

## SILVERSTONE 10k TOP 100 TIMES MEN 1992 to date

29	26	Hillary	Lelei	Mizuno RC	15/05/2001	31	36	Sean	Fenwick	Harborough AC	11/05/1993
29	30	John	Mutai	Bromsgrove & Reddith	11/05/1999	31	39	P	Zanella	Leamington C & AC	07/05/1996
29	33	Rob	Birchall	Birchfield Harriers	15/05/2001	31	41	Harvey	Speed	Coventry Godiva	04/05/2011
29	37	Rob	Birchall	Birchfield Harriers	07/05/2002	31	43	S	Wheeler	Bourton RR	1995
29	39	Will	Levett	Vauxhall AC	07/05/2002	31	43	D	Green	White Horse Harriers	12/05/1992
29	48	Eric	Kiplagat	Mizuno RC	15/05/2001	31	45	Gordon	Lee	Oadby & Wigston	02/05/2006
29	55	Gareth	Deacon	Coventry Godiva	28/04/1998	31	46	Mike	Hagar	Midland Vets	11/05/1993
29	56	John	Mutai	Bromsgrove & Reddith	28/04/1998	31	46	Gary	Harris	Headington RR	27/04/2000
29	57	Simon	Kinson	Leamington C & AC	1995	31	47	Mike	Cadman	Birchfield Harriers	11/05/1999
30	8	Tony	Graham	Newport Harriers	1995	31	47	Gwyn	Bellamy	Warwick University	02/05/2006
30	18	Will	Levett	Vauxhall AC	15/05/2001	31	48	V	Clisham	Coventry Godiva	10/05/1994
30	20	Paul	O'Callaghan	Birchfield Harriers	07/05/2002	31	49	Darren	Deed	Vauxhall AC	15/05/2001
30	24	Gareth	Deacon	Coventry Godiva	10/05/1994	31	49	Luke	Humphreys	Bedford & County	04/05/2011
30	25	Mark	Flint	Birchfield Harriers	11/05/1999	31	50	J	McCarthy	Witney RR	1995
30	26	Williard	Chinhanhu	Poole Runners	02/05/2006	31	50	Nigel	Stirk	Tipton Harriers	08/05/2008
30	27	Eric	Kiplagat	Northbrook AC	27/04/2000	31	51	C	Webb	Harborough AC	12/05/1992
30	27	Eric	Kiplagat	Mizuno RC	07/05/2002	31	51	P	Harwood	Aldershot Farnham	28/04/1998
30	29	G	Spring	Bedford & County	10/05/1994	31	51	Ismail	Ssenyange	Skechers	07/05/2014
30	0	Mike	Cadman	Tipton Harriers	12/05/1992	31	52	Kevin	Lamb		15/05/2001
30	31	Tony	Graham	Tipton Harriers	11/05/1999	31	52	J	McCartney	Witney RR	28/04/1998
30	32	Steve	Platt	Morpeth Harriers	07/05/2002	31	53	J	McMahon	Bedford & County	11/05/1993
30	32	M	Boulstridge	Birchfield Harriers	28/04/1998	31	53	Nigel	Stirk	Tipton Harriers	04/05/2004
30	34	Will	Levett	Vauxhall AC	11/05/1999	31	53	Paul	Gregory	Vale of Aylesbury	10/05/1994
30	40	Moumin	Geele	Leicester Coritnian	2005	31	54	Colin	Deasy	Coventry Godiva	10/05/1994
30	40	Matthew	Almond	Coventry Godiva	04/05/2010	31	55	Terry	Egan	Northampton Phoenix	10/05/1994
30	48	Gareth	Deacon	Coventry Godiva	11/05/1999	31	55	James	Lawler	Bedford & County	06/05/2003
30	49	Tony	Graham	Newport Harriers	26/04/1997	31	55	I	McMahon	Bedford & County	1995
30	51	Simon	Kinson	Leamington C & AC	10/05/1994	31	55	J	Green	Kettering Town	26/04/1997
30	52	N	Jones	Tipton Harriers	26/04/1997	31	55	Toby	Spencer	Coventry Godiva	08/05/2013
30	53	Gareth	Deacon	Coventry Godiva	27/04/2000	31	56	A	Spinozzi	Luton United	12/05/1992
30	53	Ashley	Sabin	Leicester Coritnian	04/05/2010	31	58	C	Webb	Harborough AC	11/05/1993
30	54	Tim	Crossland	Shaftesbury Barnet	07/05/2002	31	58	Alastair	Smith	Coventry Godiva	04/05/2016
30	55	Phil	Holland	Amphill & Flitwick	04/05/2010	32	0	Paul	Gregory	Vale of Aylesbury	1995
30	57	R	Hudson	Aldershot Farnham	10/05/1994	32	0	Brian	Summers	Northampton Phoenix	12/05/1992
30	59	Scott	Hazell	Coventry Godiva	04/05/2010	32	1	Sullivan	Smith	Cambridge & Coleridge	07/05/2014
31	0	M	Clisham	Coventry Godiva	12/05/1992	32	2	Richard	Beaumont	Bicester AC	11/05/1983
31	2	Mike	Hagar	Tipton Harriers	10/05/1994	32	2	P	Barnes	Rugby AC	12/05/1992
31	4	Kevin	Lamb	Tipton Harriers	07/05/2002	32	4	D	Walmsley	Bourton RR	11/05/1999
31	6	G	Cartwright	Tipton Harriers	26/04/1997	32	4	Matthew	Almond	Birchfield Harriers	09/05/2012
31	6	James	Lawler	Bedford & County	07/05/2002	32	5	R	Crabb	Milton Keynes	11/05/1993
31	11	K	O'Connor		10/05/1994	32	5	Simon	Pritchard	Banbury Harriers	27/04/2000
31	12	C	Harry	Omega	12/05/1992	32	5	P	Barnes	Rugby AC	11/05/1993
31	13	Phil	Makepeace	Leicester Coritnian	11/05/1999	32	5	Darren	Bellinger	Oxford City	09/05/2012
31	14	Gordon	Lee	Leicester Coritnian	04/05/2011						
31	17	Mike	Fromant	Northampton Phoenix	11/05/1993						
31	19	Gordon	Lee	Nuneaton Harriers	06/05/2003						
31	19	Phil	Holland	Amphill & Flitwick	04/05/2011						
31	21	Mike	Hagar	Kettering Town	12/05/1992						
31	22	A	Spinozzi	Luton United	11/05/1993						
31	22	Simon	Kinson	Leamington C & AC	26/04/1997						
31	23	C	Harry	Cornwall AC	1995						
31	23	Haydn	Arnall	Rugby & Northampton AC	19/05/2023						
31	24	E	Twohig	Rowheath Harriers	10/05/1994						
31	24	Toby	Spencer	Coventry Godiva	04/05/2016						
31	26	R	Hudson	Aldershot Farnham	1995						
31	29	Paul	Harris	Bicester AC	26/04/1997						
31	29	Steve	Edmonds	Birchfield Harriers	07/05/2002						
31	31	Sean	Fenwick	Harborough AC	12/05/1992						
31	31	Tony	Graham	Newport Harriers	07/05/1996						

Runners in Red were race winners