

Cross Country Season - Seniors

September

Silson Club
XC

October

Midland XC Relays
Men's -4/team
Women's - 3/team

Chiltern
League

November

Chiltern
League

December

Chiltern
League

January

Chiltern
League

Northamptonshire /
Buckinghamshire
County Athletics
Association XC
Championships

Midland XC
Championships

February

Chiltern
League

English National
XC
Championships

March

Inter Counties
Athletics Association
XC Championships