



Health & Safety Policy

Part 1: Statement of intent

This is the Health and Safety Policy statement of Silson Athletics Club.

Our Health & Safety Policy is to:

- Ensure, as far as is reasonably possible, the health & safety of all club members and volunteers in all training venues.
- To review and revise this policy regularly.

Signed H Heley	Name and Position Helen Heley Chairperson	Date 18/02/23
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Part 2: Responsibilities for health & safety

The overall responsibility for health & safety lies collectively with the Silson Athletics Club Committee.

Day-to-day responsibility for ensuring this policy is put into practice is delegated to the club's Welfare Officer(s) Helen Heley and Jason Smith.

To ensure health and safety standards are maintained/improved, the Committee will receive reports/recommendations from Coaches and Run Leaders on a needs basis and take action where appropriate.

All members and volunteers should:

- co-operate with the club Committee, Coaches, and Run Leaders on health and safety matters;
- take reasonable care of their own health and safety;
- report all health and safety concerns to one of the Welfare Officers or other member of the Committee.

Part 3: Arrangements for health and safety Risk assessment:

The Committee, will:

- provide appropriate health and safety training to coaches, run leaders and other volunteers, where required;
- provide venue risk assessments as required.

The Coaches and Run Leaders will:

- review, and undertake when necessary, relevant risk assessments and take action at training venues;
- review risk assessments when conditions change.