



SILVERSTONE GRAND PRIX 10K

Licence Number – No 2024-47622

First race in the East Midlands Grand Prix Series

Wednesday 1st May 2024 – 7.30 p.m. start

Dear Runner

Thank you for your entry.

PLEASE VISIT THE 10K PAGE ON OUR WEB SITE

<https://www.silsonac.org.uk/silverstone-10k>

WHERE YOU CAN FIND YOUR RACE NUMBER; YOU MUST COLLECT THIS ON THE NIGHT AS IT CONTAINS YOUR TIMING CHIP

- PLEASE KEEP THIS NUMBER FOR THE REST OF THE EMGP SERIES
- Runners should not fold, cut or mutilate the number
- There is no need to register on the night.
- Access to Silverstone will be from 5.30 p.m. Please allow enough time to collect your number and warm up
- You will be directed to the car parking areas on arrival
- Number collection will be in the Race HQ in the paddock area
- Covered changing facilities and unmanned baggage storage will be available in the designated pit garages.
- Toilets are available in the paddock area.
- To avoid there being anyone on the circuit in the dark, any competitor who does not complete their first lap by 8.15 will be asked to stop.
- Prizes will be presented in the main pits aimed to start at around 9.00 p.m.
- Results will be published on the Silson AC web-site
- The race will be run under UK Athletic Rules
- The use of personal audio equipment is not permitted. You run the risk of disqualification
- All Runners are advised to complete the details on the reverse of the number for your own protection
- Numbers to be worn on the front of the vest
- Please follow the instructions of marshals at all times

Keep up to date with 10k entries on the 10k page at www.silsonac.org.uk



We hope that you enjoy your race and look forward to seeing you again in 2025



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