



## **Silson AC Constitution**

### **1 Name of Club**

The Club will be called Silson AC (Hereinafter will be referred to as The Club). Silson AC will be affiliated to England Athletics.

### **2 Aims and Objectives**

The aims and objectives of the Club will be:

- To offer training, coaching and competitive opportunities in running for all its members
- To promote the Club within the local community and running
- To ensure a duty of care to all members of the Club
- To provide all its services in a way that is fair to everyone

### **3 Membership**

- (a) Membership of the Club is open to anyone interested in promoting, coaching, volunteering or participating in running, regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs.
- (b) The membership shall consist of the following categories:
  - Full member
  - Junior member
  - Life member - Life Membership shall be awarded to any member who in the view of the Committee has rendered extraordinary service to the Club over a number of years.
- (c) All members will be subject to the regulations of the constitution and by joining the Club will be deemed to accept these regulations and codes of practice that the Club has adopted.
- (d) Members in each category will pay membership fees, as determined at the Annual General Meeting.
- (e) Individuals shall not be eligible to take part in the business of the Club, vote at general meetings or be eligible for selection of any Club team unless the applicable subscription has been paid by the due date and/or membership has been agreed by the Club Committee.



#### **4. Sports Equity**

- (a) This Club is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity:

Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.

- (b) The Club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- (c) The Club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- (d) All Club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- (e) The Club will deal with any incidence of discriminatory behaviour seriously, according to Club disciplinary procedures.

#### **5 Committee**

- (a) The affairs of the Club shall be conducted by a Committee which shall consist of the Chairperson, Treasurer, Club Secretary, Membership Secretary and Welfare Officer who shall be elected at the Annual General Meeting.
- (b) All Committee members must be members of the Club.
- (c) If required, the Committee shall elect a Vice Chairperson from its number.
- (d) The term of office shall be for one year, and members shall be eligible for re-election.
- (e) If the post of any officer or ordinary Committee member should fall vacant after such an election, the Executive Committee shall have the power to fill the vacancy until the succeeding Annual General Meeting.
- (f) The Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the Club.
- (g) The Committee will have powers to appoint advisers to the Committee as necessary to fulfil its business.
- (h) The Committee will be responsible for disciplinary hearings of members who infringe the Club rules/regulations/constitution. The Committee will be responsible for taking any action of suspension or discipline following such hearings.



- (i) The Committee meetings will be convened by the Club Secretary and be held no less than 4-6 times per year.
- (j) Only the posts listed above will have the right to vote at Committee meetings.
- (k) The quorum required for business to be agreed at Management Committee meetings will be three officers, one of whom must be either the Chairperson, Club Secretary or Treasurer.

## **6 Finances**

- (a) The Club Treasurer will be responsible for the finances of the Club.
- (b) The financial year of the Club will run from 1<sup>st</sup> January and end on 31<sup>st</sup> December.
- (c) All Club monies will be banked in an account held in the name of the Club.
- (d) An audited statement of annual accounts will be presented by the Treasurer at the Annual General Meeting.
- (e) Any cheques drawn against Club funds should hold the signatures of the Treasurer plus up to two other officers.

## **7 Annual General Meetings and Extraordinary General Meetings**

- (a) General Meetings are the means whereby the members of the Club exercise their democratic rights in conducting the Club's affairs.
- (b) The Club shall hold the Annual General Meeting (AGM) in the month of April to:
  - Approve the minutes of the previous year's AGM.
  - Receive reports from the Chairperson and Club Secretary.
  - Receive a report from the Treasurer and approve the Annual Accounts.
  - Receive a report from those responsible for certifying the Club's accounts.
  - Elect the officers on the Committee.
  - Agree the membership fees for the following year.
  - Consider any proposed changes to the Constitution.
  - Deal with other relevant business.
- (c) Notice of the AGM will be given by the Club Secretary with at least 21 days' notice to be given to all members.
- (d) Nominations for officers of the committee will be sent to the Club Secretary prior to the AGM.



- (e) Proposed changes to the constitution shall be sent to the Club Secretary prior to the AGM, who shall circulate at least 7 days before an AGM.
- (f) All members have the right to vote at the AGM.
- (g) The quorum for AGMs will be twenty, or one-third of the membership, whichever is the smaller.
- (h) The Club Chairperson shall hold a deliberative as well as a casting vote at general and committee meetings.
- (i) An Extraordinary General Meeting (EGM) shall be called by an application in writing to the Club Secretary supported by at least 10% of the members of the Club. The Committee shall also have the power to call an EGM by decision of a simple majority of the Committee members.
- (j) All procedures shall follow those outlined above for AGMs.

## **8 Amendments to the constitution**

The constitution will only be changed through agreement by majority vote at an AGM or EGM.

## **9 Discipline and appeals**

- (a) All concerns, allegations or reports of poor practice/abuse relating to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the Club's child protection policy and procedures.  
The Club Welfare Officer is the lead contact for all members in the event of any child protection concerns.
- (b) All complaints regarding the behaviour of members should be presented and submitted in writing to the Club Secretary.
- (c) The Management Committee will meet to hear complaints within twenty-eight days of a complaint being lodged. The Committee has the power to take appropriate disciplinary action including the termination of membership.
- (d) The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within fourteen days of the hearing.
- (e) There will be the right of appeal to the Management Committee following disciplinary action being announced. The Committee should consider the appeal within seven days of the Club Secretary receiving the appeal.




## 10 Dissolution

- (a) A resolution to dissolve the Club can only be passed at an AGM or EGM through a majority vote of the membership.
- (b) In the event of dissolution, all debts should be cleared with any Club's funds. Any assets of the Club that remain following this will be distributed to charitable bodies. The recipients shall be determined by majority vote at the AGM or SGM.

## 11 Declaration

Silson AC hereby adopts and accepts this constitution as a current operating guide regulating the actions of members.

<b>Name</b>	Darren Knight	<b>Position</b>	Chairperson
<b>Signature</b>		<b>Date</b>	29 <sup>th</sup> July 2025