



CONSTITUTION

1.

The club will be called Silson AC and will be affiliated to UK Athletics

2. AIMS AND OBJECTIVES

The aims and objectives of the club will be:

The club seeks to promote amateur running by

- (a) providing training, coaching and competition for its members
- (b) publicising its aims, activities and achievements
- (c) organising running events and encouraging a wider participation in running.
- (d) ensuring a duty of care to all members of the club.
- (e) providing all its services in a way that is fair to everyone.

3. MEMBERSHIP

Membership of the club is confined to amateurs, as defined by the eligibility rule of the UK athletics governing body.

To ensure all present and future members receive fair and equal treatment. Membership should consist of officers and members of the club.

All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these regulations and codes of practice that the club has adopted.

Members will be enrolled in one of the following categories:

- Full Member.
- Junior Member.
- Life Member. Life Membership shall be awarded to any member who in the view of the committee has rendered extraordinary service to the club over a number of years.

Membership dates from the receipt of the application and payment of the appropriate fee, to the satisfaction of the membership secretary.



4. MEMBERSHIP FEES

The annual membership fee is payable on application, and subsequently an annual membership fee is payable on the 1st June each year. The joining fee and membership fee are non-refundable.

The joining fee and annual membership fee shall be reviewed by the committee each year, and any change must be approved by resolution at the AGM.

5. RESIGNATION FROM THE CLUB

Any member intending to resign from the club shall give notice in writing to the membership secretary, and membership will terminate on that date unless the member is financially indebted to the club, in which case acceptance of the resignation shall be withheld until the indebtedness is cleared.

6. OFFICERS OF THE CLUB

The officers of the club will be:

- Chair
- Secretary
- Treasurer
- Membership Secretary
- Junior Representative

Officers will be elected annually at the Annual General Meeting. All officers will retire each year but will be eligible for re-appointment. Officers will have the power to co-opt club members as members of the committee.

7. COMMITTEE

The club will be managed through the Club Committee consisting of the Club Officers and at least two other club members. The Committee will be convened by the Secretary of the club and meetings will be held no less than 8 times per year (including the AGM).

The quorum required for business to be agreed at Committee meetings will be three officers, one of whom must be either the Chair, Secretary or



Treasurer. In the event of the vote on a resolution being tied, the casting vote will rest with the Chair.

The Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the club.

The Committee will have powers to appoint Working Groups as necessary and appoint advisers to the Committee as necessary to fulfil its business.

The Committee shall oversee the running of the club, promote the club through training, competition and publicity, maintain club discipline, and liaise with appropriate bodies with regard to competition, athletics development and promotion.

The Committee will be responsible for disciplinary hearings of members who infringe the club rules/regulations/constitution. The Committee will be responsible for taking any action of suspension or discipline following such hearings.

The Officers shall have the authority to make urgent decisions in the best interests of the club, between committee meetings. These decisions must be ratified by the next full committee meeting.

The maximum period of continuous occupancy in any Committee post is normally three years, though this may be over-ridden in individual cases by resolution and vote at the AGM.

8. FINANCE

All club monies will be banked in an account held in the name of the club. The Club Treasurer will be responsible for the finances of the club. The Accounting Period of the club runs from AGM to AGM.

An statement of annual accounts will be presented by the Treasurer at the Annual General Meeting. Any cheques drawn against club funds should hold the signatures of the Treasurer plus one other officer or authorised signatory.

9. ANNUAL GENERAL MEETINGS



A General Meeting shall be held during the month of May each year to receive the committee's report and financial statement, elect The Management Committee, and deal with any other matters specified on the agenda.

Notice of Annual General Meetings will be given by the Club Secretary. Not less than 21 clear days notice to be given to all members.

Nominations for officers of the Management Committee will be sent to the Secretary at least fourteen days prior to the AGM.

Elections of officers are to take place at the AGM.

All members have the right to vote at the AGM.

The quorum for AGMs will be 10 members, or one-third of the membership, whichever is the smaller. Resolutions may be passed by a simple majority vote of those present. In the event that the vote on a resolution is tied, the casting vote will rest with the Chair.

The Management Committee has the right to call Extraordinary General Meetings (EGMs) outside the AGM. Procedures for EGMs will be the same as for the AGM.

10. SPECIAL GENERAL MEETINGS

A Special General Meeting must be called by the club secretary within 14 days of receiving a request in writing, signed by at least 10 members of the club, stating the business to be brought before such a meeting. The club secretary shall give at least 7 days notice to all members of the time and place of any Special General Meeting, and the business to be dealt with at the meeting.

A quorum at a SGM shall be 10 members, or one-third of the membership, whichever is the smaller. Resolutions may be passed by a simple majority vote of those present. In the event that the vote on a resolution is tied, the casting vote will rest with the Chair.

11. COMPETITION GUIDELINES



- (a) Club strip. The club colours for competition, registered with the UK governing body for athletics, are as follows: Vest, green; Shorts, black.
- (b) Competition. Members must uphold the UK Athletics 'Rules for competition' at all times during competitive events.

12. DISCIPLINE AND APPEALS

All concerns, allegations or reports of poor practice and/or abuse relating particularly to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the Club's policy and procedures. The Club Welfare Officer is the lead contact for all members in the event of any child protection concerns.

All complaints regarding the behaviour of any member should be presented and submitted in writing to the Secretary.

The Management Committee will meet to hear complaints within fourteen days of a complaint being lodged. The committee has the power to take appropriate disciplinary action including the termination of membership.

The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within fourteen days of the hearing.

There will be the right of appeal to the Management Committee following disciplinary action being announced. The committee should consider the appeal within seven days of the Secretary receiving the appeal.

13. DISSOLUTION

A resolution to dissolve the club can only be passed at an AGM or EGM through a majority vote of the membership.

In the event of dissolution, any assets of the Club shall be distributed to charitable bodies. The recipients shall be determined by majority vote at the AGM or SGM.

14. AMENDMENTS TO THE CONSTITUTION

The constitution will only be changed through agreement by majority vote at an AGM or EGM.



15. DECLARATION

Silson AC hereby adopts and accepts this constitution as a current operating guide regulating the actions of members.

SIGNED:

DATE:

NAME:

POSITION: Club Chair

SIGNED:

DATE:

NAME:

POSITION: Club Secretary