

SILVERSTONE 10K - 6th May 2026

19.30 start

RACE ENTRANTS

04 12 2025



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13

No	Name	Name	Category	Club	EMGP	19.25 race	MS
135	Sandra	Adcock	F60				
230	Annie	Appleby	FS				
250	Liam	Ashcroft	MS	Williams F1			1
105	Emma	Ashdown	F45	Hucknall Harriers			
30	Ian	Ayris	M50				
259	Damian	Baker	M50	Daventry Road Runners			
130	Gabor	Banfai	M45	Marshall Milton Keynes AC			
110	Liam	Banks	MS				
203	Oliver	Bannister	M40				
204	Laura	Bannister	F40				
113	Julian	Barker	M55				
176	Jacqueline	Barnaby	F60	Daventry Road Runners			
231	Sam	Barrett	MS				
210	Ed	Barrow	MS				
257	Edward	Bath	MS				
253	Darrell	Benge	M55	Shrewton Running Club			
264	Lauren	Benn	FS				
119	Dnyaneshwar	Bhoskar	M40	Spa Striders			
161	Duncan	Bisatt	M60	Northampton Road Runners			
165	Harry	Blanford	MS				
149	Adele	Bleakley	FS				
164	Victoria	Bond	F40				
254	Alan	Bowen	M50	Alchester Running Club			
139	Kirstan	Boynton	F45	Brackley and District RC			
143	Dave	Boynton	M55	Brackley and District RC			
44	Martin	Brent	M60	Marshall Milton Keynes AC			
249	Tristan	Brown	M45				
221	Martin	Browne	MS	Physical Formula			1
34	Alicia	Bruce	F45	Daventry Road Runners			
150	Andrew	Burston	M60				
175	Jane	Burston	F55				
147	Graham	Butler	M40	Heyford Aardvarks Running Club			
224	Fergus	Cameron	MS				
108	Rob	Carpenter	MS	Start2Jog			
261	Stu	Cashmore	M45				
166	Joe	Charnock	MS				
198	Paul	Chennell	M60				
172	Jon	Clarke	M50				
268	Faye	Connor	FS				
171	Lara	Conway	F35				
160	Anne-Marie	Coomber	F50	Brackley and District RC			
211	Claire	Cooper	F40				
177	Susan	Cox	F60	Spa Striders			
178	Annie	Cox	FS	Spa Striders			
243	chloe	crawshaw	FS	Cadillac F1 Team			1
229	Tom	Cropp	M40				
169	Nick	Cross	M60	Bedford Harriers AC			
170	Sue	Cross	F60	Bedford Harriers AC			
222	Lloyd	Cross	MS	Shenley Striders			
252	Edward	Crossley	MS				
267	Allan	Crozier	M40	Northampton Road Runners			
33	Alex	Curtis	MS	Peterborough & Nene Valley AC			
212	Lex	Davies	MS				
213	Ryan	Davies	MS				

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241	Matthew	Davies	MS	Cadillac F1 Team			1
125	Jo	Davis	F45	Hailsham Harriers			
255	Ruth	Daykin	F55	JK Performance Run Club			
37	Ricardo	De Castro	M55	South Cambridge Striders			
247	Nathan	Divey	M45	Cadillac F1 Team			1
182	John	Eales	M60	Northampton Road Runners			
235	Rachel	Earl	FS				
226	Holly	Edwards	FS	Racecourse Runners			
227	Suzanne	Edwards	F50	Racecourse Runners			
193	Natasha	English	F40	Higham Harriers			
189	Chris	English	M65				
118	Paul	Fairhurst	M55	Market Harborough Social Runners			
181	Aimee	Foskett	F45				
109	Jonathan	Foster	M50				
40	David	Fowler	MS	LiveU			
45	Sam	Fowler	MS				
270	Matilde	Frapiccini	FS	JK Performance Run Club			
186	Matt	French	M45				
157	Dawn	Friend	F50				
173	Darryn	Frost	M45	Northampton Road Runners			
256	Sarah	Fry	F55	Witney Road Runners			
35	Tara	Garritt	F50				
77	Chris	Gibson	M75				
111	Neal	Gibson	M50				
127	Christopher	Giles	MS	Shenley Striders			
237	Katie	Godof	F45	Olney Runners AC			
116	Andrew	Goldsby	M45				
129	Sarah	Grange	FS	Spa Striders			
128	Ruth	Gray	F45	Optimal Endurance Coaching			
136	Adele	Greenly	F40				
138	Nathan	Grieverson	MS				
174	Dan	Griffiths	M45				
114	Andrew	Guilder	M40	Northants Tri			
115	Matthew	Guilder	MS	Lancaster & Morecambe AC			
262	Colin	Hall	M45	Northampton Road Runners			
216	Alfie	Hammond	MS	Buckingham & Stowe RC			
214	Luke	Heaviside	M20				
205	Mark	Hehir	M55				
269	Marco	Herzog	MS				
273	Tim	Hibberd	M65				
102	Garry	Hill	M55				
236	Trevor	Hirst	M60				
103	Emma	Hodge	FS				
167	Claire	Howard	F40	Cambridge & Coleridge AC			
234	Clare	Hoy	F45	Redway Runners			
142	Geoff	Isaac	M50				
190	Ollie	Johnson	MS				
191	Jenny	Johnson	F60				
144	Lee	Jones	M55				
223	Alan	Jones	M55	Witney Road Runners			
265	Mark	Jones	M45	Northampton Road Runners			
131	Claire	Kennedy	F45	Wolverton Runners			
187	Tony	Kennedy	M45				
263	Hyo Won	Kim	M50	Williams F1			1

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162	Katherine	King	FS				
239	Brian	Kinzie	M40	Cadillac F1 Team			1
151	David	Knutton	M60				
184	Michael	Leonard	MS				
219	Marco	Limonciello	MS				
152	Jo	Love	F50				
31	Michael	Lu	M40				
148	Royce	Lye	M55	Lonely Goat RC			
141	Roger	Macrae	M60				
46	Chris	Mahoney	MS	Rugby & Northampton AC	1		
217	Tomek	Marczewski	MS				
238	Sarah	Marfleet	F50	The Olney Way to Run			
240	Charlie	Martin	MS	Cadillac F1 Team			1
274	Owen	Martin	M50				
159	Lisa	McCarthy	F40				
220	Bethany	McGarvey	FS	Williams F1			1
201	John	McQuilliam	M60				
107	Rob	Metcalf	M50	Lonely Goat RC			
199	James	Middleton	M45				
188	Jessica	Milner	F45				
158	Andrew	Monk	M50				
2	Luke	Morgan	MS	Kenilworth Runners / Alpine F1			1
206	Gareth	Morgan	M40				
112	Sarah	Morley	F45	Alchester Running Club			
39	Greg	Morris	M50				
271	Jim	Morris	M60	Witham Runners (Lincolnshire)			
200	Gaby	Mullen	FS				
246	Thomas	Nagle	MS				
194	Colin	Naismith	M40				
38	Lucy	Newell	FS	Spa Striders			
36	Liv	Niven	F20	Northampton Athletics Club			
245	Jonny	Ostrowski	M60	Cadillac F1 Team			1
120	Richard	Owen	M50	Rugby & Northampton AC			
121	Lyndsey	Owen	F50	Rugby & Northampton AC			
106	Sara	Padgett	F45				
140	Nick	Palmer	M40	Wolverton Runners			
117	Joe	Patten	MS				
215	Tim	Perks	MS				
242	David	Pollard	MS	Cadillac F1 Team			1
41	Jordan	Pope	MS	Marshall Milton Keynes AC			
208	Andrew	Pope	M60	Spa Striders			
183	Millie	Powell	FS				
104	Douglas	Rattray	M45	Spa Striders			
124	Caroline	Razavi	F40				
225	Tegan	Reynolds	FS				
195	Adrian	Roberts	M55				
168	Tracey	Robson	F55				
185	Dave	Rowbottom	MS	Massey Ferguson RC			
32	Andrew	Rumsby	M50	Northampton Road Runners			
100	Rien	Sach	MS	Daventry Road Runners			
101	Mike	Senior	MS				
248	Jack	Senior	MS				
207	Lisa	Shacklock	F55				
179	Paul	Shepherd	M45				

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192	Sharon	Shergill	FS				
197	Matt	Smedley	M45				
156	Carl	Smith	M45	Northampton Road Runners			
272	Daniel	Soanes	MS				
209	Shiv	Sofat	MS				
258	Adam	Spalding	M40	Brackley and District RC			
218	Joe	Stobart-Hook	M20				
163	Maxine	Sutton	F50	Brackley and District RC			
132	Debra	Tame	F55	Northampton Road Runners			
196	Dal	Taylor	M55	Daventry Road Runners			
123	Matthew	Thomas	MS	Stoke F.I.T			
137	Kevin	Thurman	M50	Kenilworth Runners			
155	Luke	Tombs	M50	Northampton Road Runners			
232	Becci	Tomlinson	F45	Racecourse Runners			
251	Ryan	Vadera	MS				
133	David	Wagstaff	MS				
134	Lois	Wagstaff	FS				
126	Shannon	Walden-Lowe	FS				
153	Stuart	Walford	M45	Alchester Running Club			
202	Simon	Wallis	M45	Fordy Runs Running Club			
1	Ashleigh	Walters	FS	Corby AC			
122	Stuart	Waton	M45	Heyford Aardvarks Running Club			
180	Tim	Webster	MS				
260	Simon	Welch	M40	Witney Road Runners			
154	Serena	White	FS				
228	Thomas	Whittaker	M40	Racecourse Runners			
42	Ian	Williams	M60				
145	David	Worley	M50	Witney Road Runners			
146	Peter	Worley	M50				
244	Jade	Worley	FS	Cadillac F1 Team			1
266	Robert	Wye	M60	Stevenage Striders			
233	Natasha	Wynn	F35	Wellingborough & District AC			
43	Timea	Zambori	F35				

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