80 | 77 | 44 | 596 | Sam Reed | MS | 39:17 University of Warwick | 39:06 | M |
| 81 | 78 | 45 | 837 | Ben Shirley | MS | 39:17 Wellingborough & District | 39:14 | M |
| 82 | 79 | 46 | 1081 | Frantisek Zuscak | MS | 39:18 Zuscak Team | 39:16 | M |
| 83 | 80 | 14 | 499 | Andy Wilkins | M45 | 39:19 Harpenden Arrows | 39:16 | M |
| 84 | 81 | 6 | 683 | Greg Ashley | M50 | 39:22 100 Marathon Club | 39:20 | M |
| 85 | 82 | 15 | 439 | Kemal Mehmet | M45 | 39:23 Kettering Town Harriers | 39:20 | M |
| 86 | 83 | 12 | 629 | Julian Blackwell | M40 | 39:24 Wellingborough & District | 39:22 | M |
| 87 | 84 | 47 | 1037 | Dean Sartin | MS | 39:24 Olney Runners | 39:22 | M |
| 88 | 85 | 16 | 1163 | David Jackson | M45 | 39:27 OU Running Club | 39:25 | M |
| 89 | 86 | 48 | 1074 | Matty Gee | MS | 39:28 | 39:23 | M |
| 90 | 87 | 3 | 415 | Conor Richardson | M20 | 39:29 On the Run | 39:26 | M |
| 91 | 88 | 49 | 263 | Will Shippin | MS | 39:30 Uknetranner | 39:24 | M |
| 92 | 89 | 50 | 266 | Steven Hamilton | MS | 39:31 Mercedes-Benz Grand Prix | 39:23 | M M |
| 93 | 90 | 51 | 349 | Damien Jones | MS | 39:32 | 39:28 | M |
| 94 | 91 | 52 | 271 | Mervyn Dempsey | MS | 39:34 Mercedes-Benz Grand Prix | 39:31 | M M |
| 95 | 92 | 7 | 1164 | Tony Daglish | M50 | 39:37 Redway Runners | 39:34 | M |
| 96 | 93 | 53 | 786 | Seb Steel | MS | 39:38 New Chapter Primary School | 39:31 | S M |
| 97 | 94 | 54 | 1147 | Tom Smith | MS | 39:41 Northampton Road Runners | 39:39 | M |
| 98 | 95 | 55 | 893 | Ben Tawney | MS | 39:42 Leamington C & AC | 39:39 | M |
| 99 | 96 | 56 | 291 | Brad Brewann | MS | 39:43 | 39:14 | M |
| 100 | 97 | 57 | 974 | Tom Duck | MS | 39:43 | 39:34 | M |
| 101 | 98 | 58 | 79 | David Kingsnorth | MS | 39:44 | 39:41 | M |
| 102 | 99 | 59 | 1122 | Alex Penny | MS | 39:46 Buckingham & Stowe | 39:41 | M |
| 103 | 100 | 17 | 941 | Darren Atkins | M45 | 39:47 | 39:43 | M |
| 104 | 101 | 60 | 534 | Daniel Gosling | MS | 39:47 Northampton Road Runners | 39:42 | M |
| 105 | 102 | 8 | 249 | Graham Wallace | M50 | 39:49 Abingdon AC | 39:44 | M |
| 106 | 103 | 61 | 1080 | Marian Zuscak | MS | 39:50 Zuscak Team | 39:47 | M |
| 107 | 104 | 1 | 412 | Neil Lovesey | M60 | 39:50 Bedford Harriers | 39:46 | M |
| 108 | 105 | 62 | 294 | Alex Melhuish | MS | 39:53 | 39:44 | M |
| 109 | 106 | 18 | 1273 | Christopher Petrie | M45 | 39:54 | 39:47 | M |
| 110 | 107 | 13 | 235 | John Johnson | M40 | 39:54 On the Run | 39:51 | M |
| 111 | 108 | 63 | 662 | Luboslav Krivacka | MS | 39:54 | 39:49 | M |
| 112 | 109 | 64 | 1118 | Graham Magill | MS | 39:55 Leighton Buzzard AC | 39:53 | M |
| 113 | 110 | 65 | 1103 | Paul Barnes | MS | 39:56 Redway Runners | 39:53 | M |
| 114 | 111 | 66 | 1008 | Dom Banham-Hall | MS | 39:57 Northants Tri | 39:53 | M |
| 115 | 112 | 14 | 495 | Ian Barrett | M40 | 39:58 Loughton Manor First School | 39:52 | S M |
| 116 | 4 | 1 | 427 | Sarah Davis-Foxon | F45 | 40:00 Northampton Road Runners | 39:54 | F |
| 117 | 113 | 67 | 1274 | Andrew Kirschner | MS | 40:03 Marshall Milton Keynes AC | 40:01 | M |
| 118 | 114 | 9 | 438 | Stephen Hundal | M50 | 40:06 Leamington C & AC | 40:05 | M |
| 119 | 115 | 68 | 1032 | Jay Belham | MS | 40:07 Nene Valley Harriers | 39:59 | M |
| 120 | 116 | 4 | 831 | Tom Mullaney | M20 | 40:07 Daventry Road Runners | 39:57 | M |
| 121 | 117 | 69 | 879 | Marcus Dearnese | MS | 40:08 | 39:59 | M |
| 122 | 118 | 19 | 411 | Ben Phillips | M45 | 40:08 Leamington C & AC | 40:04 | M |
| 123 | 119 | 70 | 394 | Dermot Martin | MS | 40:12 Bearbrook RC | 40:07 | M |
| 124 | 120 | 15 | 284 | Allen El-Sour | M40 | 40:14 Sphinx AC | 40:09 | M |
| 125 | 121 | 16 | 904 | Adam Clark | M40 | 40:22 Redway Runners | 40:08 | M |
| 126 | 122 | 3 | 1021 | John Chapman | M55 | 40:22 Stopsley Striders | 40:20 | M |
| 127 | 123 | 20 | 826 | Simon Hull | M45 | 40:24 Buckingham & Stowe | 40:18 | M |
| 128 | 124 | 21 | 440 | Paul Caruana | M45 | 40:28 Leamington C & AC | 40:22 | M |
| 129 | 5 | 1 | 513 | Julia Bijl | F20 | 40:28 University of Warwick | 40:25 | F |
| 130 | 125 | 2 | 649 | Paul Wilkerson | M60 | 40:30 Bedford & County AC | 40:26 | M |
| 131 | 126 | 71 | 343 | Richard Wild | MS | 40:32 Bedford Harriers | 40:30 | M |
| 132 | 127 | 17 | 591 | Glyn Broadhurst | M40 | 40:33 Badgers | 40:33 | M |
| 133 | 128 | 72 | 526 | Stephen Dixon | MS | 40:35 Rugby & Northampton AC | 40:29 | M |

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| 134 | 129 | 10 | 677 | Roger Bullen | M50 | 40:38 | Wellingborough & District | 40:36 | M |
| 135 | 130 | 73 | 809 | Reece Carroll | MS | 40:39 | Team Whittlebury Hall | 40:36 | M |
| 136 | 131 | 18 | 862 | Matthew Naylor | M40 | 40:42 | | 40:39 | M |
| 137 | 132 | 22 | 621 | Graham Garlick | M45 | 40:42 | Leamington C & AC | 40:37 | M |
| 138 | 133 | 3 | 1047 | Ron Searle | M60 | 40:43 | Kettering Town Harriers | 40:40 | M |
| 139 | 134 | 74 | 257 | Neil Gray | MS | 40:44 | Higham Harriers | 40:41 | M |
| 140 | 135 | 75 | 869 | Conor McGrath | MS | 40:47 | BRAT | 40:45 | M |
| 141 | 136 | 76 | 268 | Andrew Bonjour | MS | 40:48 | Mercedes-Benz Grand Prix | 40:45 | M M |
| 142 | 137 | 77 | 551 | Michael Carrea | MS | 40:50 | Wootton Road Runners | 40:41 | M |
| 143 | 138 | 19 | 252 | Ross Brown | M40 | 40:51 | Kettering Town Harriers | 40:47 | M |
| 144 | 139 | 11 | 859 | Arthur Donnelly | M50 | 40:53 | Corby AC | 40:35 | M |
| 145 | 140 | 78 | 770 | Christopher Hitchman | MS | 40:54 | Leamington C & AC | 40:48 | M |
| 146 | 141 | 20 | 1104 | Damian Baker | M40 | 40:54 | Daventry Road Runners | 40:44 | M |
| 147 | 142 | 21 | 913 | Jerome McAllister | M40 | 40:56 | FRA | 40:31 | M |
| 148 | 143 | 12 | 1084 | Keith Hammond | M50 | 40:59 | | 40:53 | M |
| 149 | 144 | 22 | 163 | Douglas Chrystie | M40 | 41:01 | Castlethorpe First School | 40:58 | S M |
| 150 | 145 | 23 | 688 | Mark Bonham | M45 | 41:04 | Wellingborough & District | 40:56 | M |
| 151 | 146 | 4 | 957 | Mick Conroy | M55 | 41:05 | | 40:59 | M |
| 152 | 147 | 79 | 696 | Jakob Ebrey | MS | 41:06 | | 40:56 | M |
| 153 | 148 | 4 | 1232 | John Hill | M60 | 41:12 | Halesowen AC | 41:05 | M |
| 154 | 149 | 23 | 1276 | Mark Jennings | M40 | 41:13 | | 41:08 | M |
| 155 | 150 | 80 | 264 | Michael Sansoni | MS | 41:15 | Mercedes-Benz Grand Prix | 41:05 | M M |
| 156 | 151 | 5 | 1195 | Joseph Shirley | M20 | 41:15 | | 40:45 | M |
| 157 | 152 | 24 | 986 | Peter Moore | M40 | 41:15 | Northampton Road Runners | 41:13 | M |
| 158 | 153 | 25 | 943 | Ian Baynes | M40 | 41:17 | Kenilworth Runners | 41:12 | M |
| 159 | 154 | 13 | 1263 | Geoff Broad | M50 | 41:20 | | 41:14 | M |
| 160 | 155 | 24 | 851 | Warren Rose | M45 | 41:21 | Leighton Buzzard AC | 41:13 | M |
| 161 | 156 | 81 | 764 | George Dwight | MS | 41:21 | Highworth RC | 41:18 | M |
| 162 | 157 | 25 | 29 | Andrew Graham | M45 | 41:22 | Spa Striders | 40:38 | M |
| 163 | 158 | 5 | 224 | Robin Gardner | M55 | 41:24 | Road Runners Club | 41:20 | M |
| 164 | 159 | 82 | 928 | Ian Cooper | MS | 41:25 | | 41:21 | M |
| 165 | 160 | 6 | 514 | Rodney Berry | M55 | 41:26 | | 41:16 | M |
| 166 | 161 | 83 | 226 | Dan Wright | MS | 41:28 | Buckingham & Stowe | 41:25 | M |
| 167 | 162 | 84 | 267 | Dominique Riefstahl | MS | 41:29 | Mercedes-Benz Grand Prix | 41:20 | M M |
| 168 | 163 | 85 | 600 | Nader Zaree | MS | 41:30 | | 41:20 | M |
| 169 | 164 | 86 | 256 | Stuart Blissett | MS | 41:30 | | 41:16 | M |
| 170 | 165 | 14 | 875 | Steve Webb | M50 | 41:32 | Leamington C & AC | 41:26 | M |
| 171 | 166 | 87 | 1283 | Ricky Butler | MS | 41:34 | | 41:27 | M |
| 172 | 167 | 88 | 755 | Steven Stockwell | MS | 41:35 | Dartford Harriers | 41:31 | M |
| 173 | 168 | 89 | 351 | Mike Beeson | MS | 41:36 | | 41:32 | M |
| 174 | 169 | 26 | 967 | Daniel Brumby | M40 | 41:38 | Marshall Milton Keynes AC | 41:32 | M |
| 175 | 6 | 4 | 921 | Katy Young | FS | 41:39 | | 41:39 | F |
| 176 | 170 | 26 | 570 | Philip Horan | M45 | 41:40 | Amphill & Flitwick Flyers | 41:36 | M |
| 177 | 171 | 90 | 532 | Joshua Spering | MS | 41:40 | Headington Road Runners | 41:37 | M |
| 178 | 172 | 27 | 530 | Kevin Brown | M40 | 41:44 | Buckingham & Stowe | 41:35 | M |
| 179 | 173 | 15 | 303 | Tony Barnes | M50 | 41:46 | Bedford Harriers | 41:43 | M |
| 180 | 174 | 28 | 1240 | Russell Jones | M40 | 41:46 | Marshall Milton Keynes AC | 41:43 | M |
| 181 | 7 | 1 | 1277 | Louise Andrews | F40 | 41:51 | Kenilworth Runners | 41:49 | F |
| 182 | 175 | 16 | 604 | David Coker | M50 | 41:52 | Amphill & Flitwick Flyers | 41:48 | M |
| 183 | 176 | 27 | 459 | Craig Austin | M45 | 41:53 | Olney Runners | 41:51 | M |
| 184 | 177 | 17 | 834 | Kevin Darcy | M50 | 41:53 | Dunstable Road Runners | 41:46 | M |
| 185 | 178 | 18 | 1045 | Richard Reid | M50 | 41:55 | Dunstable Road Runners | 41:51 | M |
| 186 | 179 | 29 | 1200 | Dean McCoy | M40 | 41:56 | Wellingborough & District | 41:48 | M |
| 187 | 180 | 91 | 966 | Peter Cowler | MS | 41:57 | Wellingborough & District | 41:54 | M |
| 188 | 181 | 92 | 709 | Richard Quinn | MS | 41:58 | Green Park Primary School | 41:42 | S M |
| 189 | 182 | 30 | 1131 | Paul Adams | M40 | 41:58 | Higham Harriers | 41:52 | M |
| 190 | 183 | 7 | 1090 | Steve Cory | M55 | 41:59 | | 41:52 | M |
| 191 | 184 | 31 | 685 | Simon Cook | M40 | 41:59 | Olney Runners | 41:56 | M |
| 192 | 185 | 19 | 529 | Jim Conroy | M50 | 42:01 | Parklands Run & Jog | 41:56 | M |
| 193 | 186 | 28 | 1134 | Paul Brame | M45 | 42:01 | Headington Road Runners | 41:57 | M |
| 194 | 187 | 29 | 216 | Toby Clarke | M45 | 42:03 | Witney RR | 41:52 | M |
| 195 | 188 | 93 | 619 | Bortek Wojna | MS | 42:06 | Brackley & District RC | 41:50 | M |
| 196 | 8 | 2 | 1268 | Samantha Morton | F45 | 42:07 | Halesowen AC | 41:57 | F |
| 197 | 189 | 94 | 138 | James Attwood | MS | 42:09 | Haymarket Media Group | 42:00 | M M |
| 198 | 190 | 30 | 593 | Jonathan Fox | M45 | 42:11 | Buckingham & Stowe | 42:07 | M |
| 199 | 191 | 31 | 1146 | Robert Moon | M45 | 42:13 | | 42:05 | M |
| 200 | 192 | 32 | 1154 | Ken Munro | M40 | 42:15 | Marshall Milton Keynes AC | 42:06 | M |

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|-----|-----|-----|------|--------------------|-----|-------|----------------------------|-------|-----|
| 201 | 193 | 33 | 1166 | Mark Kennedy | M40 | 42:18 | Northampton Road Runners | 42:12 | M |
| 202 | 194 | 20 | 1109 | Martin Brent | M50 | 42:18 | Marshall Milton Keynes AC | 42:14 | M |
| 203 | 195 | 32 | 896 | James Field | M45 | 42:21 | Witney Road Runners | 42:09 | M |
| 204 | 196 | 95 | 344 | Scott Fisher | MS | 42:21 | | 42:14 | M |
| 205 | 197 | 33 | 1034 | Andrew Higgins | M45 | 42:21 | Leamington C & AC | 42:17 | M |
| 206 | 198 | 21 | 116 | Laurence Scott | M50 | 42:23 | Rugby & Northampton AC | 42:13 | M |
| 207 | 199 | 96 | 1062 | Richard Beastall | MS | 42:24 | | 42:23 | M |
| 208 | 200 | 8 | 1069 | Mike Wilcox | M55 | 42:28 | | 42:17 | M |
| 209 | 201 | 97 | 1017 | Robby Taylor | MS | 42:30 | Marshall Milton Keynes AC | 42:16 | M |
| 210 | 202 | 34 | 971 | Ryan Bush | M45 | 42:31 | | 42:18 | M |
| 211 | 203 | 34 | 287 | Andrew Kiff | M40 | 42:32 | | 42:23 | M |
| 212 | 204 | 98 | 666 | Simon Hodgson | MS | 42:33 | Harpenden Arrows | 42:29 | M |
| 213 | 205 | 35 | 983 | Gareth Bird | M40 | 42:34 | Leighton Buzzard AC | 42:26 | M |
| 214 | 206 | 5 | 1006 | Kevin Naughton | M60 | 42:34 | Sphinx AC | 42:27 | M |
| 215 | 207 | 35 | 314 | Steve Thomson | M45 | 42:34 | Buckingham & Stowe | 42:30 | M |
| 216 | 208 | 22 | 1271 | Edward Taylor | M50 | 42:36 | Northampton Road Runners | 42:29 | M |
| 217 | 209 | 36 | 1082 | Paul Davis | M45 | 42:37 | Higham Harriers | 42:33 | M |
| 218 | 210 | 99 | 972 | Thomas Batten | MS | 42:38 | | 42:23 | M |
| 219 | 211 | 6 | 430 | Stephen Williams | M20 | 42:38 | | 42:27 | M |
| 220 | 212 | 9 | 1242 | Andy Wilford | M55 | 42:40 | Huncote Harriers | 42:38 | M |
| 221 | 213 | 7 | 444 | Ed Shakespeare | M20 | 42:42 | Olney Runners | 42:39 | M |
| 222 | 9 | 3 | 1161 | Julie Martin | F45 | 42:44 | Redway Runners | 42:42 | F |
| 223 | 214 | 36 | 1190 | James Neal | M40 | 42:46 | Dunstable Road Runners | 42:38 | M |
| 224 | 10 | 1 | 465 | Yuko Gordon | F65 | 42:50 | North Herts Road Runners | 42:46 | F |
| 225 | 215 | 100 | 872 | Wes Prodger | MS | 42:53 | | 42:49 | M |
| 226 | 216 | 101 | 856 | Richard Leech | MS | 42:54 | Absolute Tri | 42:39 | M |
| 227 | 217 | 102 | 603 | Ian Wild | MS | 42:54 | | 42:52 | M |
| 228 | 218 | 37 | 361 | Dave Nichols | M45 | 42:54 | Force India F1 | 42:52 | M M |
| 229 | 11 | 5 | 1237 | Kirsty Hambleton | FS | 42:55 | Brackley & District RC | 42:38 | F |
| 230 | 219 | 38 | 927 | Peter Stratford | M45 | 42:55 | | 42:53 | M |
| 231 | 220 | 103 | 1101 | Matthew Brooks | MS | 42:56 | | 42:49 | M |
| 232 | 221 | 23 | 1193 | Graham Hollowell | M50 | 42:56 | Wootton Road Runners | 42:49 | M |
| 233 | 222 | 39 | 1100 | Craig Watt | M45 | 42:56 | Bedford Harriers | 42:44 | M |
| 234 | 223 | 104 | 327 | Matthew Spearman | MS | 42:56 | Desborough Rapid | 42:51 | M |
| 235 | 224 | 105 | 1191 | Robert Gaskill | MS | 42:58 | | 42:49 | M |
| 236 | 225 | 24 | 107 | Dave Playforth | M50 | 42:58 | East Hull Harriers | 42:51 | M |
| 237 | 226 | 40 | 825 | Paul Whitehead | M45 | 43:00 | | 42:49 | M |
| 238 | 227 | 106 | 503 | Peter Hammond | MS | 43:00 | | 42:51 | M |
| 239 | 228 | 25 | 937 | Glenn Palmer | M50 | 43:06 | | 42:52 | M |
| 240 | 12 | 4 | 230 | Trudi Pike | F45 | 43:06 | Kettering Town Harriers | 43:03 | F |
| 241 | 229 | 37 | 742 | Gareth Snelson | M40 | 43:06 | Priory Rise School | 43:00 | S M |
| 242 | 230 | 10 | 331 | Neil McDonald | M55 | 43:13 | Wellingborough & District | 43:08 | M |
| 243 | 231 | 107 | 482 | Gary Newitt | MS | 43:17 | Chestnuts Primary School | 43:10 | S M |
| 244 | 232 | 108 | 1055 | Christopher Jones | MS | 43:19 | Wellingborough & District | 43:16 | M |
| 245 | 233 | 109 | 1280 | Jeff Hilton | MS | 43:22 | | 43:12 | M |
| 246 | 234 | 110 | 132 | Chris Smith | MS | 43:24 | | 43:12 | M |
| 247 | 235 | 111 | 756 | David Johnson | MS | 43:24 | Higham Harriers | 43:21 | M |
| 248 | 236 | 38 | 1272 | David Woffinden | M40 | 43:25 | | 43:15 | M |
| 249 | 237 | 26 | 225 | Vince Gaziano | M50 | 43:26 | Kettering Town Harriers | 43:21 | M |
| 250 | 238 | 112 | 435 | Joshua Lahiti | MS | 43:26 | University of Warwick | 43:15 | M |
| 251 | 239 | 113 | 478 | Grzegorz Zajac | MS | 43:27 | Wavendon Gate School | 43:22 | S M |
| 252 | 240 | 114 | 1142 | Jay Smith | MS | 43:29 | | 43:27 | M |
| 253 | 241 | 39 | 993 | Nick Washington | M40 | 43:31 | Marshall Milton Keynes AC | 43:25 | M |
| 254 | 242 | 27 | 567 | Ian Marriott | M50 | 43:34 | Brackley & District RC | 43:18 | M |
| 255 | 13 | 2 | 839 | Angela Copson | F65 | 43:34 | Rugby & Northampton AC | 43:30 | F |
| 256 | 243 | 115 | 659 | Scott Riddell | MS | 43:35 | Dunstable Road Runners | 43:28 | M |
| 257 | 244 | 6 | 964 | Ken Willis | M60 | 43:38 | Northants Police | 43:25 | M |
| 258 | 14 | 5 | 918 | Jenny Jeeves | F45 | 43:38 | Leamington C & AC | 43:32 | F |
| 259 | 245 | 40 | 209 | Warren Harrison | M40 | 43:38 | Cherwell Runners & Joggers | 43:38 | M |
| 260 | 246 | 116 | 562 | Stephen Illes-Cody | MS | 43:39 | | 43:25 | M |
| 261 | 247 | 117 | 958 | Adam Pilsbury | MS | 43:39 | Wootton Road Runners | 43:34 | M |
| 262 | 15 | 1 | 1227 | Kerry Munn | F50 | 43:41 | Kettering Town Harriers | 43:31 | F |
| 263 | 248 | 118 | 414 | David Sheffield | MS | 43:50 | Colworth Striders | 43:35 | M |
| 264 | 249 | 28 | 184 | Brian Moore | M50 | 43:52 | Witney RR | 43:40 | M |
| 265 | 250 | 29 | 223 | Alan Roberts | M50 | 43:52 | Vale of Aylesbury | 43:50 | M |
| 266 | 16 | 2 | 37 | Jen Milsom | F40 | 43:53 | | 43:50 | F |
| 267 | 251 | 11 | 431 | Tony Mackness | M55 | 43:53 | Northbrook AC | 43:48 | M |

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| 268 | 252 | 7 | 49 | Derek Slann | M60 | 43:54 | Redway Runners | 43:51 | M |
| 269 | 253 | 41 | 231 | Jimmy James | M40 | 43:55 | | 43:47 | M |
| 270 | 254 | 119 | 168 | Ben O'Donegan | MS | 43:55 | Long Meadow School | 43:38 | S M |
| 271 | 255 | 120 | 899 | Bruce Wortley | MS | 43:56 | | 43:52 | M |
| 272 | 256 | 121 | 614 | Tim Jakeman | MS | 43:58 | | 43:38 | M |
| 273 | 257 | 30 | 1105 | Robert Holding | M50 | 44:01 | Northampton Road Runners | 43:56 | M |
| 274 | 17 | 6 | 388 | Cally Chambers | FS | 44:02 | Monkston Primary School | 43:48 | S F |
| 275 | 258 | 8 | 51 | Gregory West | M20 | 44:04 | Leamington C & AC | 44:02 | M |
| 276 | 18 | 7 | 1208 | Adday Heller | FS | 44:06 | University of Warwick | 44:00 | F |
| 277 | 259 | 122 | 85 | Matthew Harris | MS | 44:06 | Buckingham & Stowe | 44:03 | M |
| 278 | 260 | 123 | 763 | Ian Hughes | MS | 44:08 | Northampton Road Runners | 43:59 | M |
| 279 | 261 | 31 | 1129 | Steve Badcock | M50 | 44:09 | Redway Runners | 44:05 | M |
| 280 | 262 | 32 | 367 | Mitch Canvin | M50 | 44:11 | | 44:04 | M |
| 281 | 19 | 1 | 676 | Christina Lawrence | F35 | 44:12 | Dunstable Road Runners | 44:05 | F |
| 282 | 263 | 33 | 1139 | Geoffrey New | M50 | 44:16 | Marshall Milton Keynes AC | 44:13 | M |
| 283 | 20 | 2 | 56 | Jill Pittard | F35 | 44:17 | Northbrook AC | 44:09 | F |
| 284 | 264 | 1 | 16 | Keith Moreman | M65 | 44:18 | Daventry Road Runners | 44:10 | M |
| 285 | 21 | 8 | 50 | Victoria Berry | FS | 44:19 | Redway Runners | 44:17 | F |
| 286 | 265 | 9 | 298 | Joshua White | M20 | 44:20 | | 43:50 | M |
| 287 | 266 | 8 | 782 | Philip Coy | M60 | 44:20 | Banbury Harriers | 44:12 | M |
| 288 | 267 | 12 | 158 | David Rose | M55 | 44:21 | New Bradwell School | 44:19 | S M |
| 289 | 268 | 10 | 476 | Lewis Dazley | M20 | 44:22 | Wavendon Gate School | 44:11 | S M |
| 290 | 269 | 124 | 884 | Paul Gibson-Adams | MS | 44:23 | | 44:13 | M |
| 291 | 270 | 42 | 572 | Mark Coupland | M40 | 44:24 | Wootton Road Runners | 44:15 | M |
| 292 | 271 | 43 | 1056 | Gary Thacker | M40 | 44:25 | Wellingborough & District | 44:09 | M |
| 293 | 272 | 125 | 723 | Josh Blackburn | MS | 44:25 | White Spire School | 44:10 | S M |
| 294 | 22 | 9 | 1093 | Lorna Latimer | FS | 44:26 | Rugby & Northampton AC | 44:14 | F |
| 295 | 273 | 2 | 67 | Christopher Gibson | M65 | 44:27 | | 44:23 | M |
| 296 | 23 | 6 | 901 | Angela Chahal | F45 | 44:27 | Leamington C & AC | 44:23 | F |
| 297 | 274 | 126 | 1003 | Alex Bartlett | MS | 44:28 | Sphinx AC | 44:24 | M |
| 298 | 275 | 127 | 319 | Tom Martin | MS | 44:29 | Roadhogs | 44:20 | M |
| 299 | 276 | 44 | 587 | Stephen O'Looney | M40 | 44:30 | | 44:22 | M |
| 300 | 277 | 41 | 373 | Ian McPartlan | M45 | 44:32 | Buckingham & Stowe | 44:26 | M |
| 301 | 278 | 128 | 653 | Gavin Hanna | MS | 44:32 | | 44:22 | M |
| 302 | 279 | 45 | 645 | Andy Medcalfe | M40 | 44:34 | Corby Tri | 44:20 | M |
| 303 | 280 | 129 | 265 | Moritz Harmel | MS | 44:36 | Mercedes-Benz Grand Prix | 44:25 | M M |
| 304 | 281 | 130 | 93 | Oliver Knight | MS | 44:37 | | 44:28 | M |
| 305 | 282 | 131 | 101 | Richard Wake | MS | 44:38 | Force India F1 | 44:20 | M M |
| 306 | 283 | 42 | 635 | Michael Munro | M45 | 44:39 | Bedford Harriers | 44:29 | M |
| 307 | 284 | 9 | 403 | David Coates | M60 | 44:44 | Cherwell Runners & Joggers | 44:41 | M |
| 308 | 285 | 43 | 243 | Jason Taylor | M45 | 44:45 | | 44:34 | M |
| 309 | 286 | 44 | 372 | Tony Burkett | M45 | 44:46 | Witney Road Runners | 44:34 | M |
| 310 | 287 | 132 | 220 | Paul Vickers | MS | 44:46 | | 44:42 | M |
| 311 | 288 | 133 | 1091 | Gavin Harris | MS | 44:47 | Northampton Road Runners | 44:39 | M |
| 312 | 289 | 34 | 843 | Rob Hayward | M50 | 44:50 | Wootton Road Runners | 44:46 | M |
| 313 | 290 | 134 | 870 | Jonathan Capp | MS | 44:52 | | 44:34 | M |
| 314 | 291 | 45 | 72 | Alex McMurtrie | M45 | 44:52 | Rugby & Northampton AC | 44:45 | M |
| 315 | 24 | 1 | 1059 | Susie Tawney | F55 | 44:53 | Leamington C & AC | 44:45 | F |
| 316 | 292 | 135 | 777 | James Dwight | MS | 44:54 | Redway Runners | 44:50 | M |
| 317 | 293 | 46 | 481 | Nick Barnes | M40 | 44:54 | Wavendon Gate School | 44:50 | S M |
| 318 | 25 | 10 | 546 | Andy Smith | FS | 44:56 | | 44:45 | F |
| 319 | 294 | 47 | 912 | Andrew Pepperell | M40 | 44:58 | | 44:45 | M |
| 320 | 295 | 48 | 480 | Nigel Brock | M40 | 45:00 | Wavendon Gate School | 44:46 | S M |
| 321 | 296 | 136 | 45 | James Oggelsby | MS | 45:01 | Rugby Tri Club | 44:40 | M |
| 322 | 297 | 46 | 558 | Ady Sharp | M45 | 45:01 | | 44:54 | M |
| 323 | 298 | 35 | 464 | Mark Squire | M50 | 45:01 | Redway Runners | 44:54 | M |
| 324 | 299 | 137 | 44 | Jamie Abbott | MS | 45:08 | | 44:50 | M |
| 325 | 300 | 138 | 1251 | Chris Unwin | MS | 45:08 | Huncote Harriers | 45:05 | M |
| 326 | 26 | 11 | 97 | Daniella Gibson | FS | 45:09 | Stopsley Striders | 45:02 | F |
| 327 | 301 | 139 | 377 | Adam Sharman | MS | 45:09 | Brooklands Farm Primary School | 44:32 | S M |
| 328 | 302 | 47 | 255 | Dave Crosthwaite | M45 | 45:11 | Headington Road Runners | 45:00 | M |
| 329 | 303 | 140 | 891 | Matt Edwards | MS | 45:15 | | 45:08 | M |
| 330 | 304 | 36 | 886 | Chris Davis | M50 | 45:15 | Handy Cross Runners | 45:01 | M |
| 331 | 305 | 48 | 820 | Selwyn Parrish | M45 | 45:16 | | 45:01 | M |
| 332 | 306 | 49 | 1004 | Mark Nicholls | M45 | 45:17 | Northampton Road Runners | 45:09 | M |
| 333 | 307 | 141 | 1153 | Joe Sturdy | MS | 45:19 | Manor F1 | 44:38 | M |
| 334 | 308 | 50 | 929 | Adrian Linger | M45 | 45:19 | | 45:07 | M |

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| 335 | 27 | 2 | 1057 | Veronica Singleton-Lawley | F55 | 45:21 | Bedford Harriers | 45:13 | F |
| 336 | 309 | 37 | 52 | Simon West | M50 | 45:23 | Leamington C & AC | 45:15 | M |
| 337 | 310 | 142 | 201 | Steven Wells | MS | 45:24 | | 44:53 | M |
| 338 | 311 | 38 | 316 | Paul Taylor | M50 | 45:26 | Hook Norton Harriers | 44:54 | M |
| 339 | 28 | 3 | 981 | Vicki Baker | F35 | 45:26 | | 45:20 | F |
| 340 | 312 | 143 | 771 | James Newman | MS | 45:26 | Buckingham & Stowe | 45:22 | M |
| 341 | 313 | 144 | 460 | Oliver Tomlinson | MS | 45:27 | | 45:10 | M |
| 342 | 29 | 3 | 542 | Jaacie Ackers | F40 | 45:27 | Olney Runners | 45:14 | F |
| 343 | 314 | 145 | 520 | James Hankers | MS | 45:27 | | 45:12 | M |
| 344 | 315 | 146 | 250 | Huw Jones | MS | 45:28 | | 45:15 | M |
| 345 | 316 | 147 | 102 | Curtis Stones | MS | 45:30 | Force India F1 | 45:12 | M M |
| 346 | 317 | 148 | 757 | John Elworthy | MS | 45:32 | Bedford Harriers | 45:16 | M |
| 347 | 318 | 10 | 292 | David Sawyer | M60 | 45:32 | Headington Road Runners | 45:21 | M |
| 348 | 30 | 12 | 996 | Harriet Griffiths | FS | 45:33 | Headington Road Runners | 45:29 | F |
| 349 | 319 | 149 | 1106 | John Saw | MS | 45:33 | Rugby & Northampton AC | 45:32 | M |
| 350 | 320 | 150 | 580 | David Walton | MS | 45:34 | | 45:22 | M |
| 351 | 321 | 13 | 393 | Anthony Taylor | M55 | 45:34 | | 44:46 | M |
| 352 | 322 | 151 | 1201 | Aaron Glue | MS | 45:35 | | 45:19 | M |
| 353 | 323 | 3 | 1264 | Morris Dempster | M65 | 45:35 | Bedford Harriers | 45:12 | M |
| 354 | 31 | 4 | 1116 | Robyn Thorman | F35 | 45:35 | Wootton Road Runners | 45:30 | F |
| 355 | 324 | 14 | 995 | John Griffiths | M55 | 45:37 | Headington Road Runners | 45:33 | M |
| 356 | 32 | 4 | 1241 | Maria Calleia | F40 | 45:37 | Marshall Milton Keynes AC | 45:32 | F |
| 357 | 325 | 152 | 405 | Jordan Brazier | MS | 45:40 | | 45:35 | M |
| 358 | 33 | 13 | 626 | Sophia Tucker | FS | 45:41 | University of Warwick | 45:36 | F |
| 359 | 326 | 153 | 1250 | Ross Dougall | MS | 45:41 | | 45:36 | M |
| 360 | 327 | 39 | 611 | Ian Prime | M50 | 45:44 | Congleton Harriers | 45:31 | M |
| 361 | 328 | 15 | 829 | Kim Lowde | M55 | 45:46 | Daventry Road Runners | 45:29 | M |
| 362 | 34 | 7 | 337 | Debbie Morris | F45 | 45:47 | Buckingham & Stowe | 45:42 | F |
| 363 | 329 | 11 | 1194 | Matt Goode | M20 | 45:49 | | 45:19 | M |
| 364 | 330 | 154 | 718 | John Thompson | MS | 45:50 | White Spire School | 45:22 | S M |
| 365 | 331 | 49 | 850 | Stuart Bullard | M40 | 45:50 | Bedford Harriers | 45:34 | M |
| 366 | 332 | 155 | 365 | Steve Holmes | MS | 45:52 | Force India F1 | 45:36 | M M |
| 367 | 35 | 5 | 1275 | Helen Etherington | F35 | 45:53 | Wellingborough & District | 45:37 | F |
| 368 | 333 | 50 | 325 | Gary Masters | M40 | 45:54 | Yaxley Runners | 45:32 | M |
| 369 | 334 | 51 | 1265 | Tom Williams | M40 | 45:55 | Kenilworth Runners | 45:48 | M |
| 370 | 335 | 156 | 519 | Mark Patton | MS | 45:56 | | 45:40 | M |
| 371 | 336 | 157 | 774 | Jared Yu | MS | 45:56 | | 45:32 | M |
| 372 | 337 | 51 | 584 | Matthew Tilt | M45 | 45:57 | Team East Haddon | 45:43 | M |
| 373 | 36 | 2 | 1108 | Debra Brent | F50 | 45:57 | Marshall Milton Keynes AC | 45:46 | F |
| 374 | 338 | 52 | 1243 | Michael McNamara | M40 | 45:57 | Olney Runners | 45:44 | M |
| 375 | 339 | 12 | 595 | Nathan Moore | M20 | 45:58 | University of Warwick | 45:47 | M |
| 376 | 37 | 5 | 828 | Hayley Veasey | F40 | 45:58 | Corby AC | 45:41 | F |
| 377 | 38 | 8 | 622 | Lucy Harris | F45 | 46:00 | Witney Road Runners | 45:48 | F |
| 378 | 340 | 53 | 997 | Deepesh Patel | M40 | 46:01 | Wootton Road Runners | 45:48 | M |
| 379 | 341 | 54 | 1099 | Paul Cooper | M40 | 46:05 | Hook Norton Harriers | 45:54 | M |
| 380 | 342 | 55 | 916 | Richard Owen | M40 | 46:05 | | 45:55 | M |
| 381 | 39 | 6 | 341 | Annette Russell | F40 | 46:07 | Daventry Road Runners | 46:03 | F |
| 382 | 343 | 52 | 30 | Mark Alldritt | M45 | 46:08 | | 45:59 | M |
| 383 | 40 | 7 | 156 | Karen Camidge | F40 | 46:10 | Long Meadow School | 46:02 | S F |
| 384 | 344 | 158 | 783 | John Billing | MS | 46:10 | New Chapter Primary School | 45:39 | S M |
| 385 | 345 | 11 | 1137 | Tony Keech | M60 | 46:10 | Human Energy AC | 45:58 | M |
| 386 | 346 | 40 | 1135 | Peter Scobie | M50 | 46:10 | | 45:46 | M |
| 387 | 347 | 41 | 445 | David Shakespeare | M50 | 46:11 | Olney Runners | 46:08 | M |
| 388 | 348 | 4 | 1255 | Paul Allen | M65 | 46:12 | Halesowen AC | 46:02 | M |
| 389 | 349 | 53 | 634 | Ian Lord | M45 | 46:13 | | 46:02 | M |
| 390 | 350 | 56 | 703 | Robert Goff | M40 | 46:13 | New Bradwell School | 46:02 | S M |
| 391 | 351 | 57 | 1048 | Paul Carberry | M40 | 46:15 | Sphinx AC | 46:07 | M |
| 392 | 352 | 5 | 262 | Reg Gardner | M65 | 46:15 | | 46:08 | M |
| 393 | 353 | 159 | 976 | Matthew Down | MS | 46:16 | | 46:12 | M |
| 394 | 354 | 12 | 347 | Chris Usher | M60 | 46:16 | Buckingham & Stowe | 46:04 | M |
| 395 | 355 | 160 | 1170 | Matt Dickie | MS | 46:17 | Wellingborough & District | 46:08 | M |
| 396 | 356 | 161 | 153 | Oliver Pearson | MS | 46:17 | | 46:09 | M |
| 397 | 41 | 6 | 710 | Stephanie Firth | F35 | 46:20 | Green Park Primary School | 46:08 | S F |
| 398 | 357 | 162 | 352 | David West | MS | 46:22 | Sphinx AC | 46:14 | M |
| 399 | 358 | 163 | 1128 | Ben Griffiths | MS | 46:23 | Wootton Road Runners | 45:49 | M |
| 400 | 359 | 164 | 269 | Nipun Don | MS | 46:27 | Mercedes-Benz Grand Prix | 46:16 | M M |
| 401 | 360 | 165 | 1239 | Andy Allen | MS | 46:29 | Redway Runners | 46:18 | M |

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| 402 | 361 | 166 | 1238 | Alex Bailey | MS | 46:30 | Brackley & District RC | 46:13 | M |
| 403 | 362 | 54 | 620 | Alan Bee | M45 | 46:30 | | 46:23 | M |
| 404 | 363 | 6 | 1140 | Kelvin Smith | M65 | 46:30 | Marshall Milton Keynes AC | 46:23 | M |
| 405 | 364 | 167 | 794 | Nuno Rosa | MS | 46:31 | Team Whittlebury Hall | 46:25 | M |
| 406 | 365 | 168 | 1070 | Andrew Brown | MS | 46:31 | Balsall Common RC | 46:20 | M |
| 407 | 366 | 169 | 973 | Mark Gray | MS | 46:31 | Force India F1 | 46:14 | M |
| 408 | 367 | 16 | 205 | Tim Barker | M55 | 46:32 | Bitton R R | 46:20 | M |
| 409 | 368 | 170 | 191 | Scott Hedley | MS | 46:33 | | 46:07 | M |
| 410 | 369 | 55 | 1030 | Dave Lindsay | M45 | 46:34 | Spa Striders | 46:23 | M |
| 411 | 370 | 171 | 682 | Arnaut Freneat | MS | 46:36 | Force India F1 | 46:17 | M M |
| 412 | 371 | 58 | 640 | Neal Gibson | M40 | 46:36 | | 46:31 | M |
| 413 | 372 | 42 | 1229 | Andrew Cooke | M50 | 46:38 | Human Energy AC | 46:23 | M |
| 414 | 42 | 14 | 486 | Abby Roskilly | FS | 46:38 | Chestnuts Primary School | 46:33 | S F |
| 415 | 373 | 59 | 105 | Alex Simpson | M40 | 46:40 | Force India F1 | 46:23 | M M |
| 416 | 374 | 13 | 758 | Terry Down | M60 | 46:40 | Redway Runners | 46:36 | M |
| 417 | 375 | 43 | 654 | Roger Hart | M50 | 46:41 | | 46:17 | M |
| 418 | 376 | 14 | 395 | Steve Smith | M60 | 46:41 | | 46:28 | M |
| 419 | 377 | 172 | 924 | Nick Trueman | MS | 46:42 | | 46:32 | M |
| 420 | 43 | 1 | 761 | Deborah Hindmarch | F60 | 46:42 | Marshall Milton Keynes AC | 46:39 | F |
| 421 | 378 | 60 | 590 | Mark Peterkin | M40 | 46:43 | Marshall Milton Keynes AC | 46:25 | M |
| 422 | 379 | 56 | 1114 | Darren Byfield | M45 | 46:47 | Northampton Road Runners | 46:38 | M |
| 423 | 380 | 61 | 1224 | Arniel du Preez | M40 | 46:49 | | 46:40 | M |
| 424 | 381 | 57 | 154 | Richard Marangos | M45 | 46:50 | Slated Row School | 46:37 | S M |
| 425 | 44 | 3 | 195 | Elizabeth Turner | F50 | 46:52 | Headington Road Runners | 46:39 | F |
| 426 | 382 | 173 | 1258 | Anthony Fitzsimons | MS | 46:53 | Northampton Road Runners | 46:44 | M |
| 427 | 383 | 174 | 700 | Thomas Hayward | MS | 46:54 | New Bradwell School | 46:47 | S M |
| 428 | 384 | 175 | 21 | Stuart Silk | MS | 46:54 | | 46:30 | M |
| 429 | 385 | 58 | 847 | Stephen Young | M45 | 46:56 | 100 Marathon Club | 46:42 | M |
| 430 | 386 | 176 | 130 | Chris Wellings | MS | 46:57 | | 46:45 | M |
| 431 | 387 | 177 | 970 | Shaun Tewelftree | MS | 46:58 | Buckingham & Stowe | 46:51 | M |
| 432 | 388 | 17 | 821 | John Godding | M55 | 47:01 | | 45:52 | M |
| 433 | 45 | 15 | 1113 | Lisa Abbott | FS | 47:04 | Sphinx AC | 46:59 | F |
| 434 | 46 | 8 | 556 | Clare Airey | F40 | 47:08 | Wootton Road Runners | 47:03 | F |
| 435 | 389 | 178 | 1231 | Andrew Hartley | MS | 47:09 | | 46:59 | M |
| 436 | 390 | 15 | 898 | Philip Sandall | M60 | 47:10 | | 47:04 | M |
| 437 | 391 | 179 | 675 | Craig Carpenter | MS | 47:10 | Cheadle RC | 47:06 | M |
| 438 | 392 | 62 | 832 | Jonathan Broadley | M40 | 47:11 | Force India F1 | 46:53 | M M |
| 439 | 393 | 59 | 838 | Neil Mattinson | M45 | 47:13 | Wellingborough & District | 47:00 | M |
| 440 | 47 | 9 | 458 | Rachel Bailey | F40 | 47:13 | Olney Runners | 47:00 | F |
| 441 | 48 | 4 | 1150 | Antoinette Kiely | F50 | 47:14 | Wootton Road Runners | 47:04 | F |
| 442 | 49 | 16 | 670 | Evie McDermott | FS | 47:15 | University of Warwick | 47:11 | F |
| 443 | 394 | 63 | 1061 | Paul Milner | M40 | 47:18 | | 46:44 | M |
| 444 | 395 | 44 | 601 | Mark Ratcliffe | M50 | 47:20 | | 47:10 | M |
| 445 | 50 | 17 | 610 | Fiona McGorum | FS | 47:21 | Higham Harriers | 47:18 | F |
| 446 | 51 | 18 | 878 | Kairit Fitzgerald | FS | 47:22 | Wootton Road Runners | 47:13 | F |
| 447 | 396 | 180 | 698 | Patryk Galarzdzik | MS | 47:23 | Giffard Park Primary | 47:08 | S M |
| 448 | 397 | 181 | 1210 | Martyn Latchman | MS | 47:23 | FERC | 47:14 | M |
| 449 | 398 | 18 | 1172 | Chris English | M55 | 47:25 | | 46:57 | M |
| 450 | 399 | 16 | 392 | Martin Smith | M60 | 47:25 | Massey Ferguson | 47:12 | M |
| 451 | 400 | 19 | 13 | Martin Moors | M55 | 47:25 | Buckingham & Stowe | 47:19 | M |
| 452 | 401 | 45 | 636 | Simon James | M50 | 47:29 | | 47:11 | M |
| 453 | 402 | 182 | 320 | Mike Neenan | MS | 47:30 | | 47:09 | M |
| 454 | 403 | 60 | 965 | Roger Eadon | M45 | 47:31 | | 47:22 | M |
| 455 | 404 | 20 | 22 | John Flynn | M55 | 47:32 | | 47:07 | M |
| 456 | 405 | 183 | 413 | Luke Gibbons | MS | 47:33 | Sweatshop Running Community | 47:28 | M |
| 457 | 406 | 184 | 211 | Paul McEvoy | MS | 47:34 | Force India F1 | 46:54 | M M |
| 458 | 407 | 46 | 504 | Dave Castledine | M50 | 47:35 | | 47:26 | M |
| 459 | 408 | 61 | 883 | Martin Northover | M45 | 47:36 | | 47:27 | M |
| 460 | 409 | 185 | 185 | Matt Glover | MS | 47:37 | | 47:28 | M |
| 461 | 52 | 5 | 687 | Wendy Parker | F50 | 47:37 | Northampton Road Runners | 47:29 | F |
| 462 | 410 | 62 | 1177 | Philip Middleton | M45 | 47:40 | Team Balancise | 47:09 | M |
| 463 | 53 | 19 | 531 | Penny Bensusan | FS | 47:41 | Headington Road Runners | 47:33 | F |
| 464 | 411 | 7 | 251 | Pete Courtney | M65 | 47:43 | | 47:36 | M |
| 465 | 412 | 186 | 84 | Matthew Barrick | MS | 47:43 | | 47:28 | M |
| 466 | 413 | 17 | 408 | Charles Jones | M60 | 47:44 | Northbrook AC | 47:34 | M |
| 467 | 54 | 3 | 692 | Kate Williams | F55 | 47:44 | Rugby & Northampton AC | 47:40 | F |
| 468 | 414 | 21 | 914 | Peter Simpson | M55 | 47:44 | Vegan Runners UK | 47:32 | M |

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| 469 | 415 | 187 | 1145 | Jamie Richards | MS | 47:47 | Sphinx AC | 47:41 | M |
| 470 | 416 | 22 | 23 | Neil Martin | M55 | 47:48 | Rugby & Northampton AC | 47:36 | M |
| 471 | 417 | 188 | 1167 | Stephen Ingham | MS | 47:49 | Wootton Road Runners | 47:39 | M |
| 472 | 418 | 18 | 691 | Paul Johnson | M60 | 47:50 | | 47:32 | M |
| 473 | 419 | 47 | 12 | Andrew Evans | M50 | 47:50 | Bourton Road Runners | 47:41 | M |
| 474 | 420 | 63 | 795 | Patrick Borg | M45 | 47:52 | Team Whittlebury Hall | 47:51 | M |
| 475 | 421 | 23 | 655 | Michael Dowdy | M55 | 47:56 | | 47:38 | M |
| 476 | 55 | 9 | 348 | Margaret Mulholland | F45 | 47:56 | Corby AC | 47:38 | F |
| 477 | 56 | 10 | 1102 | Shara Darkes | F40 | 47:58 | Banbury Soles | 47:46 | F |
| 478 | 422 | 189 | 729 | Patrick Kerin | MS | 47:59 | Brooklands Farm Primary School | 47:25 | S M |
| 479 | 423 | 64 | 171 | Neil Bennett | M40 | 48:02 | Long Meadow School | 47:58 | S M |
| 480 | 424 | 19 | 280 | Jon Dilworth | M60 | 48:03 | Northampton Road Runners | 47:54 | M |
| 481 | 425 | 190 | 1073 | Grant Price | MS | 48:04 | Headington Road Runners | 47:49 | M |
| 482 | 57 | 11 | 544 | Michelle Dixon | F40 | 48:04 | Wootton Road Runners | 47:58 | F |
| 483 | 426 | 191 | 1067 | Andy Harrison | MS | 48:05 | | 47:32 | M |
| 484 | 427 | 192 | 815 | Euil Radu | MS | 48:05 | Team Whittlebury Hall | 48:02 | M |
| 485 | 58 | 2 | 1245 | Zoe Broad | F20 | 48:07 | | 48:00 | F |
| 486 | 428 | 193 | 397 | Martin Earnshaw | MS | 48:09 | | 47:38 | M |
| 487 | 429 | 20 | 1199 | Paul Young | M60 | 48:09 | Kettering Town Harriers | 47:56 | M |
| 488 | 59 | 6 | 436 | Carol Blower | F50 | 48:10 | Leamington C & AC | 48:04 | F |
| 489 | 430 | 64 | 561 | Conor Banks | M45 | 48:11 | | 48:03 | M |
| 490 | 60 | 12 | 1253 | Sarah Taylor | F40 | 48:13 | Wootton Road Runners | 48:08 | F |
| 491 | 431 | 48 | 396 | Chris Horn | M50 | 48:15 | Shenley Striders | 48:03 | M |
| 492 | 432 | 194 | 1083 | Adam Foster | MS | 48:16 | Bedford Harriers | 48:07 | M |
| 493 | 433 | 65 | 956 | Christopher Edge | M40 | 48:17 | Daventry Road Runners | 47:59 | M |
| 494 | 434 | 65 | 656 | Dave Buttress | M45 | 48:21 | | 48:07 | M |
| 495 | 435 | 66 | 70 | Andrew Rawlinson | M45 | 48:22 | | 48:02 | M |
| 496 | 436 | 195 | 803 | James Holifield | MS | 48:23 | Team Whittlebury Hall | 48:20 | M |
| 497 | 437 | 196 | 1087 | Paul Phillips | MS | 48:23 | | 48:14 | M |
| 498 | 61 | 20 | 369 | Charlotte Jones | FS | 48:24 | University of Warwick | 48:19 | F |
| 499 | 438 | 197 | 489 | Danny Cain | MS | 48:25 | Chestnuts Primary School | 48:20 | S M |
| 500 | 439 | 198 | 469 | Michael Scott | MS | 48:26 | Wavendon Gate School | 47:56 | S M |
| 501 | 440 | 21 | 416 | Alan Berck-May | M60 | 48:27 | | 48:16 | M |
| 502 | 441 | 199 | 82 | Spencer Jones | MS | 48:27 | | 47:56 | M |
| 503 | 442 | 67 | 410 | Ashley Walden | M45 | 48:28 | | 48:10 | M |
| 504 | 62 | 21 | 1130 | Laura Penny | FS | 48:29 | Buckingham & Stowe | 48:17 | F |
| 505 | 443 | 68 | 1165 | Roger Taylor | M45 | 48:30 | Northampton Road Runners | 48:21 | M |
| 506 | 444 | 200 | 222 | Ian Banyard | MS | 48:30 | | 48:16 | M |
| 507 | 445 | 49 | 963 | Nicholas Warboys | M50 | 48:31 | | 48:23 | M |
| 508 | 63 | 7 | 668 | Renette Wolvaardt | F50 | 48:33 | Bedford Harriers | 48:18 | F |
| 509 | 64 | 13 | 583 | Sally Tilt | F40 | 48:34 | Team East Haddon | 48:20 | F |
| 510 | 65 | 10 | 359 | Helen Jones | F45 | 48:34 | Rugby & Northampton AC | 48:30 | F |
| 511 | 446 | 69 | 987 | Eamon Igenxey | M45 | 48:35 | Northampton Road Runners | 48:26 | M |
| 512 | 447 | 66 | 743 | David Medori | M40 | 48:36 | Priory Rise School | 48:30 | S M |
| 513 | 448 | 22 | 535 | Alan Hall | M60 | 48:37 | Northampton Road Runners | 48:32 | M |
| 514 | 66 | 7 | 1040 | Sally Richards | F35 | 48:37 | Wellingborough & District | 48:23 | F |
| 515 | 67 | 4 | 1261 | Deborah Tremayne | F55 | 48:38 | | 48:30 | F |
| 516 | 449 | 70 | 470 | Ian Weatherburn | M45 | 48:39 | Wavendon Gate School | 48:19 | S M |
| 517 | 450 | 201 | 76 | Dean Walsh | MS | 48:40 | Force India F1 | 48:23 | M M |
| 518 | 451 | 24 | 930 | Tom Newton | M55 | 48:40 | Wellingborough & District | 48:05 | M |
| 519 | 452 | 202 | 1039 | David Graves | MS | 48:42 | | 48:19 | M |
| 520 | 453 | 50 | 475 | Peter Dazley | M50 | 48:42 | Wavendon Gate School | 48:31 | S M |
| 521 | 68 | 14 | 1010 | Nicola Crookes | F40 | 48:43 | Brackley & District RC | 48:27 | F |
| 522 | 454 | 203 | 790 | James Wardell | MS | 48:44 | New Chapter Primary School | 48:13 | S M |
| 523 | 455 | 204 | 441 | Paul Severn | MS | 48:46 | | 48:30 | M |
| 524 | 456 | 71 | 824 | Neil Blackburn | M45 | 48:46 | Ramsey Road Runners | 48:23 | M |
| 525 | 457 | 205 | 1282 | Mark Whistler | MS | 48:47 | | 48:06 | M |
| 526 | 458 | 51 | 1020 | Andy Cottrell | M50 | 48:48 | Northampton Road Runners | 48:29 | M |
| 527 | 459 | 206 | 1050 | Matt Lewis | MS | 48:48 | | 48:34 | M |
| 528 | 69 | 22 | 1111 | Amy Vaughan | FS | 48:48 | Wellingborough & District | 48:34 | F |
| 529 | 460 | 207 | 773 | Lee Chapman | MS | 48:52 | Royston Runners | 48:28 | M |
| 530 | 461 | 72 | 989 | Stuart Humphreys | M45 | 48:52 | Wellingborough & District | 48:36 | M |
| 531 | 462 | 73 | 707 | Jeff Durn | M45 | 48:56 | Long Meadow School | 48:37 | S M |
| 532 | 463 | 208 | 512 | Chris Roberts | MS | 48:59 | | 48:34 | M |
| 533 | 464 | 67 | 1209 | Paul McCarthy | M40 | 49:02 | Yaxley Runners | 48:41 | M |
| 534 | 465 | 74 | 275 | Anthony Abbott | M45 | 49:03 | Mercedes-Benz Grand Prix | 48:53 | M M |
| 535 | 466 | 52 | 500 | Russell Cartwright | M50 | 49:04 | Bedford Harriers | 48:47 | M |

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| 536 | 70 | 23 | 979 | Laura Day | FS | 49:04 | Wootton Road Runners | 48:50 | F |
| 537 | 467 | 68 | 1160 | Neil Stevens | M40 | 49:05 | | 48:50 | M |
| 538 | 468 | 69 | 874 | Brian Lydon | M40 | 49:05 | | 48:50 | M |
| 539 | 469 | 53 | 240 | Peter Breitenbach | M50 | 49:06 | | 48:33 | M |
| 540 | 71 | 24 | 1060 | Hannah St Leger-Harris | FS | 49:06 | Wootton Road Runners | 48:58 | F |
| 541 | 470 | 75 | 980 | Jason Smith | M45 | 49:06 | | 48:53 | M |
| 542 | 72 | 8 | 196 | Jane Cleverley | F50 | 49:07 | Olney Runners | 48:40 | F |
| 543 | 73 | 2 | 543 | Rosemary Van der Putten | F60 | 49:10 | Human Energy AC | 49:01 | F |
| 544 | 74 | 25 | 204 | Claire Poat | FS | 49:11 | | 48:59 | F |
| 545 | 471 | 209 | 180 | Kevin Ferris | MS | 49:12 | Cedars Primary School | 48:40 | S M |
| 546 | 472 | 210 | 1005 | Edward Pollock | MS | 49:12 | Buckingham & Stowe | 49:05 | M |
| 547 | 473 | 8 | 125 | David Griffiths | M65 | 49:14 | Avon Valley Runners | 48:35 | M |
| 548 | 474 | 70 | 706 | Chris James | M40 | 49:15 | New Bradwell School | 48:53 | S M |
| 549 | 475 | 71 | 353 | Nick Tanner | M40 | 49:16 | | 49:08 | M |
| 550 | 476 | 72 | 329 | Darren Cousins | M40 | 49:19 | | 48:50 | M |
| 551 | 477 | 211 | 488 | Luke Wakefield | MS | 49:20 | Chestnuts Primary School | 49:14 | S M |
| 552 | 478 | 25 | 1107 | Roger Odell | M55 | 49:21 | | 49:09 | M |
| 553 | 479 | 212 | 357 | Tom Satterthwaite | MS | 49:21 | | 48:48 | M |
| 554 | 480 | 213 | 1054 | Karl Smith | MS | 49:22 | | 48:56 | M |
| 555 | 481 | 23 | 501 | Alex Montgomery | M60 | 49:22 | Leamington C & AC | 49:12 | M |
| 556 | 482 | 214 | 961 | Spencer Ollington | MS | 49:24 | Redway Runners | 48:47 | M |
| 557 | 483 | 215 | 446 | Lester Cann | MS | 49:24 | | 49:11 | M |
| 558 | 484 | 76 | 114 | Craig Phillips | M45 | 49:25 | Metropolitan Police AC | 49:01 | M |
| 559 | 485 | 26 | 1173 | John Wilkinson | M55 | 49:25 | | 49:05 | M |
| 560 | 486 | 24 | 1176 | Richard Hardy | M60 | 49:25 | Stopsley Striders | 49:01 | M |
| 561 | 487 | 216 | 1222 | Toby Cartwright | MS | 49:27 | Brackley & District RC | 49:11 | M |
| 562 | 75 | 11 | 547 | Deana Loveridge | F45 | 49:28 | Wootton Road Runners | 49:15 | F |
| 563 | 488 | 73 | 873 | Rupe Chahal | M40 | 49:28 | Leamington C & AC | 49:05 | M |
| 564 | 489 | 217 | 206 | Sam Fairfield | MS | 49:28 | | 49:17 | M |
| 565 | 490 | 218 | 638 | David Sopko | MS | 49:28 | | 49:19 | M |
| 566 | 491 | 219 | 536 | Oliver Bannister | MS | 49:28 | | 49:22 | M |
| 567 | 76 | 15 | 552 | Sharon Mayne | F40 | 49:29 | Wootton Road Runners | 49:15 | F |
| 568 | 492 | 77 | 652 | Roy Taylor | M45 | 49:29 | Redway Runners | 49:07 | M |
| 569 | 77 | 26 | 1183 | Rebecca Gordon | FS | 49:29 | Wootton Road Runners | 49:17 | F |
| 570 | 78 | 27 | 920 | Martine Crofts | FS | 49:31 | Wellingborough & District | 49:16 | F |
| 571 | 493 | 74 | 242 | Mark Woodworth | M40 | 49:31 | | 48:59 | M |
| 572 | 494 | 220 | 189 | Matt Dale | MS | 49:33 | | 49:08 | M |
| 573 | 495 | 27 | 1132 | Stephen Barringer | M55 | 49:33 | Harborough AC | 49:07 | M |
| 574 | 496 | 75 | 776 | David Goodwin | M40 | 49:34 | Massey Ferguson | 49:16 | M |
| 575 | 497 | 221 | 117 | Harry Rush | MS | 49:34 | Force India F1 | 49:17 | M M |
| 576 | 498 | 222 | 332 | Mark Boyce | MS | 49:35 | Wellingborough & District | 49:18 | M |
| 577 | 499 | 76 | 312 | Graham Williams | M40 | 49:35 | | 49:10 | M |
| 578 | 500 | 77 | 1151 | David James | M40 | 49:36 | Wootton Road Runners | 49:22 | M |
| 579 | 79 | 16 | 711 | Hannah Connelly | F40 | 49:37 | Green Park Primary School | 49:26 | S F |
| 580 | 501 | 1 | 279 | John Thomas | M75 | 49:37 | Corby AC | 49:31 | M |
| 581 | 502 | 28 | 20 | Lee Bennett | M55 | 49:38 | | 49:20 | M |
| 582 | 503 | 223 | 730 | Freddie Stott | MS | 49:39 | Brooklands Farm Primary School | 49:04 | S M |
| 583 | 80 | 28 | 1234 | Jodi Fisk | FS | 49:39 | Redway Runners | 49:13 | F |
| 584 | 504 | 13 | 1257 | Luke Mahoney | M20 | 49:40 | Whittlebury Hall | 49:38 | M |
| 585 | 505 | 224 | 811 | Karol Baginski | MS | 49:41 | Team Whittlebury Hall | 49:39 | M |
| 586 | 506 | 25 | 1024 | Tony Hale | M60 | 49:42 | Wellingborough & District | 49:25 | M |
| 587 | 507 | 78 | 940 | Matt Curtis | M40 | 49:43 | Bedford Harriers | 49:33 | M |
| 588 | 508 | 26 | 1181 | Tony Swindells | M60 | 49:44 | Wootton Road Runners | 49:31 | M |
| 589 | 509 | 79 | 1155 | Nathan Newall | M40 | 49:45 | | 49:22 | M |
| 590 | 510 | 80 | 1126 | Martin Dyson | M40 | 49:45 | Daventry Road Runners | 49:29 | M |
| 591 | 511 | 27 | 208 | Philip Ormiston | M60 | 49:49 | | 49:35 | M |
| 592 | 512 | 225 | 118 | Scott Taggart | MS | 49:50 | Force India F1 | 49:31 | M M |
| 593 | 513 | 78 | 693 | Pete Greaves | M45 | 49:51 | | 49:41 | M |
| 594 | 81 | 29 | 96 | Hannah Fothergill | FS | 49:51 | Stopsley Striders | 49:44 | F |
| 595 | 514 | 226 | 164 | Gareth Morgan | MS | 49:53 | Castlethorpe First School | 49:32 | S M |
| 596 | 515 | 28 | 398 | Norman Smith | M60 | 49:54 | Road Runners Club | 49:47 | M |
| 597 | 82 | 8 | 697 | Rena Richards | F35 | 49:57 | Giffard Park Primary | 49:42 | S F |
| 598 | 516 | 79 | 11 | Andrew Mallery | M45 | 49:59 | Winslow Warriors | 49:38 | M |
| 599 | 83 | 30 | 760 | Anna Totterdell | FS | 50:01 | Yaxley Runners | 49:39 | F |
| 600 | 517 | 80 | 345 | Julian Potts | M45 | 50:03 | | 49:53 | M |
| 601 | 518 | 227 | 506 | Mark Swindells | MS | 50:03 | Wootton Road Runners | 49:50 | M |
| 602 | 519 | 81 | 474 | Ben Sayers | M40 | 50:05 | Wavendon Gate School | 49:37 | S M |

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| 603 | 520 | 228 | 585 | Craig Owen | MS | 50:08 | 49:50 | M |
| 604 | 84 | 17 | 1098 | Helen Wyatt | F40 | 50:09 Northbrook AC | 49:53 | F |
| 605 | 521 | 29 | 14 | Charles Corbett | M55 | 50:10 | 49:53 | M |
| 606 | 85 | 9 | 548 | Samantha Inniss | F35 | 50:11 Wootton Road Runners | 49:58 | F |
| 607 | 522 | 229 | 454 | Dragan Hutten | MS | 50:12 | 49:40 | M |
| 608 | 523 | 230 | 1266 | Christian Williams | MS | 50:13 | 49:31 | M |
| 609 | 524 | 231 | 1086 | Dave Wooding | MS | 50:13 | 50:04 | M |
| 610 | 86 | 31 | 563 | Zoe Illes-Cody | FS | 50:14 | 49:54 | F |
| 611 | 87 | 32 | 1001 | Rosie Washington | FS | 50:14 | 49:54 | F |
| 612 | 525 | 29 | 577 | Tim Washington | M60 | 50:14 | 49:54 | M |
| 613 | 526 | 232 | 354 | Ben Watts | MS | 50:14 | 49:39 | M |
| 614 | 527 | 233 | 1079 | Stephen Buck | MS | 50:15 | 49:44 | M |
| 615 | 528 | 30 | 83 | Alan Field | M55 | 50:18 Biggleswade AC | 49:49 | M |
| 616 | 529 | 234 | 1013 | Matthew Wright | MS | 50:19 | 49:58 | M |
| 617 | 530 | 81 | 615 | Jamie Woodhouse | M45 | 50:19 | 49:05 | M |
| 618 | 531 | 235 | 571 | Kevin Hamer | MS | 50:20 | 50:03 | M |
| 619 | 532 | 31 | 866 | Gary Moore | M55 | 50:22 Bedford Harriers | 50:05 | M |
| 620 | 533 | 82 | 960 | Kevin Malpas | M45 | 50:23 | 50:01 | M |
| 621 | 534 | 83 | 1110 | Kevin Glendinning | M45 | 50:23 Wellingborough & District | 50:08 | M |
| 622 | 535 | 84 | 1033 | Robert Kruck | M45 | 50:23 | 50:00 | M |
| 623 | 88 | 10 | 1247 | Apata Kornieczone | F35 | 50:25 | 50:10 | F |
| 624 | 536 | 236 | 210 | Eliot Ambrose | MS | 50:26 | 49:48 | M |
| 625 | 537 | 85 | 858 | Rob Anderson | M45 | 50:26 MK Lakeside Runners | 50:02 | M |
| 626 | 538 | 237 | 305 | Adam Turnock | MS | 50:27 | 50:15 | M |
| 627 | 539 | 82 | 657 | Anthony Britton | M40 | 50:28 Mercedes-Benz Grand Prix | 50:07 | M M |
| 628 | 540 | 83 | 642 | Gareth Ingerfield | M40 | 50:28 | 50:22 | M |
| 629 | 541 | 238 | 110 | Matthew Lobley | MS | 50:28 | 49:52 | M |
| 630 | 89 | 12 | 409 | Helen Walden | F45 | 50:31 | 50:15 | F |
| 631 | 90 | 9 | 53 | Helen West | F50 | 50:35 Leamington C & AC | 50:26 | F |
| 632 | 542 | 86 | 1052 | Robin Frost | M45 | 50:36 Wootton Road Runners | 50:23 | M |
| 633 | 543 | 84 | 174 | Steve Godfrey | M40 | 50:37 Long Meadow School | 50:30 | S M |
| 634 | 91 | 18 | 969 | Helen Deacon | F40 | 50:38 | 50:21 | F |
| 635 | 92 | 13 | 175 | Maggie Godfrey | F45 | 50:38 Long Meadow School | 50:31 | S F |
| 636 | 93 | 19 | 1012 | Natalie Lloyd | F40 | 50:39 Wootton Road Runners | 50:23 | F |
| 637 | 544 | 85 | 370 | Reza Ali | M40 | 50:41 | 50:33 | M |
| 638 | 545 | 239 | 1014 | Robert Lee | MS | 50:42 Dunstable Road Runners | 50:21 | M |
| 639 | 94 | 11 | 633 | Fern Parker | F35 | 50:43 Buckingham & Stowe | 50:36 | F |
| 640 | 546 | 54 | 1042 | David Cullen | M50 | 50:43 Cranfield University | 50:30 | M |
| 641 | 547 | 240 | 1138 | Adam Ferguson | MS | 50:44 | 50:39 | M |
| 642 | 548 | 32 | 1044 | Andy Cowden | M55 | 50:48 Bere Alston Trekkers | 50:27 | M |
| 643 | 549 | 241 | 1214 | Gary Wallis | MS | 50:49 Harborough AC | 50:14 | M |
| 644 | 95 | 20 | 926 | Claire Stratford | F40 | 50:51 Cherwell Runners & Joggers | 50:49 | F |
| 645 | 550 | 30 | 594 | Steve Smith | M60 | 50:54 Wootton Road Runners | 50:43 | M |
| 646 | 551 | 242 | 1157 | Karl Cacchioli | MS | 50:55 | 50:39 | M |
| 647 | 552 | 87 | 34 | Steve Collinge | M45 | 50:56 | 50:37 | M |
| 648 | 553 | 86 | 1182 | Simon Chandler | M40 | 50:57 | 50:47 | M |
| 649 | 554 | 9 | 765 | Tom Sullivan | M65 | 50:59 Northampton Road Runners | 50:37 | M |
| 650 | 555 | 10 | 87 | Ian Sage | M65 | 51:00 Dunstable Road Runners | 50:40 | M |
| 651 | 96 | 33 | 340 | Margita Krivackova | FS | 51:00 | 50:41 | F |
| 652 | 556 | 33 | 456 | Les Potts | M55 | 51:04 | 50:32 | M |
| 653 | 557 | 87 | 1078 | Darren Vincent | M40 | 51:06 | 50:44 | M |
| 654 | 97 | 21 | 1285 | Rebecca Budd | F40 | 51:07 | 50:50 | F |
| 655 | 558 | 1 | 1189 | Richard Inchley | M70 | 51:08 Leighton Buzzard AC | 50:49 | M |
| 656 | 559 | 243 | 819 | Freddie Leadsom | MS | 51:08 University of Warwick | 50:58 | M |
| 657 | 98 | 34 | 731 | Lauren Hearn | FS | 51:09 Brooklands Farm Primary School | 50:35 | S F |
| 658 | 560 | 244 | 245 | Shane Anderson | MS | 51:10 | 50:47 | M |
| 659 | 561 | 245 | 190 | Daniel Watts | MS | 51:13 | 50:48 | M |
| 660 | 99 | 35 | 840 | Jennifer East | FS | 51:14 | 51:03 | F |
| 661 | 100 | 22 | 299 | Leonie Ingram | F40 | 51:16 Woodstock Harriers | 51:07 | F |
| 662 | 562 | 55 | 540 | Adam Ziya | M50 | 51:17 | 51:11 | M |
| 663 | 563 | 56 | 523 | David Forbes | M50 | 51:17 Redway Runners | 51:11 | M |
| 664 | 564 | 57 | 867 | Mark Lewwis | M50 | 51:17 Northampton Road Runners | 51:09 | M |
| 665 | 101 | 12 | 717 | Becci Tomlinson | F35 | 51:19 Priory Rise School | 50:43 | S F |
| 666 | 565 | 34 | 1175 | Clyde Goodwin | M55 | 51:20 Bicester AC | 50:56 | M |
| 667 | 566 | 88 | 725 | Mark Lewis | M40 | 51:21 White Spire School | 50:32 | S M |
| 668 | 102 | 14 | 1011 | Diane Rogers | F45 | 51:21 Wootton Road Runners | 51:05 | F |
| 669 | 103 | 36 | 1226 | Gayle Osbourne | FS | 51:21 Northampton Road Runners | 50:54 | F |

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| 670 | 567 | 89 | 136 | Matt Burt | M40 | 51:21 | 50:56 | M | |
| 671 | 568 | 58 | 998 | Tracy Wright | M50 | 51:22 | 50:58 | M | |
| 672 | 569 | 90 | 1162 | Daniel Chambers | M40 | 51:23 | 50:59 | M | |
| 673 | 570 | 246 | 80 | Chris Kemp | MS | 51:25 | 51:05 | M | |
| 674 | 571 | 247 | 1179 | Luke Dalzell | MS | 51:26 | 51:07 | M | |
| 675 | 572 | 35 | 350 | Robert Green | M55 | 51:27 | 50:59 | M | |
| 676 | 104 | 37 | 910 | Margo Muhlenkanp | FS | 51:29 | 51:03 | F | |
| 677 | 105 | 15 | 589 | Madeline Forrester | F45 | 51:30 | Olney Runners | 51:03 | F |
| 678 | 573 | 11 | 315 | Hamish Ross | M65 | 51:31 | 50:56 | M | |
| 679 | 106 | 38 | 59 | Naomi Reynolds-Leonard | FS | 51:34 | Coventry Triathletes | 51:23 | F |
| 680 | 107 | 23 | 1236 | Zoe Hemsley | F40 | 51:37 | Wootton Road Runners | 51:24 | F |
| 681 | 574 | 248 | 485 | Adam Fellowes | MS | 51:39 | Chestnuts Primary School | 51:31 | S M |
| 682 | 108 | 39 | 915 | Lucie Murphy | FS | 51:40 | 51:28 | F | |
| 683 | 109 | 40 | 1152 | Tori Moffett | FS | 51:43 | 51:16 | F | |
| 684 | 110 | 13 | 182 | Emma Kington | F35 | 51:45 | Long Meadow School | 51:31 | S F |
| 685 | 575 | 88 | 708 | Simon Billenness | M45 | 51:45 | Green Park Primary School | 51:29 | S M |
| 686 | 576 | 89 | 644 | Peter Tye | M45 | 51:47 | Marshall Milton Keynes AC | 51:34 | M |
| 687 | 577 | 249 | 1288 | Nick White | MS | 51:48 | 51:17 | M | |
| 688 | 578 | 91 | 477 | Lee Palmer | M40 | 51:48 | Wavendon Gate School | 51:26 | S M |
| 689 | 579 | 12 | 2 | Thomas Dable | M65 | 51:49 | Kenilworth Runners | 51:42 | M |
| 690 | 580 | 92 | 241 | Simon Daniels | M40 | 51:52 | 51:19 | M | |
| 691 | 581 | 250 | 1269 | Richard Evans | MS | 51:57 | 51:31 | M | |
| 692 | 582 | 90 | 555 | Tim Molloy | M45 | 52:00 | Wootton Road Runners | 51:47 | M |
| 693 | 583 | 91 | 565 | Jason Mothersole | M45 | 52:01 | 51:37 | M | |
| 694 | 584 | 92 | 453 | Richard Watson | M45 | 52:02 | Bedford Harriers | 51:45 | M |
| 695 | 585 | 93 | 833 | Kevin Chamberlain | M40 | 52:03 | Loughton Manor First School | 51:50 | S M |
| 696 | 586 | 251 | 705 | Joel Oakley | MS | 52:03 | New Bradwell School | 51:56 | S M |
| 697 | 587 | 252 | 283 | Sanjay Sinhal | MS | 52:05 | Birstall R C | 51:31 | M |
| 698 | 588 | 59 | 402 | Tony Frain | M50 | 52:08 | Wellingborough & District | 51:43 | M |
| 699 | 589 | 31 | 498 | Stephen Crane | M60 | 52:09 | Bedford Harriers | 51:46 | M |
| 700 | 590 | 253 | 1220 | Owen Phillips | MS | 52:11 | 51:40 | M | |
| 701 | 591 | 93 | 1038 | Russell Dickerson | M45 | 52:12 | UKNetrunner | 51:56 | M |
| 702 | 592 | 60 | 371 | Nick Bosson | M50 | 52:13 | Mercedes-Benz Grand Prix | 51:53 | M M |
| 703 | 593 | 61 | 418 | Ray Cooke | M50 | 52:14 | Bedford Harriers | 51:55 | M |
| 704 | 111 | 14 | 494 | Catherine Lynch | F35 | 52:15 | Loughton Manor First School | 52:04 | S F |
| 705 | 594 | 94 | 233 | Demetrio Orfice | M45 | 52:18 | Team Balancise | 51:46 | M |
| 706 | 112 | 41 | 214 | Tessa Gunson | FS | 52:18 | Brackley & District | 52:02 | F |
| 707 | 595 | 95 | 931 | Paul Froggatt | M45 | 52:18 | Brackley & District RC | 52:02 | M |
| 708 | 113 | 15 | 497 | Toni Elvery | F35 | 52:19 | Long Meadow School | 51:54 | S F |
| 709 | 114 | 42 | 232 | Victoria McKee | FS | 52:20 | Team Balancise | 51:50 | F |
| 710 | 596 | 32 | 564 | Tim Gill | M60 | 52:22 | 51:52 | M | |
| 711 | 597 | 254 | 975 | Daniel Longhurst | MS | 52:23 | 51:47 | M | |
| 712 | 115 | 16 | 1221 | Marie Wilford | F45 | 52:24 | Huncote Harriers | 52:08 | F |
| 713 | 116 | 10 | 648 | Jackie King | F50 | 52:27 | Kettering Town Harriers | 52:13 | F |
| 714 | 598 | 255 | 1196 | Jacob Heath | MS | 52:28 | Silverstone Circuit | 52:08 | M |
| 715 | 599 | 256 | 322 | Darren Stanger | MS | 52:28 | Buckingham & Stowe | 52:22 | M |
| 716 | 600 | 94 | 282 | Jason Tucker | M40 | 52:31 | 52:16 | M | |
| 717 | 601 | 257 | 1072 | Ben Penney | MS | 52:36 | 52:17 | M | |
| 718 | 602 | 258 | 142 | James Stretton | MS | 52:38 | Leicestershire Fire & Rescue | 52:12 | M |
| 719 | 117 | 43 | 155 | Laura Hird | FS | 52:39 | Slated Row School | 52:18 | S F |
| 720 | 118 | 11 | 40 | Deb Hulbert | F50 | 52:41 | Huncote Harriers | 52:39 | F |
| 721 | 603 | 96 | 356 | Greg Miller | M45 | 52:42 | 52:09 | M | |
| 722 | 119 | 16 | 161 | Susie Sanchez-Garcia | F35 | 52:42 | Castlethorpe First School | 52:20 | S F |
| 723 | 604 | 97 | 1228 | Barry Gwilliam | M45 | 52:43 | 52:08 | M | |
| 724 | 605 | 259 | 715 | Martin Malins | MS | 52:45 | Cedars Primary School | 52:33 | S M |
| 725 | 120 | 44 | 609 | Charlene Bennett | FS | 52:45 | Desborough & Rothwell RC | 52:31 | F |
| 726 | 121 | 17 | 686 | Lesley Hoey | F35 | 52:47 | Buckingham & Stowe | 52:25 | F |
| 727 | 122 | 17 | 741 | Rebecca Bond | F45 | 52:51 | Priory Rise School | 52:37 | S F |
| 728 | 123 | 45 | 339 | Laura Williams | FS | 52:53 | Wootton Road Runners | 52:34 | F |
| 729 | 606 | 98 | 1064 | Ralph Stahmann | M45 | 52:57 | 52:31 | M | |
| 730 | 607 | 260 | 1049 | Rich Doyle | MS | 52:58 | 52:38 | M | |
| 731 | 608 | 261 | 865 | Michael Doyle | MS | 52:58 | 52:39 | M | |
| 732 | 124 | 18 | 785 | Jackie Normanton | F45 | 53:01 | New Chapter Primary School | 52:44 | S F |
| 733 | 609 | 262 | 1053 | David Stevenson | MS | 53:01 | 52:36 | M | |
| 734 | 610 | 263 | 336 | Tom Whittaker | MS | 53:01 | 52:43 | M | |
| 735 | 611 | 264 | 131 | Adam Helsby | MS | 53:02 | 52:50 | M | |
| 736 | 612 | 62 | 1184 | Noel Jones | M50 | 53:04 | Bedford Harriers | 52:38 | M |

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|-----|-----|-----|------|-------------------|-----|-------|----------------------------|-------|---|---|
| 737 | 613 | 99 | 721 | Lee Varga | M45 | 53:05 | White Spire School | 52:50 | S | M |
| 738 | 125 | 18 | 982 | Kath Middleditch | F35 | 53:12 | Northampton Road Runners | 52:53 | F | |
| 739 | 614 | 95 | 880 | Simon Mackley | M40 | 53:13 | | 52:42 | M | |
| 740 | 615 | 265 | 313 | Simon Bowley | MS | 53:14 | ITAB R C | 52:55 | M | |
| 741 | 126 | 24 | 988 | Caroline Powell | F40 | 53:15 | Northampton Road Runners | 52:56 | F | |
| 742 | 127 | 46 | 277 | Hannah Smith | FS | 53:16 | | 52:53 | F | |
| 743 | 616 | 266 | 278 | Simon Smith | MS | 53:16 | | 52:54 | M | |
| 744 | 128 | 47 | 789 | Sophie Hume | FS | 53:17 | New Chapter Primary School | 52:46 | S | F |
| 745 | 617 | 63 | 1136 | Andrew Shaw | M50 | 53:19 | | 52:55 | M | |
| 746 | 129 | 25 | 1244 | Hannah Groves | F40 | 53:20 | Wootton Road Runners | 53:08 | F | |
| 747 | 618 | 96 | 942 | Mark Brough | M40 | 53:22 | | 53:02 | M | |
| 748 | 619 | 100 | 936 | Brett Palmer | M45 | 53:26 | | 53:01 | M | |
| 749 | 620 | 267 | 944 | Lee Clark | MS | 53:27 | | 53:25 | M | |
| 750 | 621 | 268 | 115 | Andrew Woodley | MS | 53:28 | | 53:18 | M | |
| 751 | 622 | 36 | 517 | Paul Westaway | M55 | 53:29 | Bitton R R | 53:16 | M | |
| 752 | 130 | 26 | 537 | Polly Gilkes | F40 | 53:32 | Team Balancise | 53:01 | F | |
| 753 | 131 | 48 | 92 | Donna Law | FS | 53:35 | Redway Runners | 53:15 | F | |
| 754 | 623 | 37 | 1171 | Brian Malin | M55 | 53:35 | | 53:19 | M | |
| 755 | 132 | 19 | 496 | Edita Unsworth | F35 | 53:37 | Cedars Primary School | 53:25 | S | F |
| 756 | 624 | 269 | 1043 | Andy Earnshaw | MS | 53:39 | | 53:17 | M | |
| 757 | 133 | 49 | 1178 | Catriona Shires | FS | 53:40 | Wootton Road Runners | 53:25 | F | |
| 758 | 134 | 50 | 507 | Donna Billing | FS | 53:40 | Wootton Road Runners | 53:31 | F | |
| 759 | 625 | 38 | 1223 | Paul Bramley | M55 | 53:40 | | 53:23 | M | |
| 760 | 626 | 101 | 304 | Justin Schofield | M45 | 53:41 | Olney Runners | 53:14 | M | |
| 761 | 627 | 102 | 674 | Brian Watson | M45 | 53:42 | British Triathlon B Team | 53:20 | M | |
| 762 | 628 | 270 | 871 | Sim Lee | MS | 53:43 | | 53:25 | M | |
| 763 | 629 | 97 | 699 | Phil Webster | M40 | 53:45 | New Bradwell School | 53:33 | S | M |
| 764 | 135 | 51 | 1174 | Claire Goodwin | FS | 53:48 | Banbury Harriers | 53:24 | F | |
| 765 | 630 | 271 | 767 | Hugh Taylor | MS | 53:48 | | 53:28 | M | |
| 766 | 136 | 52 | 578 | Nikki Elvin | FS | 53:49 | Leighton Buzzard AC | 53:29 | F | |
| 767 | 137 | 53 | 784 | Ellen Williams | FS | 53:51 | New Chapter Primary School | 53:19 | S | F |
| 768 | 138 | 54 | 169 | Kaytee Bird | FS | 53:51 | Long Meadow School | 53:33 | S | F |
| 769 | 631 | 103 | 999 | Glenn Cousner | M45 | 53:51 | Wootton Road Runners | 53:38 | M | |
| 770 | 632 | 104 | 992 | Tony Amato | M45 | 53:51 | Wootton Road Runners | 53:39 | M | |
| 771 | 633 | 105 | 550 | Barry Vincent | M45 | 53:51 | Wootton Road Runners | 53:38 | M | |
| 772 | 634 | 13 | 4 | John England | M65 | 53:52 | Great Yarmouth AC | 53:26 | M | |
| 773 | 635 | 106 | 404 | Ian Brazier | M45 | 53:52 | | 53:47 | M | |
| 774 | 139 | 3 | 1007 | Jayne Partridge | F60 | 53:52 | UKNetrunner | 53:36 | F | |
| 775 | 140 | 20 | 295 | Ruth Albaya | F35 | 53:54 | | 53:45 | F | |
| 776 | 636 | 39 | 1252 | Chris Hartley | M55 | 53:55 | | 53:23 | M | |
| 777 | 637 | 40 | 630 | Dave Morgan | M55 | 53:55 | | 53:34 | M | |
| 778 | 638 | 272 | 734 | Shaun Hughes | MS | 53:57 | Two Mile Ash School | 53:28 | S | M |
| 779 | 141 | 12 | 887 | Angela Dowden | F50 | 53:58 | Kenilworth Runners | 53:42 | F | |
| 780 | 639 | 273 | 188 | Rory Harrison | MS | 53:59 | | 53:33 | M | |
| 781 | 142 | 55 | 48 | Emily Fleming | FS | 54:04 | | 53:25 | F | |
| 782 | 640 | 107 | 47 | Eric Cramer | M45 | 54:04 | | 53:24 | M | |
| 783 | 143 | 21 | 953 | Helen King | F35 | 54:05 | Wellingborough & District | 53:50 | F | |
| 784 | 641 | 108 | 560 | Craig Broadbent | M45 | 54:06 | | 54:00 | M | |
| 785 | 144 | 5 | 463 | Margaret Bond | F55 | 54:07 | Wellingborough & District | 53:43 | F | |
| 786 | 145 | 27 | 502 | Lynda Skerratt | F40 | 54:08 | | 53:50 | F | |
| 787 | 146 | 28 | 432 | Natalie Ablett | F40 | 54:12 | Kettering Town Harriers | 53:59 | F | |
| 788 | 642 | 64 | 202 | Tim Allen | M50 | 54:17 | | 53:41 | M | |
| 789 | 147 | 29 | 1180 | Tracie Larkins | F40 | 54:17 | Team Balancise | 53:47 | F | |
| 790 | 148 | 56 | 1022 | Kate Johnson | FS | 54:17 | Leighton Buzzard AC | 53:46 | F | |
| 791 | 149 | 30 | 1115 | Sarah Franklin | F40 | 54:18 | | 53:58 | F | |
| 792 | 643 | 274 | 166 | Ruel Dacosta | MS | 54:18 | Long Meadow School | 53:45 | S | M |
| 793 | 644 | 275 | 387 | Jeremy Craggs | MS | 54:19 | Monkston Primary School | 53:50 | S | M |
| 794 | 645 | 98 | 559 | Dan Faulkner | M40 | 54:19 | | 54:12 | M | |
| 795 | 646 | 276 | 890 | Martin Burns | MS | 54:20 | | 53:59 | M | |
| 796 | 150 | 22 | 1000 | Karen Tinncknell | F35 | 54:20 | Marshall Milton Keynes AC | 54:04 | F | |
| 797 | 151 | 57 | 293 | Eleanor Ballinger | FS | 54:22 | Stopsley Striders | 54:15 | F | |
| 798 | 647 | 99 | 1117 | Gary Wood | M40 | 54:23 | | 53:57 | M | |
| 799 | 648 | 14 | 1121 | Michael Wood | M65 | 54:23 | Wootton Road Runners | 54:10 | M | |
| 800 | 152 | 58 | 364 | Sarah McGarry | FS | 54:24 | Northampton Road Runners | 54:03 | F | |
| 801 | 153 | 3 | 876 | Natasha Hares | F20 | 54:27 | | 54:11 | F | |
| 802 | 154 | 19 | 150 | Linda Richards | F45 | 54:30 | Northbrook AC | 54:22 | F | |
| 803 | 649 | 65 | 39 | Paul Brooks | M50 | 54:31 | Luton AC | 54:21 | M | |

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| 804 | 155 | 4 | 766 | Mary Sullivan | F60 | 54:31 | Northampton Road Runners | 54:13 | F |
| 805 | 156 | 31 | 704 | Voulla Wheeler | F40 | 54:32 | New Bradwell School | 54:21 | S F |
| 806 | 157 | 23 | 618 | Julie Hurst | F35 | 54:33 | | 54:19 | F |
| 807 | 158 | 32 | 990 | Lorraine Howard | F40 | 54:35 | Yaxley Runners | 54:13 | F |
| 808 | 650 | 109 | 877 | Graham Hares | M45 | 54:36 | | 54:20 | M |
| 809 | 651 | 41 | 1066 | David Flemington | M55 | 54:36 | Thornbury RC | 54:10 | M |
| 810 | 652 | 100 | 1141 | Ian Vallance | M40 | 54:36 | Yaxley Runners | 54:14 | M |
| 811 | 653 | 277 | 55 | Scott Henshaw | MS | 54:44 | | 54:30 | M |
| 812 | 654 | 110 | 326 | Andrew Johnson | M45 | 54:46 | Yaxley Runners | 54:24 | M |
| 813 | 159 | 24 | 772 | Anna Devine | F35 | 54:47 | Yaxley Runners | 54:25 | F |
| 814 | 160 | 59 | 678 | Laura Driscoll | FS | 54:48 | Chestnuts Primary School | 54:43 | S F |
| 815 | 161 | 20 | 35 | Nicola May | F45 | 54:51 | | 54:32 | F |
| 816 | 162 | 4 | 423 | Elena Williams | F20 | 54:52 | University of Warwick | 54:48 | F |
| 817 | 655 | 66 | 1018 | Dale Willis | M50 | 54:56 | | 54:39 | M |
| 818 | 163 | 13 | 885 | Allison Burt | F50 | 55:01 | | 54:41 | F |
| 819 | 656 | 278 | 455 | Liam Ko | MS | 55:02 | Flitwick Tri | 54:30 | M |
| 820 | 657 | 279 | 848 | Paul Hodgson | MS | 55:03 | | 54:38 | M |
| 821 | 164 | 3 | 1 | Pauline Dable | F65 | 55:05 | Kenilworth Runners | 54:49 | F |
| 822 | 165 | 60 | 290 | Rebecca Brewann | FS | 55:05 | | 54:30 | F |
| 823 | 658 | 33 | 183 | Cliff Bebbington | M60 | 55:08 | | 54:42 | M |
| 824 | 659 | 101 | 1112 | Amos Hill | M40 | 55:08 | Wellingborough & District | 54:51 | M |
| 825 | 660 | 15 | 888 | Paul Thomas | M65 | 55:09 | Leighton Fun Runners | 54:42 | M |
| 826 | 661 | 34 | 301 | Peter Welch | M60 | 55:09 | | 54:54 | M |
| 827 | 166 | 25 | 144 | Anna Stretton | F35 | 55:11 | | 54:43 | F |
| 828 | 167 | 61 | 968 | Sophie Abbott | FS | 55:13 | Massey Ferguson | 55:07 | F |
| 829 | 662 | 67 | 237 | Don Ainscough | M50 | 55:16 | | 54:41 | M |
| 830 | 168 | 26 | 229 | Valentina Ferrari | F35 | 55:18 | | 54:53 | F |
| 831 | 169 | 21 | 473 | Sarah Wilson | F45 | 55:20 | Wavendon Gate School | 55:01 | S F |
| 832 | 170 | 14 | 86 | Jane Keig | F50 | 55:23 | Buckingham & Stowe | 55:18 | F |
| 833 | 663 | 68 | 804 | Bernhard Zechner | M50 | 55:25 | Team Whittlebury Hall | 55:08 | M |
| 834 | 171 | 62 | 54 | Fiona Henshaw | FS | 55:28 | | 55:14 | F |
| 835 | 172 | 63 | 664 | Rachel Palmer | FS | 55:29 | Northampton Road Runners | 55:10 | F |
| 836 | 173 | 27 | 844 | Pippa Austin-Hunt | F35 | 55:29 | | 55:04 | F |
| 837 | 664 | 280 | 1076 | Stuart Kilner | MS | 55:29 | | 55:02 | M |
| 838 | 665 | 42 | 89 | Mitch Timms | M55 | 55:30 | Sphinx AC | 55:21 | M |
| 839 | 174 | 22 | 90 | Jackie Timms | F45 | 55:30 | Sphinx AC | 55:21 | F |
| 840 | 666 | 281 | 122 | Ryan McGarva | MS | 55:33 | Force India F1 | 55:14 | M M |
| 841 | 667 | 69 | 860 | Philip King | M50 | 55:34 | Bere Alston Trekkers | 55:11 | M |
| 842 | 668 | 102 | 779 | John French | M40 | 55:34 | | 55:20 | M |
| 843 | 175 | 23 | 625 | Kim Pusey | F45 | 55:34 | | 55:08 | F |
| 844 | 669 | 16 | 426 | Chris Lees | M65 | 55:38 | | 55:30 | M |
| 845 | 176 | 64 | 123 | Victoria Spires | FS | 55:40 | | 55:05 | F |
| 846 | 670 | 70 | 612 | Neil Stephenson | M50 | 55:41 | Harry's Rainbow Runners | 55:12 | M |
| 847 | 671 | 17 | 317 | Paul Bussey | M65 | 55:49 | | 55:19 | M |
| 848 | 672 | 35 | 135 | Gregory Neale | M60 | 55:51 | Watford Harriers | 55:33 | M |
| 849 | 673 | 103 | 894 | Andy Rogers | M40 | 55:59 | | 55:29 | M |
| 850 | 674 | 282 | 545 | Rees Clissold | MS | 56:00 | | 55:42 | M |
| 851 | 675 | 283 | 660 | Matt Price | MS | 56:00 | | 55:48 | M |
| 852 | 177 | 28 | 713 | Becky Read | F35 | 56:02 | Green Park Primary School | 55:52 | S F |
| 853 | 178 | 15 | 1077 | Vanessa Stride | F50 | 56:02 | Marshall Milton Keynes AC | 55:48 | F |
| 854 | 676 | 104 | 714 | Simon Read | M40 | 56:03 | Green Park Primary School | 55:52 | S M |
| 855 | 677 | 105 | 861 | Mark Turnham | M40 | 56:04 | | 55:43 | M |
| 856 | 179 | 24 | 667 | Debra Tame | F45 | 56:05 | Northampton Road Runners | 55:46 | F |
| 857 | 678 | 284 | 524 | Darren Ginn | MS | 56:07 | Team Balancise | 55:37 | M |
| 858 | 180 | 29 | 889 | Jo Hewlett | F35 | 56:09 | Northampton Road Runners | 56:01 | F |
| 859 | 181 | 65 | 1169 | Holly Chamberlain | FS | 56:11 | | 55:53 | F |
| 860 | 679 | 14 | 1254 | Alasdair Eelbeck | M20 | 56:12 | | 55:39 | M |
| 861 | 182 | 66 | 716 | Maria Burr | FS | 56:14 | Priory Rise School | 56:04 | S F |
| 862 | 183 | 30 | 752 | Emma Charlton | F35 | 56:14 | Priory Rise School | 56:04 | S F |
| 863 | 680 | 285 | 805 | Stephen Bratt | MS | 56:14 | Team Whittlebury Hall | 55:59 | M |
| 864 | 681 | 286 | 281 | Danny Singh | MS | 56:15 | | 55:40 | M |
| 865 | 682 | 287 | 1279 | Paul McGowan | MS | 56:16 | Mercedes-Benz Grand Prix | 56:06 | M |
| 866 | 683 | 111 | 297 | Steve Hatton | M45 | 56:17 | | 56:09 | M |
| 867 | 184 | 67 | 483 | Gemma Malins | FS | 56:18 | Chestnuts Primary School | 56:13 | S F |
| 868 | 185 | 68 | 1143 | Nicola Black | FS | 56:21 | | 56:01 | F |
| 869 | 684 | 288 | 1267 | Edward Regan | MS | 56:22 | | 51:41 | M |
| 870 | 685 | 71 | 658 | Nick Haycock | M50 | 56:22 | | 55:34 | M |

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| 871 | 186 | 16 | 922 | Laura Bell | F50 | 56:24 | 56:01 | F | |
| 872 | 686 | 72 | 923 | Iain Bell | M50 | 56:24 | 56:01 | M | |
| 873 | 687 | 15 | 597 | Daniel Thomas | M20 | 56:26 | University of Warwick | 56:15 | M |
| 874 | 187 | 25 | 1009 | Julie Waller | F45 | 56:27 | Brackley & District RC | 56:03 | F |
| 875 | 188 | 17 | 38 | Sue Wallis | F50 | 56:31 | 56:24 | F | |
| 876 | 189 | 69 | 598 | Claire Thomas | FS | 56:33 | 56:23 | F | |
| 877 | 190 | 18 | 8 | Amanda Wells | F50 | 56:33 | Victory Athletics Club | 56:14 | F |
| 878 | 688 | 289 | 841 | Jake Kitchen | MS | 56:35 | 56:00 | M | |
| 879 | 191 | 19 | 1036 | Louise Quinn | F50 | 56:35 | 56:07 | F | |
| 880 | 192 | 33 | 557 | Louize Duncan | F40 | 56:37 | 56:19 | F | |
| 881 | 193 | 34 | 538 | Debbie Borrett | F40 | 56:37 | 56:19 | F | |
| 882 | 689 | 112 | 1015 | Charlie Foster | M45 | 56:38 | 56:18 | M | |
| 883 | 690 | 290 | 911 | Matt Benton | MS | 56:39 | Eye Community Runners | 56:16 | M |
| 884 | 691 | 73 | 75 | Rob Chambers | M50 | 56:40 | Allenburys | 56:18 | M |
| 885 | 194 | 70 | 109 | Louise Jones | FS | 56:41 | Wootton Road Runners | 56:05 | F |
| 886 | 692 | 113 | 671 | Andy Dowling | M45 | 56:43 | 56:15 | M | |
| 887 | 693 | 18 | 333 | Michael Taylor | M65 | 56:44 | 56:20 | M | |
| 888 | 195 | 20 | 424 | Helen Hayllar | F50 | 56:46 | Riseley Runners | 56:14 | F |
| 889 | 694 | 74 | 91 | Darien O'Brien | M50 | 56:46 | Girton Groaners RC | 56:19 | M |
| 890 | 695 | 291 | 818 | Vlad Boureanu | MS | 56:47 | Team Whittlebury Hall | 56:42 | M |
| 891 | 696 | 292 | 165 | Andrew Settle | MS | 56:48 | 56:26 | M | |
| 892 | 697 | 114 | 17 | Peter Jones | M45 | 56:50 | 56:24 | M | |
| 893 | 196 | 31 | 780 | Jenny French | F35 | 56:50 | 56:35 | F | |
| 894 | 197 | 26 | 1230 | Artur Kaur | F45 | 56:51 | Northampton Road Runners | 56:32 | F |
| 895 | 198 | 71 | 663 | Hannah Fraser | FS | 56:52 | Harry's Rainbow Runners | 56:24 | F |
| 896 | 199 | 35 | 321 | Caroline Diggle | F40 | 56:54 | Bedford Harriers | 56:26 | F |
| 897 | 200 | 72 | 812 | Ruby Cooper-Hobbs | FS | 56:56 | Team Whittlebury Hall | 56:54 | F |
| 898 | 201 | 32 | 335 | Corinne Jorgensen | F35 | 56:59 | 56:41 | F | |
| 899 | 698 | 43 | 69 | Steve Moore | M55 | 57:00 | 56:35 | M | |
| 900 | 202 | 36 | 239 | Sarah Parr | F40 | 57:00 | 56:39 | F | |
| 901 | 699 | 115 | 541 | Stephen Standley | M45 | 57:01 | 56:29 | M | |
| 902 | 700 | 19 | 228 | Victor Patterson | M65 | 57:05 | 56:31 | M | |
| 903 | 203 | 21 | 221 | Sandra Brown | F50 | 57:07 | Harry's Rainbow Runners | 56:39 | F |
| 904 | 204 | 33 | 1233 | Kirstin Homewood | F35 | 57:08 | Yaxley Runners | 56:43 | F |
| 905 | 701 | 116 | 219 | Simon Blackwell | M45 | 57:08 | 56:48 | M | |
| 906 | 205 | 34 | 1246 | Kelly Bennett | F35 | 57:09 | Yaxley Runners | 56:46 | F |
| 907 | 206 | 35 | 553 | Kate Longhurst | F35 | 57:09 | Wootton Road Runners | 56:34 | F |
| 908 | 702 | 293 | 238 | Steve Ayris | MS | 57:10 | 57:01 | M | |
| 909 | 207 | 37 | 582 | Julia Weatherill | F40 | 57:16 | Wootton Road Runners | 57:04 | F |
| 910 | 208 | 22 | 882 | Catherine Berry | F50 | 57:17 | 56:47 | F | |
| 911 | 703 | 75 | 178 | Greg Hannah | M50 | 57:23 | Castlethorpe First School | 57:09 | S M |
| 912 | 209 | 27 | 177 | Janine Hannah | F45 | 57:23 | Castlethorpe First School | 57:09 | S F |
| 913 | 704 | 294 | 1287 | Richard Butler | MS | 57:29 | 56:49 | M | |
| 914 | 705 | 117 | 18 | Andy Nicholas | M45 | 57:31 | Loughton Manor First School | 57:07 | S M |
| 915 | 210 | 38 | 428 | Teresa Bradshaw | F40 | 57:31 | Hermitage Harriers | 57:01 | F |
| 916 | 211 | 73 | 549 | Amy Slootweg | FS | 57:34 | Wootton Road Runners | 57:27 | F |
| 917 | 212 | 28 | 98 | Dawn Jordan | F45 | 57:38 | Chippenham Harriers | 57:17 | F |
| 918 | 213 | 74 | 1205 | Lucy Meacham | FS | 57:39 | 57:09 | F | |
| 919 | 706 | 106 | 274 | Mark Timms | M40 | 57:39 | Mercedes-Benz Grand Prix | 57:10 | M M |
| 920 | 214 | 39 | 1204 | Sue Erlandson | F40 | 57:42 | 57:22 | F | |
| 921 | 215 | 75 | 400 | Louise Wallis | FS | 57:42 | 57:13 | F | |
| 922 | 216 | 40 | 401 | Tanya Pepin | F40 | 57:43 | 57:14 | F | |
| 923 | 217 | 36 | 167 | Gillian Tu | F35 | 57:44 | Long Meadow School | 57:37 | S F |
| 924 | 707 | 118 | 608 | Mike Patterson | M45 | 57:46 | 57:14 | M | |
| 925 | 708 | 119 | 895 | Steve Tetley | M45 | 57:47 | 57:19 | M | |
| 926 | 709 | 107 | 1016 | Samantha Moody | M40 | 57:49 | 57:12 | M | |
| 927 | 710 | 295 | 1149 | Geoffrey Hurst | MS | 57:52 | 57:21 | M | |
| 928 | 711 | 120 | 516 | Iain McLean | M45 | 57:56 | 57:32 | M | |
| 929 | 712 | 296 | 906 | Mark Harrison | MS | 58:04 | 57:53 | M | |
| 930 | 713 | 76 | 863 | Peter Hobbins | M50 | 58:05 | 57:56 | M | |
| 931 | 218 | 76 | 360 | Esther Chamberlain | FS | 58:07 | 57:50 | F | |
| 932 | 714 | 121 | 1026 | Keith Evans | M45 | 58:08 | 57:44 | M | |
| 933 | 219 | 6 | 19 | Jane Bennett | F55 | 58:08 | 57:51 | F | |
| 934 | 715 | 108 | 127 | Chris Lambert | M40 | 58:14 | 57:55 | M | |
| 935 | 716 | 297 | 1248 | Tomasz Cieslak | MS | 58:17 | 58:02 | M | |
| 936 | 220 | 37 | 695 | Elizabeth Ebrey | F35 | 58:17 | 58:06 | F | |
| 937 | 717 | 298 | 104 | Kevin Donovan | MS | 58:19 | Wibbly Wobbly Wonders | 57:54 | M |

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| 938 | 221 | 7 | 1028 | Karen Bugaj | F55 | 58:22 | Marshall Milton Keynes AC | 58:07 | F |
| 939 | 718 | 299 | 1188 | Andy Ritchie | MS | 58:24 | | 57:51 | M |
| 940 | 222 | 77 | 712 | Eleanor Hughes | FS | 58:26 | Green Park Primary School | 58:10 | S F |
| 941 | 719 | 77 | 908 | Paul Billington | M50 | 58:27 | Redway Runners | 58:14 | M |
| 942 | 223 | 38 | 1019 | Lucilla O'Brien | F35 | 58:27 | Dunstable Road Runners | 58:07 | F |
| 943 | 720 | 300 | 959 | Tom Ingate | MS | 58:29 | | 58:23 | M |
| 944 | 224 | 78 | 613 | Daisy Ireton | FS | 58:30 | University of Warwick | 58:27 | F |
| 945 | 225 | 41 | 733 | Sharon Tyler | F40 | 58:32 | Long Meadow School | 58:21 | S F |
| 946 | 226 | 79 | 672 | Hortencia McKechnie | FS | 58:34 | Vegan Runners UK | 58:14 | F |
| 947 | 227 | 8 | 491 | Beverley Zialor | F55 | 58:35 | Willen Primary School | 58:21 | S F |
| 948 | 228 | 23 | 113 | Felicity Aries | F50 | 58:43 | Wellingborough & District | 58:28 | F |
| 949 | 229 | 42 | 849 | Estelle Young | F40 | 58:44 | | 58:31 | F |
| 950 | 230 | 39 | 467 | Nicola Maynard | F35 | 58:45 | Long Meadow School | 58:20 | S F |
| 951 | 721 | 301 | 511 | Tomasz Klukowski | MS | 58:49 | | 58:18 | M |
| 952 | 722 | 122 | 311 | Mark Wheeler | M45 | 58:52 | | 58:21 | M |
| 953 | 231 | 43 | 643 | Carole Holloway | F40 | 58:52 | Olney Runners | 58:38 | F |
| 954 | 232 | 80 | 172 | Lucy Tipler | FS | 58:53 | Long Meadow School | 58:49 | S F |
| 955 | 233 | 24 | 845 | Jean Maggs | F50 | 59:00 | Yaxley Runners | 58:38 | F |
| 956 | 234 | 44 | 1206 | Hannah Irving | F40 | 59:01 | Silverstone Circuit | 58:41 | F |
| 957 | 723 | 16 | 1124 | Jackie Williams | M20 | 59:01 | | 58:36 | M |
| 958 | 724 | 109 | 919 | Keith Blowes | M40 | 59:03 | | 58:49 | M |
| 959 | 235 | 29 | 1095 | Carol Thomson | F45 | 59:05 | Buckingham & Stowe | 58:54 | F |
| 960 | 236 | 81 | 810 | Mimi Vitkova | FS | 59:06 | Team Whittlebury Hall | 58:49 | F |
| 961 | 237 | 82 | 796 | Emma Hayes | FS | 59:06 | Team Whittlebury Hall | 58:49 | F |
| 962 | 238 | 30 | 985 | Sonia Howard | F45 | 59:13 | B Team | 58:50 | F |
| 963 | 239 | 45 | 1158 | Sarah Humphreys | F40 | 59:18 | Dunstable Road Runners | 58:58 | F |
| 964 | 240 | 40 | 661 | Odette Mould | F35 | 59:19 | Harry's Rainbow Runners | 58:50 | F |
| 965 | 725 | 302 | 1120 | Robin Hichmott | MS | 59:21 | | 59:07 | M |
| 966 | 241 | 41 | 732 | Elisabeth Morrison | F35 | 59:26 | Brooklands Farm Primary School | 58:51 | S F |
| 967 | 726 | 110 | 1207 | Gordon Lundgren | M40 | 59:33 | Silverstone Circuit | 59:13 | M |
| 968 | 727 | 123 | 797 | David Munson | M45 | 59:35 | Team Whittlebury Hall | 59:12 | M |
| 969 | 728 | 303 | 26 | Russell Collington | MS | 59:38 | | 59:17 | M |
| 970 | 729 | 36 | 27 | Robin Collington | M60 | 59:38 | | 59:17 | M |
| 971 | 730 | 304 | 1085 | William Hirsch | MS | 59:38 | | 59:17 | M |
| 972 | 731 | 111 | 827 | Christopher Sing | M40 | 59:40 | | 59:05 | M |
| 973 | 732 | 37 | 1023 | Mick Bhogal | M60 | 59:42 | Northampton Road Runners | 59:19 | M |
| 974 | 242 | 46 | 528 | Julie Walter | F40 | 59:42 | Parklands Run & Jog | 59:37 | F |
| 975 | 733 | 124 | 381 | David Gorse | M45 | 59:44 | Cedars Primary School | 59:31 | S M |
| 976 | 243 | 25 | 665 | Alison Lay | F50 | 59:45 | | 59:24 | F |
| 977 | 244 | 42 | 63 | Corinne Neenan | F35 | 59:45 | Fitbuddies MK | 59:24 | F |
| 978 | 734 | 38 | 881 | David Glover | M60 | 59:48 | | 59:24 | M |
| 979 | 245 | 31 | 41 | Gail Laidler | F45 | 59:48 | Buckingham & Stowe | 59:38 | F |
| 980 | 246 | 9 | 111 | Linda Knox | F55 | 59:49 | Buckingham & Stowe | 59:43 | F |
| 981 | 735 | 125 | 576 | Jonathan Dutton | M45 | 59:52 | | 59:15 | M |
| 982 | 736 | 78 | 200 | Tony Allen | M50 | 59:55 | Buckingham & Stowe | 59:45 | M |
| 983 | 247 | 47 | 471 | Jo Booth | F40 | 59:56 | Wavendon Gate School | 59:36 | S F |
| 984 | 248 | 32 | 669 | Vicky Jones | F45 | 60:03 | | 59:28 | F |
| 985 | 249 | 48 | 749 | Denise McDonald | F40 | 60:10 | Priory Rise School | 59:31 | S F |
| 986 | 737 | 126 | 346 | Simon Burgess | M45 | 60:13 | | 60:00 | M |
| 987 | 250 | 49 | 727 | Christina Kingsman | F40 | 60:18 | Brooklands Farm Primary School | 59:41 | S F |
| 988 | 738 | 112 | 1202 | Dominic Kingsman | M40 | 60:18 | Redway Runners | 59:43 | M |
| 989 | 739 | 127 | 533 | Adam Blake | M45 | 60:20 | Eye Community Runners | 59:56 | M |
| 990 | 740 | 113 | 903 | Steve Snow | M40 | 60:23 | | 59:58 | M |
| 991 | 251 | 43 | 902 | Kate Snow | F35 | 60:24 | | 59:59 | F |
| 992 | 252 | 83 | 366 | Georgina Eales | FS | 60:28 | Force India F1 | 59:54 | M F |
| 993 | 741 | 128 | 527 | Ian Bates | M45 | 60:31 | | 59:59 | M |
| 994 | 253 | 33 | 1002 | Joanne Freer | F45 | 60:37 | Buckingham & Stowe | 60:27 | F |
| 995 | 742 | 305 | 787 | Neil Underwood | MS | 60:38 | New Chapter Primary School | 60:06 | S M |
| 996 | 743 | 79 | 450 | Steven Taylor | M50 | 60:39 | | 60:22 | M |
| 997 | 744 | 129 | 62 | Neil Tittensor | M45 | 60:41 | Fitbuddies MK | 60:21 | M |
| 998 | 745 | 20 | 1219 | Richard Rose | M65 | 60:47 | Northampton Road Runners | 60:38 | M |
| 999 | 254 | 44 | 247 | Claire Coulman | F35 | 60:54 | | 60:31 | F |
| 1000 | 255 | 50 | 260 | Tracey Hanmore | F40 | 60:54 | | 60:31 | F |
| 1001 | 746 | 114 | 382 | Mark Ridley | M40 | 60:57 | Cedars Primary School | 60:41 | S M |
| 1002 | 747 | 306 | 907 | Lee Armstrong | MS | 60:58 | | 60:27 | M |
| 1003 | 748 | 130 | 479 | Bobby Arora | M45 | 60:58 | Wavendon Gate School | 60:47 | S M |
| 1004 | 256 | 34 | 420 | Sarah Hampshire | F45 | 60:59 | Maidstone Harriers | 60:45 | F |

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|------|-----|-----|------|-------------------|-----|-----------------------------------|-------|-----|
| 1005 | 257 | 26 | 1123 | Gill Williams | F50 | 61:05 | 60:40 | F |
| 1006 | 258 | 51 | 466 | Sarah Greenwood | F40 | 61:05 Loughton Manor First School | 60:53 | S F |
| 1007 | 259 | 5 | 5 | Janet Rogers | F60 | 61:06 Royston Runners | 60:49 | F |
| 1008 | 260 | 10 | 149 | Wendy Harvey | F55 | 61:07 | 60:50 | F |
| 1009 | 749 | 307 | 119 | Darren Francis | MS | 61:12 Avenue Amblers | 60:48 | M |
| 1010 | 750 | 131 | 984 | Jonathan Howard | M45 | 61:13 B Team | 60:50 | M |
| 1011 | 751 | 308 | 806 | Greg Darkes | MS | 61:16 Team Whittlebury Hall | 60:59 | M |
| 1012 | 752 | 309 | 129 | Dan Wellings | MS | 61:19 | 61:08 | M |
| 1013 | 261 | 45 | 568 | Sarah-Kim Kirby | F35 | 61:21 Harry's Rainbow Runners | 60:52 | F |
| 1014 | 262 | 84 | 933 | Harriet Curran | FS | 61:26 | 60:42 | F |
| 1015 | 753 | 115 | 934 | Michael Curran | M40 | 61:27 | 60:42 | M |
| 1016 | 263 | 35 | 493 | Judith Richardson | F45 | 61:33 Castlethorpe First School | 61:19 | S F |
| 1017 | 264 | 85 | 581 | Alice Sitch | FS | 61:35 | 60:59 | F |
| 1018 | 754 | 44 | 490 | Ross Cameron | M55 | 61:37 Yaxley Runners | 61:15 | S M |
| 1019 | 265 | 27 | 108 | Sheila Maddison | F50 | 61:43 East Hull Harriers | 61:30 | F |
| 1020 | 266 | 28 | 754 | Karen Eke | F50 | 61:45 Northampton Road Runners | 61:26 | F |
| 1021 | 267 | 86 | 328 | Nikki Pates | FS | 61:49 Redway Runners | 61:36 | F |
| 1022 | 755 | 310 | 798 | Craig Fraser | MS | 61:50 Team Whittlebury Hall | 61:47 | M |
| 1023 | 268 | 4 | 227 | Jane Patterson | F65 | 61:51 Dub Runners Belfast | 61:16 | F |
| 1024 | 756 | 21 | 1249 | Paul Bursnall | M65 | 61:57 | 61:24 | M |
| 1025 | 269 | 29 | 452 | Linda Watson | F50 | 62:10 Bedford Harriers | 61:43 | F |
| 1026 | 270 | 52 | 449 | Zoe Harling | F40 | 62:10 | 61:43 | F |
| 1027 | 757 | 2 | 781 | Anthony French | M70 | 62:21 Northbrook AC | 62:06 | M |
| 1028 | 271 | 87 | 690 | Zoe Johnson | FS | 62:26 | 62:08 | F |
| 1029 | 272 | 36 | 646 | Karen McKeever | F45 | 62:29 Wellingborough & District | 62:14 | F |
| 1030 | 273 | 37 | 429 | Lisa Emery | F45 | 62:30 Hermitage Harriers | 61:59 | F |
| 1031 | 274 | 88 | 854 | Petra Pavilicova | FS | 62:30 Team Whittlebury Hall | 62:24 | F |
| 1032 | 758 | 132 | 1094 | Ron Corbett | M45 | 62:33 | 62:03 | M |
| 1033 | 759 | 133 | 522 | Andy Lovelock | M45 | 62:42 | 62:21 | M |
| 1034 | 275 | 46 | 624 | Dawn Evans | F35 | 62:45 | 62:33 | F |
| 1035 | 276 | 47 | 623 | Joanne Childs | F35 | 62:46 | 62:33 | F |
| 1036 | 760 | 116 | 1218 | Chris Foulkes | M40 | 62:52 Brackley & District RC | 62:24 | M |
| 1037 | 277 | 53 | 566 | Laura Marriott | F40 | 62:52 | 62:24 | F |
| 1038 | 761 | 45 | 1058 | Ian Sturdgess | M55 | 62:57 Bedford Harriers | 62:34 | M |
| 1039 | 278 | 48 | 384 | Georgina Batty | F35 | 62:59 Castlethorpe First School | 62:36 | S F |
| 1040 | 279 | 54 | 181 | Joanne Graham | F40 | 62:59 Castlethorpe First School | 62:37 | S F |
| 1041 | 280 | 55 | 1051 | Samantha Reynolds | F40 | 62:59 | 62:34 | F |
| 1042 | 762 | 311 | 385 | Marc Separovic | MS | 63:00 Castlethorpe First School | 62:38 | S M |
| 1043 | 763 | 39 | 853 | Bill Goadsby | M60 | 63:00 Daventry Road Runners | 62:43 | M |
| 1044 | 281 | 89 | 799 | Lorna Coonan | FS | 63:02 Team Whittlebury Hall | 62:44 | F |
| 1045 | 282 | 56 | 617 | Claire Eales | F40 | 63:08 Northampton Road Runners | 62:54 | F |
| 1046 | 283 | 57 | 1075 | Fiona Kinder | F40 | 63:12 Wootton Road Runners | 63:05 | F |
| 1047 | 764 | 80 | 1025 | Andrew Kinder | M50 | 63:12 Wootton Road Runners | 63:05 | M |
| 1048 | 284 | 58 | 978 | Anita Stubbing | F40 | 63:19 Buckingham & Stowe | 63:00 | F |
| 1049 | 285 | 90 | 103 | Rachael McKelvey | FS | 63:21 | 63:05 | F |
| 1050 | 286 | 59 | 977 | Paula Flockton | F40 | 63:21 | 63:02 | F |
| 1051 | 287 | 91 | 462 | Ann Mackrill | FS | 63:27 | 63:17 | F |
| 1052 | 765 | 40 | 61 | Peter Morris | M60 | 63:27 | 63:02 | M |
| 1053 | 766 | 46 | 6 | Rob Jerams | M55 | 63:30 Rugby & Northampton AC | 63:05 | M |
| 1054 | 767 | 134 | 33 | Neil Harper | M45 | 63:30 Rugby & Northampton AC | 63:05 | M |
| 1055 | 288 | 60 | 64 | Helen Roomes | F40 | 63:35 Fitbuddies MK | 63:15 | F |
| 1056 | 289 | 92 | 586 | Julie French | FS | 63:38 Northbrook AC | 63:23 | F |
| 1057 | 768 | 47 | 1187 | Paul Griffin | M55 | 64:01 | 63:28 | M |
| 1058 | 769 | 81 | 724 | Philip Wilson | M50 | 64:16 White Spire School | 64:00 | S M |
| 1059 | 290 | 61 | 793 | Victoria Hares | F40 | 64:20 Slated Row School | 63:57 | S F |
| 1060 | 770 | 82 | 310 | Dave Smith | M50 | 64:22 | 63:58 | M |
| 1061 | 291 | 38 | 720 | Sally Seminerio | F45 | 64:23 White Spire School | 63:55 | S F |
| 1062 | 292 | 62 | 719 | Sally Sharples | F40 | 64:23 White Spire School | 63:55 | S F |
| 1063 | 293 | 93 | 994 | Elizabeth Hawker | FS | 64:26 | 63:57 | F |
| 1064 | 294 | 39 | 375 | Sarah Shaw | F45 | 64:26 | 63:55 | F |
| 1065 | 771 | 117 | 376 | Jonathan Shaw | M40 | 64:26 | 63:55 | M |
| 1066 | 295 | 49 | 147 | Lisa Hartley | F35 | 64:31 Wootton Road Runners | 64:18 | F |
| 1067 | 296 | 94 | 1213 | Deborah Bottomley | FS | 64:33 Marshall Milton Keynes AC | 64:18 | F |
| 1068 | 297 | 63 | 744 | Lisa Dudman | F40 | 64:38 Priory Rise School | 64:23 | S F |
| 1069 | 772 | 83 | 203 | Jayesh Suckak | M50 | 64:40 | 64:05 | M |
| 1070 | 298 | 95 | 751 | Rebecca Hankin | FS | 64:44 Priory Rise School | 64:30 | S F |
| 1071 | 299 | 96 | 637 | Jessica Durant | FS | 64:45 | 64:24 | F |

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|------|-----|-----|-------------------------|-----|--------------------------------------|-------|-----|
| 1072 | 300 | 11 | 207 Sally Ormiston | F55 | 64:47 | 64:22 | F |
| 1073 | 301 | 97 | 606 Zoe Stockdale | FS | 64:52 UK Net Runner | 64:29 | F |
| 1074 | 302 | 64 | 425 Allison Shatford | F40 | 65:06 | 64:42 | F |
| 1075 | 303 | 98 | 962 Caroline Griffin | FS | 65:06 | 64:46 | F |
| 1076 | 773 | 312 | 946 James Shiplee | MS | 65:08 | 64:46 | M |
| 1077 | 774 | 118 | 746 Mark Firth | M40 | 65:09 Priory Rise School | 64:35 | S M |
| 1078 | 775 | 313 | 909 Philip Curry | MS | 65:27 | 65:27 | M |
| 1079 | 304 | 65 | 492 Tanya Sandford | F40 | 65:42 Long Meadow School | 65:31 | S F |
| 1080 | 776 | 119 | 949 Scott Mitchell | M40 | 65:49 | 65:28 | M |
| 1081 | 305 | 50 | 945 Victoria Jackson | F35 | 65:50 | 65:28 | F |
| 1082 | 777 | 314 | 212 Michael Simms | MS | 65:53 | 65:27 | M |
| 1083 | 306 | 51 | 1065 Sarah Hopton | F35 | 65:55 | 65:34 | F |
| 1084 | 778 | 135 | 213 Andrew Blakeman | M45 | 65:56 | 65:27 | M |
| 1085 | 307 | 66 | 1217 Clare Billson | F40 | 65:56 | 65:26 | F |
| 1086 | 308 | 40 | 419 Charlotte Pollard | F45 | 65:57 Hermitage Harriers | 65:26 | F |
| 1087 | 779 | 315 | 1270 David Jones | MS | 65:59 | 65:33 | M |
| 1088 | 309 | 6 | 651 Susan Johnson | F60 | 66:01 Leighton Buzzard AC | 65:29 | F |
| 1089 | 310 | 99 | 126 Bernadette Collins | FS | 66:16 Force India F1 | 65:57 | M F |
| 1090 | 311 | 5 | 1092 Valerie Cross | F65 | 66:24 Rugby & Northampton AC | 66:07 | F |
| 1091 | 780 | 316 | 1148 Michael Harrison | MS | 66:44 | 66:15 | M |
| 1092 | 312 | 52 | 355 Natasha Fry | F35 | 66:45 | 66:34 | F |
| 1093 | 781 | 120 | 569 Alun Gadd | M40 | 67:01 Redhill Road Runners | 66:43 | M |
| 1094 | 782 | 84 | 141 Greg Towers | M50 | 67:01 | 66:43 | M |
| 1095 | 313 | 30 | 296 Sylvia Jones | F50 | 67:18 Bedford Harriers | 66:51 | F |
| 1096 | 314 | 53 | 58 Corrina Proctor | F35 | 67:20 | 67:09 | F |
| 1097 | 315 | 31 | 991 Elizabeth Bonnett | F50 | 67:30 Wootton Road Runners | 67:18 | F |
| 1098 | 783 | 121 | 289 Jeff Bryant | M40 | 67:32 Redditch Stars | 67:10 | M |
| 1099 | 316 | 67 | 461 Clare Hipwell | F40 | 67:40 | 67:30 | F |
| 1100 | 784 | 317 | 689 Luke Carter-Whitley | MS | 67:48 | 67:24 | M |
| 1101 | 317 | 100 | 753 Kelly Winsborough | FS | 67:50 Brooklands Farm Primary School | 67:24 | S F |
| 1102 | 785 | 136 | 509 Dave Meekins | M45 | 67:50 | 67:27 | M |
| 1103 | 786 | 318 | 286 Simon Hanson | MS | 67:50 Redditch Stars | 67:24 | M |
| 1104 | 787 | 319 | 722 Daniel Hall | MS | 67:51 White Spire School | 67:02 | S M |
| 1105 | 788 | 22 | 57 Joe Reynolds | M65 | 67:52 Massey Ferguson | 67:41 | M |
| 1106 | 318 | 101 | 775 Naomi Li | FS | 68:22 | 67:46 | F |
| 1107 | 319 | 68 | 1259 Lisa Cessford | F40 | 68:31 Northampton Road Runners | 68:22 | F |
| 1108 | 320 | 54 | 897 Joanna Prigmore | F35 | 68:36 Wellingborough & District | 68:07 | F |
| 1109 | 789 | 137 | 574 Matt Dixon | M45 | 68:40 | 68:04 | M |
| 1110 | 321 | 69 | 575 Harriet Fielder | F40 | 68:40 | 68:03 | F |
| 1111 | 322 | 55 | 443 Nicola Crundwell | F35 | 69:00 | 68:28 | F |
| 1112 | 323 | 41 | 95 Kate Sillence | F45 | 69:06 | 68:44 | F |
| 1113 | 324 | 12 | 857 Stella-Maria Thomas | F55 | 69:10 | 68:49 | F |
| 1114 | 790 | 320 | 737 Robert Tite | MS | 69:13 Two Mile Ash School | 68:44 | S M |
| 1115 | 325 | 102 | 792 Catriona Coventry | FS | 69:14 Slated Row School | 68:50 | S F |
| 1116 | 326 | 103 | 735 Keely Judd | FS | 69:14 Slated Row School | 68:51 | S F |
| 1117 | 327 | 1 | 3 Maureen England | F70 | 69:20 Great Yarmouth AC | 68:48 | F |
| 1118 | 328 | 104 | 457 Sarah Eke | FS | 69:22 Flitwick Tri | 68:50 | F |
| 1119 | 329 | 105 | 65 Claire Ennis | FS | 69:25 Fitbuddies MK | 69:04 | F |
| 1120 | 791 | 122 | 261 Mark Bonham | M40 | 69:54 | 69:36 | M |
| 1121 | 330 | 70 | 846 Eleanor Jones | F40 | 69:55 | 69:45 | F |
| 1122 | 331 | 13 | 599 Caroline McCowan | F55 | 70:02 | 69:51 | F |
| 1123 | 792 | 321 | 1097 Lee Hindmarsh | MS | 70:09 | 69:38 | M |
| 1124 | 332 | 106 | 1031 Rosie Johnson | FS | 70:25 Wellingborough & District | 69:56 | F |
| 1125 | 333 | 71 | 952 Nicola Manning | F40 | 70:25 Wellingborough & District | 69:56 | F |
| 1126 | 334 | 107 | 1192 Katy Pengilley | FS | 70:25 | 69:56 | F |
| 1127 | 335 | 14 | 363 Linda Gillum-Webb | F55 | 70:36 | 70:17 | F |
| 1128 | 793 | 85 | 362 Trevor Hirst | M50 | 70:36 | 70:18 | M |
| 1129 | 336 | 42 | 28 Deborah Christmas | F45 | 70:37 | 69:52 | F |
| 1130 | 337 | 108 | 788 Jessica Jenkins | FS | 70:42 New Chapter Primary School | 70:09 | S F |
| 1131 | 338 | 43 | 176 Louise Brereton | F45 | 70:47 Slated Row School | 70:23 | S F |
| 1132 | 339 | 109 | 390 Aimee Hirians | FS | 70:48 Monkston Primary School | 70:20 | S F |
| 1133 | 794 | 322 | 726 Kevin Billington | MS | 70:57 Chestnuts Primary School | 70:30 | S M |
| 1134 | 340 | 110 | 938 Maria Palmer | FS | 71:12 | 70:47 | F |
| 1135 | 795 | 323 | 74 Damon Boughen | MS | 71:17 | 70:29 | M |
| 1136 | 341 | 111 | 1096 Jenny Pullin | FS | 71:19 | 70:52 | F |
| 1137 | 342 | 112 | 632 Michelle Lewis | FS | 71:23 | 70:54 | F |
| 1138 | 343 | 113 | 1260 Sarah Crabb | FS | 71:25 Olney Runners | 71:11 | F |

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|------|-----|-----|------|---------------------|-----|-------|-----------------------------|-------|-----|
| 1139 | 796 | 324 | 816 | Matthew Hayward | MS | 71:49 | Team Whittlebury Hall | 71:43 | M |
| 1140 | 344 | 114 | 801 | Rebecca Mann | FS | 71:49 | Team Whittlebury Hall | 71:44 | F |
| 1141 | 345 | 32 | 800 | Linda Broughall | F50 | 71:58 | Team Whittlebury Hall | 71:40 | F |
| 1142 | 797 | 138 | 248 | Mark Layzell | M45 | 72:03 | Stopsley Striders | 71:38 | M |
| 1143 | 798 | 123 | 66 | Barry Key | M40 | 72:06 | Fitbuddies MK | 71:45 | M |
| 1144 | 346 | 56 | 487 | Jess Fellowes | F35 | 72:11 | Chestnuts Primary School | 72:03 | S F |
| 1145 | 799 | 139 | 823 | Jose Zapico | M45 | 72:38 | | 72:21 | M |
| 1146 | 347 | 72 | 822 | Diane Kearns | F40 | 72:58 | | 72:41 | F |
| 1147 | 348 | 44 | 950 | Jane Hammonds | F45 | 73:00 | Redway Runners | 72:40 | F |
| 1148 | 800 | 325 | 739 | Nick Varone-Johnson | MS | 73:14 | Priory Rise School | 72:35 | S M |
| 1149 | 349 | 57 | 740 | Anna Varone-Johnson | F35 | 73:14 | Priory Rise School | 72:35 | S F |
| 1150 | 801 | 3 | 905 | David Oram | M70 | 73:20 | Harborough AC | 72:56 | M |
| 1151 | 350 | 73 | 701 | Hayley James | F40 | 73:24 | New Bradwell School | 73:03 | S F |
| 1152 | 351 | 33 | 1215 | Rosemary Sloodweg | F50 | 73:42 | Wootton Road Runners | 73:30 | F |
| 1153 | 352 | 58 | 1068 | Alison Cartwright | F35 | 73:48 | Fitbuddies MK | 73:27 | F |
| 1154 | 802 | 124 | 106 | Christopher Jones | M40 | 74:21 | | 73:51 | M |
| 1155 | 803 | 326 | 852 | Paul Brightwell | MS | 74:32 | | 73:48 | M |
| 1156 | 353 | 115 | 386 | Sarah Separovic | FS | 74:50 | Castlethorpe First School | 74:28 | S F |
| 1157 | 354 | 45 | 694 | Paula Hosken | F45 | 74:56 | Loughton Manor First School | 74:44 | S F |
| 1158 | 355 | 2 | 1262 | Brenda Tarbuck | F70 | 75:14 | | 75:06 | F |
| 1159 | 356 | 46 | 1216 | Julie Ball | F45 | 75:14 | | 75:06 | F |
| 1160 | 357 | 116 | 31 | Ruth Walker | FS | 76:35 | | 76:14 | F |
| 1161 | 804 | 86 | 954 | Andy Manning | M50 | 76:45 | Wellingborough & District | 76:15 | M |
| 1162 | 358 | 34 | 747 | Tracy Hanson | F50 | 77:22 | Priory Rise School | 77:07 | S F |
| 1163 | 359 | 15 | 81 | Anne Field | F55 | 78:17 | Biggleswade AC | 77:46 | F |
| 1164 | 360 | 59 | 143 | Jacqui Stretton | F35 | 78:51 | | 78:23 | F |
| 1165 | 361 | 74 | 1198 | Erica Van Bree | F40 | 80:28 | Wootton Road Runners | 80:16 | F |
| 1166 | 805 | 140 | 276 | Steve Pryor-Jones | M45 | 80:28 | Wootton Road Runners | 80:17 | M |
| 1167 | 362 | 60 | 1286 | Donna Eales | F35 | 80:28 | Wootton Road Runners | 79:51 | F |
| 1168 | 363 | 117 | 324 | Lauren Gent | FS | 82:31 | ITAB R C | 82:11 | F |
| 1169 | 364 | 75 | 259 | Karen Glenister | F40 | 82:40 | | 82:10 | F |
| 1170 | 365 | 47 | 258 | Andrea Perry | F45 | 82:43 | | 82:12 | F |
| 1171 | 366 | 48 | 673 | Kim Wright | F45 | 92:02 | Vegan Runners UK | 91:41 | F |
| 1172 | 367 | 118 | 124 | Christine Swain | FS | 98:58 | | 98:16 | F |

Silverstone Team (4 M/F to score)

| | | |
|----|----------------------------|---------|
| 1 | Wootton Road Runners | 2:22:32 |
| 2 | University of Warwick | 2:26:51 |
| 3 | Marshall Milton Keynes AC | 2:30:45 |
| 4 | Higham Harriers | 2:30:49 |
| 5 | Leamington C & AC | 2:31:24 |
| 6 | Badgers | 2:32:41 |
| 7 | Leighton Buzzard AC | 2:33:12 |
| 8 | Rugby & Northampton AC | 2:34:34 |
| 9 | Northampton Road Runners | 2:34:56 |
| 10 | Kettering Town Harriers | 2:35:12 |
| 11 | Mercedes-Benz Grand Prix | 2:35:14 |
| 12 | Redway Runners | 2:35:22 |
| 13 | Bedford Harriers | 2:35:45 |
| 14 | Headington Road Runners | 2:36:07 |
| 15 | Wellingborough & District | 2:36:20 |
| 16 | Hook Norton Harriers | 2:37:57 |
| 17 | Kenilworth Runners | 2:38:49 |
| 18 | Amphill & Flitwick Flyers | 2:39:33 |
| 19 | Buckingham & Stowe | 2:43:22 |
| 20 | Olney Runners | 2:45:58 |
| 21 | Sphinx AC | 2:46:19 |
| 22 | Dunstable Road Runners | 2:50:09 |
| 23 | Wavendon Gate School | 2:50:37 |
| 24 | Daventry Road Runners | 2:51:05 |
| 25 | Harborough AC | 2:52:45 |
| 26 | Brackley & District RC | 2:55:05 |
| 27 | Cherwell Runners & Joggers | 2:57:38 |
| 28 | Force India F1 | 2:58:54 |
| 29 | Yaxley Runners | 2:58:56 |
| 30 | Team Whittlebury Hall | 3:03:07 |
| 31 | Corby AC | 3:04:24 |
| 32 | Stopsley Striders | 3:04:47 |

EMGP Men's Team (4 to score)

| | | |
|----|---------------------------|---------|
| 1 | Wootton Road Runners | 2:22:32 |
| 2 | University of Warwick | 2:26:51 |
| 3 | Marshall Milton Keynes AC | 2:30:45 |
| 4 | Higham Harriers | 2:30:49 |
| 5 | Leamington C & AC | 2:31:24 |
| 6 | Badgers | 2:32:41 |
| 7 | Leighton Buzzard AC | 2:33:12 |
| 8 | Rugby & Northampton AC | 2:34:34 |
| 9 | Kettering Town Harriers | 2:35:12 |
| 10 | Redway Runners | 2:35:22 |
| 11 | Bedford Harriers | 2:35:45 |
| 12 | Headington Road Runners | 2:36:07 |
| 13 | Wellingborough & District | 2:36:20 |
| 14 | Northampton Road Runners | 2:37:20 |
| 15 | Amphill & Flitwick Flyers | 2:39:33 |
| 16 | Kenilworth Runners | 2:42:53 |
| 17 | Buckingham & Stowe | 2:43:22 |
| 18 | Hook Norton Harriers | 2:44:52 |
| 19 | Olney Runners | 2:45:58 |
| 20 | Sphinx AC | 2:46:19 |
| 21 | Dunstable Road Runners | 2:50:09 |
| 22 | Daventry Road Runners | 2:51:05 |
| 23 | Harborough AC | 2:52:45 |
| 24 | Brackley & District RC | 3:01:37 |
| 25 | Yaxley Runners | 3:03:31 |

EMGP Vet Men (4 to score)

| | | |
|---|---------------------------|---------|
| 1 | Wootton Road Runners | 2:26:09 |
| 2 | Kettering Town Harriers | 2:35:12 |
| 3 | Rugby & Northampton AC | 2:36:22 |
| 4 | Wellingborough & District | 2:38:07 |
| 5 | Marshall Milton Keynes AC | 2:39:25 |
| 6 | Leamington C & AC | 2:41:24 |

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| 33 Northbrook AC | 3:06:03 | 7 Northampton Road Runners | 2:42:46 |
| 34 New Bradwell School | 3:06:43 | 8 Kenilworth Runners | 2:42:53 |
| 35 Long Meadow School | 3:07:03 | 9 Hook Norton Harriers | 2:44:52 |
| 36 New Chapter Primary School | 3:07:33 | 10 Buckingham & Stowe | 2:46:53 |
| 37 Chestnuts Primary School | 3:07:40 | 11 Redway Runners | 2:48:02 |
| 38 Green Park Primary School | 3:09:40 | 12 Bedford Harriers | 2:49:11 |
| 39 Hermitage Harriers | 3:10:04 | 13 Headington Road Runners | 2:50:21 |
| 40 Huncote Harriers | 3:12:53 | 14 Olney Runners | 2:56:00 |
| 41 Brooklands Farm Primary School | 3:13:56 | 15 Dunstable Road Runners | 2:57:34 |
| 42 White Spire School | 3:14:41 | 16 Daventry Road Runners | 2:59:15 |
| 43 Priory Rise School | 3:15:52 | 17 Sphinx AC | 3:04:33 |
| 44 Castlethorpe First School | 3:20:59 | 18 Yaxley Runners | 3:24:18 |
| 45 Loughton Manor First School | 3:21:47 | | |
| 46 Team Balancise | 3:25:50 | EMGP Women's Team (3 to score) | |
| 47 Cedars Primary School | 3:35:18 | 1 Northampton Road Runners | 2:06:28 |
| 48 Massey Ferguson | 3:40:04 | 2 University of Warwick | 2:10:15 |
| 49 Harry's Rainbow Runners | 3:48:59 | 3 Leamington C & AC | 2:12:58 |
| 50 Slated Row School | 3:53:03 | 4 Rugby & Northampton AC | 2:15:44 |
| 51 Fitbuddies MK | 4:13:26 | 5 Redway Runners | 2:16:42 |
| | | 6 Marshall Milton Keynes AC | 2:18:16 |
| Motor Sport Challenge (4 to score) | | 7 Kettering Town Harriers | 2:19:14 |
| 1 Mercedes-Benz Grand Prix | 2:35:14 | 8 Wootton Road Runners | 2:19:57 |
| 2 Force India F1 | 2:58:54 | 9 Headington Road Runners | 2:20:06 |
| | | 10 Olney Runners | 2:21:47 |
| School Challenge (3 to score) | | 11 Wellingborough & District | 2:23:18 |
| 1 Wavendon Gate School | 2:05:43 | 12 Buckingham & Stowe | 2:24:59 |
| 2 New Chapter Primary School | 2:14:32 | 13 Brackley & District RC | 2:28:05 |
| 3 New Bradwell School | 2:17:28 | 14 Northbrook AC | 2:28:56 |
| 4 Green Park Primary School | 2:17:55 | 15 Stopsley Striders | 2:29:22 |
| 5 Long Meadow School | 2:18:07 | 16 Bedford Harriers | 2:30:48 |
| 6 Chestnuts Primary School | 2:18:20 | 17 Kenilworth Runners | 2:30:54 |
| 7 White Spire School | 2:21:36 | 18 Yaxley Runners | 2:39:23 |
| 8 Brooklands Farm Primary School | 2:22:47 | 19 Team Balancise | 2:40:09 |
| 9 Priory Rise School | 2:23:01 | 20 Dunstable Road Runners | 2:41:57 |
| 10 Castlethorpe First School | 2:23:36 | 21 Leighton Buzzard AC | 2:54:07 |
| 11 Loughton Manor First School | 2:24:16 | 22 Hermitage Harriers | 3:05:58 |
| 12 Cedars Primary School | 2:35:34 | | |
| 13 Slated Row School | 2:43:49 | EMGP Vet Women (3 to score) | |
| 14 Monkston Primary School | 2:49:09 | 1 Leamington C & AC | 2:12:58 |
| | | 2 Marshall Milton Keynes AC | 2:18:16 |
| | | 3 Kettering Town Harriers | 2:19:14 |
| | | 4 Rugby & Northampton AC | 2:19:52 |
| | | 5 Wootton Road Runners | 2:19:57 |
| | | 6 Northampton Road Runners | 2:20:49 |
| | | 7 Olney Runners | 2:21:47 |
| | | 8 Wellingborough & District | 2:28:35 |
| | | 9 Northbrook AC | 2:28:56 |
| | | 10 Buckingham & Stowe | 2:29:17 |
| | | 11 Bedford Harriers | 2:30:48 |
| | | 12 Kenilworth Runners | 2:30:54 |
| | | 13 Dunstable Road Runners | 2:41:57 |
| | | 14 Yaxley Runners | 2:46:30 |
| | | 15 Hermitage Harriers | 3:05:58 |