

SILVERSTONE 10K - 4th September 2019

RACE ENTRANTS
10 May 2019



| No | Name | Name | Category | Club | Series |
|----|----------|-------------|----------|------------------------------|--------|
| | Sian | Ahmed | F45 | | |
| | Ti | Aigoro | F35 | Daventry Road Runners | EMGP |
| | Kristian | Andrews | M40 | | |
| | Louise | Andrews | F45 | Kenilworth Runners | EMGP |
| | Steven | Arentsen | M45 | | |
| | Felicity | Aries | F55 | Wellingborough & District AC | EMGP |
| | Sophie | Arter | FS | | |
| | Luke | Arter | M45 | | |
| | Emma | Ashdown | F35 | | |
| | Andrew | Ashton | MS | | |
| | Adrian | Atkinson | M65 | | |
| | James | Attwood | M40 | | |
| | Neil | Badcock | M55 | Redway Runners | |
| | Simon | Baker | MS | | |
| | Ryan | Baker | M20 | Kenilworth Runners | |
| | Neil | Baker | M40 | | |
| | Lena | Ball | F45 | | |
| | Louise | Balloch | FS | Daventry Road Runners | EMGP |
| | Richard | Barcock | M50 | Bearbrook Running Club | EMGP |
| | Julian | Barker | M50 | | |
| | Paul | Barker | M40 | Daventry Road Runners | EMGP |
| | Stacey | Barlow | FS | Vegan Runners UK | |
| | Andrew | Barnes | M50 | | |
| | Fiona | Barnett | FS | | |
| | Dave | Barnett | MS | | |
| | Kelly | Barnett | FS | Wellingborough & District AC | EMGP |
| | Andy | Barr | MS | | |
| | Peter | Barzetovic | M55 | Nuneaton Harriers | EMGP |
| | Ian | Bates | M50 | | |
| | Mia | Bates | F20 | | |
| | Ian | Baynes | M45 | Kenilworth Runners | EMGP |
| | Kevin | Beard | M40 | | |
| | Adam | Bebbington | M20 | Rugby & Northampton AC | EMGP |
| | Cliff | Bebbington | M65 | | EMGP |
| | Peter | Beesley | MS | | |
| | Chris | Bell | M50 | Team East Haddon | EMGP |
| | Rodney | Berry | M60 | Daventry Road Runners | EMGP |
| | Gerald | Billis | M80 | Wootton Road Runners | EMGP |
| | Rachel | Binder | FS | | |
| | Matthew | Binder | MS | | |
| | Ian | Birch | MS | | |
| | Michael | Bishop | MS | Brackley and District RC | EMGP |
| | Julian | Blackwell | M45 | Wellingborough & District AC | EMGP |
| | Kate | Bond | F55 | Daventry Road Runners | EMGP |
| | Margaret | Bond | F60 | Wellingborough & District AC | EMGP |
| | Mark | Bonham | M50 | Wellingborough & District AC | EMGP |
| | Robert | Boud | MS | | |
| | Amanda | Brain | F35 | | |
| | Paul | Bramwell | MS | | |
| | Tom | Brassington | M60 | | EMGP |
| | Gareth | Brinn | MS | | |
| | David | Broadley | M40 | | |
| | Cara | Brooke | FS | | |
| | Paul | Brooks | M55 | Luton Athletic Club | EMGP |
| | Mandy | Brown | F35 | | |



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| | Yvonne | Buckley | F55 | Grantham Running Club | |
| | Brendon | Buckley | M65 | Grantham Running Club | |
| | Tim | Bullard | MS | Vegan Runners UK | |
| | julie | Burden | F50 | | |
| | Trudy | Burgess | F60 | | |
| | Zoe | Burton | FS | | |
| | Chris | Butler | MS | Bearbrook Running Club | EMGP |
| | Richard | Bye | M45 | | |
| | David | Cadywould | MS | | |
| | John | Calvert | M45 | | |
| | Stewart | Campbell | M50 | Lonely Goat RC | |
| | Clare | Campbell | F45 | | |
| | Mike | Camwell | MS | | |
| | Mitch | Canvin | M50 | | |
| | Gail | Canvin | F50 | | |
| | Ashley | Cartwright | MS | Harborough AC | |
| | Nicola | Cartwright | F45 | | |
| | Luke | Cartwright | MS | | |
| | Thomas | Cartwright | M20 | | |
| | Clare | Caswell | FS | | |
| | Jane | Cernis | F50 | | |
| | Justin | Cernis | M60 | | |
| | Emma | Cernis | FS | | |
| | Nicola | Chapman | M40 | | |
| | Jack | Chennell | MS | Higham Harriers | EMGP |
| | Katherine | Christensen | F40 | | |
| | Matthew | Chronicle | M20 | Milton Keynes Distance Project | |
| | Julian | Chronicle | M50 | Brackley and District RC | EMGP |
| | Joe | Claessen | MS | | |
| | Matthew | Clarke | MS | Goole Viking Striders | |
| | Annette | Clarke | F45 | Daventry Road Runners | EMGP |
| | Daniel | Clarke | MS | Daventry Road Runners | EMGP |
| | Stuart | Clarke | MS | Daventry Road Runners | EMGP |
| | Andrew | Clay | M45 | | EMGP |
| | Jonathan | Clements | MS | | |
| | Alison | Cobb | F50 | Rugby & Northampton AC | EMGP |
| | Jo | Coldicott | F35 | Kenilworth Runners | |
| | Richard | Coleman | M50 | | |
| | Beth | Coleman | M50 | | |
| | Dominic | Coleman | MS | Wellingborough & District AC | EMGP |
| | Liz | Conibere | F65 | Olney Runners AC | |
| | Elliott | Cooke | M40 | | |
| | Daniel | Cooke | MS | | |
| | Ray | Cooke | M50 | Bedford Harriers AC | EMGP |
| | Ron | Corbett | M60 | | |
| | Charles | Corbett | M55 | | EMGP |
| | Chris | Corbin | M40 | Rugby & Northampton AC | EMGP |
| | Matt | Cottrell | M40 | Wootton Road Runners | |
| | Peter | Courtney | M70 | | EMGP |
| | Stuart | Cowan | M70 | Marshall Milton Keynes AC | EMGP |
| | Adam | Cowdell | MS | | |
| | Paul | Cox | M45 | | |
| | Jamie | Cox | M45 | Adderbury Running Club | |
| | Katie-Niamh | Crawford | FS | Shenley Striders | EMGP |
| | Dan | Creeber | MS | | |



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| | Felicity | Cross | FS | | |
| | Valerie | Cross | F70 | Rugby & Northampton AC | |
| | Lloyd | Cross | MS | Shenley Striders | EMGP |
| | Emma-Lee | Curtis | FS | Vegan Runners UK | |
| | Pauline | Dable | F70 | Kenilworth Runners | EMGP |
| | Thomas | Dable | M70 | Kenilworth Runners | EMGP |
| | Tony | Daglish | M50 | Redway Runners | EMGP |
| | James | Daly | M40 | Rugby Triathlon Club | |
| | Nik | Davey | M45 | Wootton Road Runners | EMGP |
| | Seren | Davies | FS | | |
| | Peter | Davies | M50 | | |
| | Daniel | Day | MS | Daventry Road Runners | EMGP |
| | Shaun | De Clancy | M55 | Wellingborough & District AC | EMGP |
| | Thomas | Dell | MS | Marshall Milton Keynes AC | EMGP |
| | Tom | Dickson | MS | | |
| | Samantha | Dimmock | M40 | Ackworth Road Runners | |
| | Cliff | Dowle | MS | Daventry Road Runners | |
| | Michael | Dudley | MS | | |
| | Kay | Duffy | F40 | Wootton Road Runners | EMGP |
| | Sandra | Dunsterville | F50 | Leighton Fun Runners | |
| | oliver | Ede | MS | Daventry Road Runners | |
| | Daniel | Edwards | MS | | |
| | Nik | Edwards | M45 | Shenley Striders | EMGP |
| | Tom | Ellerton | MS | Leighton Fun Runners | |
| | Adam | England | MS | Headington RR | |
| | Jason | English | M50 | Kettering Town Harriers | EMGP |
| | Will | Farmborough | M45 | Headington RR | |
| | James | Farmborough | M20 | | |
| | Liam | Fassam | M45 | Buckingham & Stowe RC | |
| | Tracey | Ferris | F40 | Wootton Road Runners | EMGP |
| | Robin | Fiander | M65 | | |
| | Charles | Fidler | MS | | |
| | Suzanne | Field | F45 | Hook Norton Harriers | |
| | Sarah | Finlayson | F50 | Olney Runners AC | |
| | Kairit | FitzGerald | F35 | Wootton Road Runners | EMGP |
| | Jason | Forristal | M50 | | |
| | Martin | Foster | M45 | | |
| | Matt | Fowler | M40 | Kettering Town Harriers | EMGP |
| | Simon | Fox | MS | | |
| | Lorna | Foxton | F35 | Olney Runners AC | |
| | Paul | Frank | M45 | | |
| | Dawn | Friend | F45 | | |
| | Claire | Fritz | F40 | Grantham Running Club | |
| | Michael | Fryer | M40 | Bearbrook Running Club | EMGP |
| | Rachael | Furn | FS | Vegan Runners UK | |
| | Matt | Gannon | M40 | | |
| | Cheryl | Gannon | F35 | | |
| | Reg | Gardner | M65 | Kingfisher Harriers | EMGP |
| | Joel | Garton-Lewis | MS | | |
| | Susanna | Ghisu | F40 | Buckingham & Stowe RC | |
| | Wayne | Gibbard | M40 | | |
| | John | Gibbins | M40 | Northampton Road Runners | EMGP |
| | Christopher | Gibson | M70 | | |
| | Martin | Gibson | M45 | | |
| | Nicola | Glendinning | F40 | | |



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| | Oliver | Goodacre | MS | | |
| | Jo | Gordon | F40 | Wootton Road Runners | |
| | Anne-Marie | Gordon | F45 | Brackley and District RC | EMGP |
| | Alice | Graves-Morris | F45 | | |
| | Nadine | Gray | F40 | Daventry Road Runners | EMGP |
| | Andy | Green | M55 | Team East Haddon | EMGP |
| | Bethan | Greenaway | F35 | Hook Norton Harriers | |
| | Gary | Grimsley | M60 | Desford Striders | EMGP |
| | Kerry | Guthrie | F40 | Wootton Road Runners | |
| | Barry | Gwilliam | M50 | | |
| | Denise | Hackett | F35 | Daventry Road Runners | EMGP |
| | Graeme | Hackland | M50 | Hook Norton Harriers | |
| | Cheri | Haden | F45 | Cherwell Runners & Joggers | |
| | James | Hadley | MS | | |
| | Dewi | Halcrow | MS | Daventry Road Runners | EMGP |
| | Alan | Hall | M60 | Northampton Road Runners | EMGP |
| | Jeremy | Hancox | MS | | |
| | Kevin | Hare | M45 | Leighton Fun Runners | |
| | Jessica | Harris | FS | | |
| | Warren | Harrison | M45 | Cherwell Runners & Joggers | |
| | Michael | Harrison | M40 | Wootton Road Runners | EMGP |
| | Simon | Hartley | M50 | Grantham Running Club | |
| | Leah | Hartwell | F40 | Marshall Milton Keynes AC | EMGP |
| | Iain | Havell | M40 | | |
| | Iain | Hawkins | M50 | | |
| | Nick | Haycock | M55 | | |
| | John | Hayes | MS | GoodGym Race Team | |
| | Anthony | Hayes | M55 | | |
| | Laurie | Haynes | F40 | | |
| | Greg | Heath | M55 | | |
| | Alison | Heath | F50 | | |
| | Peter | Hellawell | MS | Headington RR | |
| | Daniel | Henderson | MS | | |
| | Ali | Herbert | MS | Cherwell Runners & Joggers | EMGP |
| | Sandra | Heryet | F55 | Hook Norton Harriers | |
| | Simon | Higson | M45 | Holme Pierrepont RC | |
| | Benjamin | Hills | MS | | |
| | Paul | Hine | M45 | | |
| | Clare | Hipwell | F40 | | |
| | Andrew | Hoare | M60 | Silson AC | EMGP |
| | Katie | Hogendoorn | F35 | Gade Valley Harriers | |
| | Thomas | Holloway | MS | | |
| | Robert | Hough | MS | Helsby Running Club | |
| | Darryl | Howe | MS | | |
| | Michael | Howell | M55 | Rugby & Northampton AC | EMGP |
| | Tim | Hulett | M70 | Silson AC | EMGP |
| | Elizabeth | Hummel | F45 | Daventry Road Runners | EMGP |
| | Alan | Hutchings | M55 | | |
| | Stephen | Ibbotson | MS | | |
| | Tony | Ireland | MS | | |
| | Keith | Jackson | MS | | |
| | Susan | Jackson | F45 | Redway Runners | |
| | Tim | Jakeman | MS | Lonely Goat RC | EMGP |
| | Lisa | James | F45 | | |
| | Lisa | Jay | F35 | Bearbrook Running Club | EMGP |



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| | Todd | Jeffery | MS | Daventry Road Runners | EMGP |
| | Wayne | Jeyes | MS | | |
| | Martin | Johnson | M55 | | |
| | Peter | Jones | M50 | | |
| | Richard | Jones | M55 | | |
| | Kerry | Jones | F40 | | |
| | Pete | Jones | M55 | | |
| | David | Jones | M50 | Stanton School | S |
| | Ian | Jones | MS | Wellingborough & District AC | EMGP |
| | Helen | Jones | F50 | Rugby & Northampton AC | EMGP |
| | Jack | Judge | MS | | |
| | Clare | Kelly | F35 | | |
| | Chris | Kemp | MS | | |
| | Joanne | Kemp | F35 | | |
| | Rob | kent | MS | | |
| | Richard | Keyte | MS | | |
| | Olly | Kiff | MS | Redway Runners | |
| | Steve | King | M50 | Harborough AC | EMGP |
| | Jackie | King | F55 | Kettering Town Harriers | EMGP |
| | Ady | King | M50 | Kettering Town Harriers | EMGP |
| | David | Knutton | M50 | | |
| | Natalie | Kyte | F20 | | |
| | Megan | Kyte | F20 | | |
| | Wendy | Kyte | F50 | | |
| | Tim | Kyte | M50 | | |
| | Cara | Lack | FS | | |
| | Richard | Lack | M45 | Wootton Road Runners | EMGP |
| | Howard | Lancashire | MS | Kenilworth Runners | |
| | James | Larkin | M50 | Desborough & Rothwell Running Club | |
| | Sarah | Lee | F40 | Redway Runners | |
| | Damian | Lee | MS | | |
| | Chris | Leonard | MS | | |
| | Naomi | Leonard | F35 | Coventry Triathletes | |
| | Matthew | Letts | MS | Daventry Road Runners | |
| | Tony | Letts | M50 | Northampton Road Runners | EMGP |
| | Richard | Lewis | M50 | | |
| | Natalie | Lewis | FS | | |
| | John | Lindsay | M50 | Daventry Road Runners | EMGP |
| | Louise | Lobley | FS | Wootton Road Runners | EMGP |
| | Bradley | Lord | MS | | |
| | Oliver | Lunn | M20 | Kenilworth Runners | |
| | Ann | Mackrill | F35 | | |
| | Alasdair | MacSporran | M40 | Brackley and District RC | EMGP |
| | Robert | Madge-Miall | MS | Hook Norton Harriers | |
| | Tom | Marchi | M75 | Sphinx AC | EMGP |
| | Rhys | Markham | FS | | |
| | Mandie | Marlow | F55 | | |
| | Laura | Marsh | F45 | Bedford Harriers AC | |
| | Wayne | Martin | MS | | |
| | Justin | Martin | M40 | | |
| | Nicholas | Martin | M65 | Handy Cross Runners | |
| | Neil | Martin | M60 | | EMGP |
| | Dermot | Martin | M40 | Bearbrook Running Club | EMGP |
| | Deborah | Martin | F40 | Bearbrook Running Club | EMGP |
| | Alastair | Masterton | MS | | |



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|----|-----------|------------|----------|------------------------------|--------|
| | Daniel | Mather | MS | | |
| | Cat | Matthews | F45 | | |
| | Joe | Mayes | M20 | | |
| | Sharon | Mayne | F40 | Wootton Road Runners | EMGP |
| | Sarah | McAuliffe | FS | Olney Runners AC | |
| | Emily | McClelland | FS | | |
| | Neil | McDonald | M55 | Wellingborough & District AC | EMGP |
| | Victoria | McKee | MS | Team Balancise RC | |
| | David | Mills | M45 | Lonely Goat RC | |
| | Ethan | Mills | M20 | | |
| | Alex | Montgomery | M60 | Leamington C & AC | EMGP |
| | Lee | Mooney | M60 | Wellingborough & District AC | |
| | Margarita | Moore | FS | | |
| 65 | Peter | Morris | M65 | | |
| | Phil | Morris | MS | | |
| | Joanne | Morris | FS | | |
| | Alice | Moseley | FS | Leighton Fun Runners | |
| | Mandy | Moser | F45 | Daventry Road Runners | EMGP |
| | Ian | Moser | M45 | Daventry Road Runners | EMGP |
| | Jason | Mothersole | M45 | | EMGP |
| | Lisa | Moulder | FS | Hook Norton Harriers | |
| | Stacey | Moutrie | FS | | |
| | Chris | Mullaney | M50 | Daventry Road Runners | EMGP |
| | Kerry | Munn | F55 | Kettering Town Harriers | EMGP |
| | Jack | Murphy | MS | | |
| | Yasmin | Norris | FS | | |
| | Richard | Norris | M40 | | |
| | Mark | Oakley | M45 | | |
| | Charlotte | O'Pray | FS | | |
| | Dave | Osborne | M40 | Wootton Road Runners | |
| | Danielle | Owen | F45 | | |
| | Neil | Pace | M50 | | |
| | Sara | Padgett | F40 | | |
| | Rachel | Palmer | FS | Northampton Road Runners | EMGP |
| | Julian | Parsons | M50 | | |
| | Vicki | Patch | F50 | | |
| | Bex | Pawley | FS | | |
| | Michael | Peake | MS | | |
| | Oliver | Pearson | MS | Team East Haddon | EMGP |
| | Jack | Pearson | MS | Daventry Road Runners | EMGP |
| | Richard | Pegg | M60 | Steel City Striders RC | |
| | Colin | Perkins | MS | | |
| | Martyn | Perkins | M55 | | |
| | Mark | Peterkin | M45 | | EMGP |
| | David | Phillips | M45 | | EMGP |
| | Chloe | Piggott | FS | | |
| | Chloe | Plester | F40 | Brackley and District RC | EMGP |
| | Chloe | Plummer | FS | | |
| | Anthony | Poncia | M40 | Kettering Town Harriers | EMGP |
| | Barbara | Poncia | F55 | Kettering Town Harriers | EMGP |
| | Richard | Popiel | M55 | Silson AC | EMGP |
| | Jackie | Popland | F60 | Bedford Harriers AC | EMGP |
| | Daniel | Poppy | M45 | | |
| | Kieran | Portman | MS | Rolls Royce Harriers | |
| | Les | Potts | M60 | | |



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| | Des | Pratt | M40 | Daventry Road Runners | |
| | Philip | Purser | MS | | |
| | Kim | Pusey | F45 | Wootton Road Runners | EMGP |
| | Cathy | Ralph | F50 | Desborough & Rothwell Running Club | |
| | Michelle | Ramsden | F45 | Olney Runners AC | |
| | Will | Raybould | M45 | Human Energy AC | EMGP |
| | Simon | Read | M40 | Redway Runners | EMGP |
| | Victoria | Reavey | FS | Team Balancise RC | |
| | Ant | Redhead | M40 | Cherwell Runners & Joggers | |
| | Lindsay | Reeves | FS | | |
| | Sarah | Relton | F50 | Hook Norton Harriers | |
| | Julian | Relton | M50 | Hook Norton Harriers | |
| | Kerry | Reynolds | FS | | |
| | Robert | Richardson | M45 | Coventry Godiva Harriers | EMGP |
| | Lindsey | Rigby | F50 | Leighton Fun Runners | |
| | Nick | Rimmer | M50 | | |
| | Richard | Rixham | M45 | | |
| | Alan | Roberts | M55 | Vale Of Aylesbury AC | |
| | Anne | Robertson | F55 | Desford Striders | EMGP |
| | Tom | Robinson | MS | | |
| | Dawn | Robinson | F50 | | |
| | Katrina | Rodden | F50 | Olney Runners AC | |
| | Kelly | Rolfe | F40 | | |
| | Jonathan | Rudge | M45 | Bearbrook Running Club | EMGP |
| | Lucy | Rudge | F45 | Bearbrook Running Club | EMGP |
| | Richard | Rydon | M50 | | |
| | Aaron | Sahota | MS | | EMGP |
| | Darren | Saunders | M50 | Redway Runners | |
| | Caroline | Saunders | F45 | Redway Runners | |
| | Yvonne | Scarrott | F50 | Nene Valley Harriers | EMGP |
| | Lindsay | Scott | FS | Team East Haddon | EMGP |
| | Laurence | Scott | M55 | Rugby & Northampton AC | EMGP |
| | Julie | Scott | F55 | | |
| | Lee | Scott | M50 | | |
| | Robert | Scott | MS | | |
| | Andy | Sealey | MS | Shenley Striders | EMGP |
| | Craig | Sells | M45 | Eye Community Runners | |
| | Joanna | Sells | F45 | Eye Community Runners | |
| | Tom | Shepherd | M40 | Kettering Town Harriers | EMGP |
| | Zoe | Shepherd | FS | Rugby & Northampton AC | EMGP |
| | William | Shippin | MS | UKNetrunner.co.uk | EMGP |
| | Amy | Smart | FS | | |
| | Jenny | Smith | F40 | Leighton Fun Runners | |
| | Lizzi | Smith-Young | F40 | | |
| | Amber | Snell | F40 | | |
| | Codie | Spicer | FS | | |
| | Mark | Squire | M50 | Redway Runners | |
| | Sheila | Squire | F55 | | |
| | Chris | Squires | MS | | |
| | James | Stackhouse | MS | | |
| | Martin | Stevenson | M55 | | |
| | Jason | Stopps | MS | | |
| | Josh | Stopps | MS | | |
| | Laura | Sullivan | F50 | Daventry Road Runners | EMGP |
| | Christine Olga Marie | Swain | FS | | |



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| | Helen | Talbot | F40 | Nuneaton Harriers | EMGP |
| | Debra | Tame | F50 | Northampton Road Runners | EMGP |
| | Ben | Tarplin | MS | | |
| | David | Taylor | MS | | |
| | Jonathan | Taylor | M40 | Rugby & Northampton AC | EMGP |
| | Rachel | Temple-Fry | FS | Daventry Road Runners | EMGP |
| | Lorraine | Thomas | FS | | |
| | Carlton | Thompson | M55 | | |
| | Thomas | Thorp | M50 | | EMGP |
| | Hollie | Tidball | FS | | |
| | Mitch | Timms | M60 | Sphinx AC | EMGP |
| | Craig | Tinker | MS | | |
| | Nick | Tomkins | M55 | Shenley Striders | EMGP |
| | Stephen | Tomlinson | M40 | | |
| | Dominic | Tranter | M45 | Daventry Road Runners | EMGP |
| | Deborah | Tremayne | F55 | Daventry Road Runners | |
| | Kurt | Trinder | M45 | Cherwell Runners & Joggers | |
| | Jeffrey | Trybus | MS | Cherwell Runners & Joggers | EMGP |
| | Kostas | Tseronis | M40 | | |
| | Nick | Turner | MS | | |
| | Duncan | Vale | MS | | |
| | Tulshi | Varsani | F35 | | |
| | Jo | Vaughan | FS | | |
| | ZSuzsanna | Vavrik | FS | | |
| | Simon | Wagner | MS | | |
| | Helen | Walden | F45 | | EMGP |
| | Ashley | Walden | M50 | | EMGP |
| | Dean | Walsh | MS | | |
| | Sophie | Walton | FS | | |
| | Peter | Ward | M40 | Team Balancise RC | EMGP |
| | Samantha | Watkins | F50 | Daventry Road Runners | EMGP |
| | Charles | Watkinson | MS | | |
| | Paul | Watts | MS | | |
| | Tracy | Webb | F50 | Grantham Running Club | |
| | Nichola | Webster | F40 | Grantham Running Club | |
| | Fiona | Weekes | F45 | Leighton Fun Runners | |
| | Simon | Welch | MS | Witney Road Runners | |
| | Stephen | Westwood | MS | | |
| | Rebecca | Wheaver | FS | Daventry Road Runners | EMGP |
| | Joshua | Whitehouse | MS | | |
| | Jasmine | Whitlock | FS | | |
| | Anastasia | Whitlock | FS | | |
| | Richard | Wild | M40 | Bedford Harriers AC | EMGP |
| | Diane | Wildbur | F60 | Hinckley Running Club | |
| | Lyndsay | Wilkins | F40 | | |
| | Andy | Wilkinson | M50 | | |
| | Kate | Wilkinson | F50 | | |
| | Vicky | Willan | F50 | Grantham Running Club | |
| | Danni | Williams | FS | | |
| | Neil | Wills | MS | Daventry Road Runners | |
| | Keith | Wilson | MS | | |
| | Shaun | Wilson | M55 | | |
| | Jo | Woodbridge | F45 | Hook Norton Harriers | |
| | Jonathon | Woods | MS | | |
| | Richard | Woodward | MS | Bedford Harriers AC | |



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|----|-----------|---------------|----------|------------------------------|--------|
| | Alice | Wooler | FS | | |
| | Andy | Worth | M45 | | |
| | Duncan | Worthy | M40 | Bedford Harriers AC | EMGP |
| | James | Wright | MS | | |
| | Kim | Wright | F60 | | |
| | Jessica | Wynn-Werninck | FS | Wellingborough & District AC | EMGP |
| | Charlotte | Yarker | F35 | Northampton Road Runners | EMGP |
| | Sean | Yates | MS | | |



The Leisure Club
Whitebury Hall

S = Milton Keynes Primary Schools Challenge
MS = Motor Sports Challenge

Soreen
Sponsor